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**Academic Qualification- M.Sc in Human Physiology****Area of specialization- Exercise and Sports Physiology****Research Interest- Effects of sports and recreational physical activities on human health, Ergonomics and Occupational health.****Total No of Publication in Peer reviewed Journal- 04****Total No of Conference attended: International 02, National 00**

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Sl No	Title of Paper	Year of publication	Journal/ Book	ISSN/ ISBN no
1	Nutritional Level Assessment Based on Body Mass Index (BMI) Among the Female College Students of South Calcutta Girls' College, Kolkata	2025	South Calcutta Girls' College Academia Vol 4 Issue 1, 33-42	ISSN 3048-8672
2	Impact of Recreational Creative Dance on Select Physiological Variables- A Study on Adult Bengalee Males.	2015	HWWE 2015 Springer Publication Journal- Sports Science and Human Performance	ISBN 978-93-5258-836-7-
3	Effects Of Regular Practicing Bharatnatyam Dancing Exercise on Body Fat of Urban Female Teenagers.	2014	Indian Journal of Clinical Anatomy and Physiology	eISSN 2394-2126
4	Impact of Bharatnatyam Dancing Exercise on Lung Function of Adult Bengalee Females.	2014	HWWE 2014 User Centered Design and Occupational Wellbeing. Mcgraw Hill Publication	