

- 3.3.1 Extension activities are carried out in the neighbourhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the last five years
  - > Maintaining Environmental sustainability, cleanliness and hygiene through activities like cleaning of the College and its vicinity and disinfection from Vector-borne diseases:

The commitment of the NSS volunteers towards the community is complemented by their commitment to the environment, maintaining cleanliness and hygiene of the College campus and its vicinity. Their activities include disinfection of the College campus and spreading awareness among the residents of the Peyarabagan slum about the necessity of maintaining cleanliness, hygiene, environmental sustainability and preventing vector-borne diseases. Every year, NSS volunteers undertake comprehensive activities towards cleanliness and disease prevention through cleaning of the college campus; door-to-door campaign for Dengue awareness; discarding water accumulation; spreading of bleaching powder and other disinfectants to prevent water-borne and vector-borne diseases which are very common during this time of the year.



Cleaning of the College Campus on 12th October 2018

# > Awareness Programme: DENGUE AWARENESS CAMP, HELD ON 6<sup>TH</sup> MARCH 2020

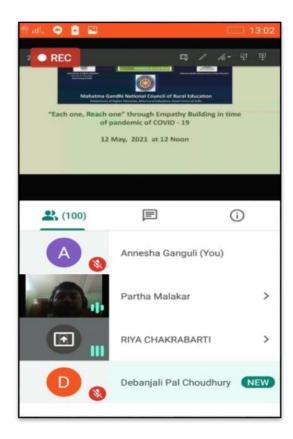
Dr.Roni Sarkar, Assistant Professor of the Department of Zoology, South Calcutta Girls' College, whose specialization is Molecular Virology of Human Immunodeficiency virus, delivered a lecture on Dengue Awareness and its preventive measures on 6<sup>th</sup> March 2020. In this programme number of student participants was **85.** It was an excellent awareness programme, in which the respected speaker presented through Power Point the various aspects of Dengue awareness and its preventive measures. The session was very interactive and our students were highly benefitted from this programme.

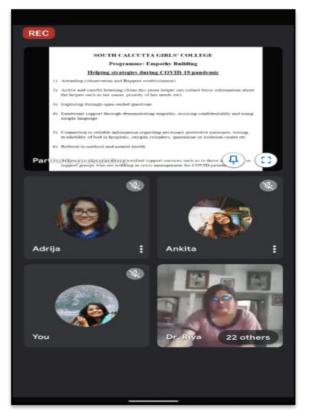


Dr. Roni Sarkar Assistant Professor, Department of Zoology, delivering lecture on Dengue Awareness and its preventive measures.

# ➤ Pandemic Response: 'EACH ONE REACH ONE' THROUGH EMPATHY BUILDING, IN THE TIME OF COVID-19 IN ASSOCIATION WITH N.S.S., HELD DURING 10<sup>TH</sup> TO 14<sup>TH</sup> MAY, 2021.

The Mahatma Gandhi National Council of Rural Education (Department of Higher Education, Ministry of Human Resource Development, Govt. of India, Hyderabad) organized Faculty Development Programme on "Building Emotional Intelligence and Resilience - Case Method of Experiential Teaching and Learning" from 10<sup>th</sup> - 14<sup>th</sup> May, 2021. The objectives of organizing this programme were to orient the students about how to make self-reliant decisions and become supportive to others, how to handle and reduce stress, how to develop at least some helper skills; help affected students and their families to cope with COVID-19 situation and how to gain and share professional information. The total number of participants in this programme was 279. Helper students developed skills regarding sharing professional information and also learned about how to become emotionally and psychologically supportive. After attending sessions with the Helper students, Helpee students developed understanding to cope with the demands as well as the stress and anxiety which resulted due to COVID-19 situation.





'Each One Reach One' Through Empathy Building, In the Time Of Covid-19, Held During 10<sup>th</sup> To 14<sup>th</sup> May, 2021.

### > Community welfare and "Sharing is Caring"



Visit to Sarbari on 3<sup>rd</sup> October 2016.

Before the Durga Pujas, NSS volunteers collected unused new clothes, jewellery and Bindis for the women of 'Sarbari', which is a shelter unit of the Government of West Bengal for the mentally-challenged women . The NSS volunteers along with the NSS Coordinator visited Sarbari on 3<sup>rd</sup> October 2016 and distributed gifts and spent a fruitful time with the boarders. It was really a heart-touching experience for our volunteers. The total number of volunteers was **100**.

#### Adult literacy programme in Peyarabagan slum area 2017-2018

• The Adult Literacy programme was taken up by South Calcutta Girls' College in the Peyarabagan slum area located in the vicinity of the College. The close proximity of the slum to our College was an advantage, as students did not face any logistical difficulty. Since 2016-2017, our students have volunteered enthusiastically to teach the women the basics of reading, writing and arithmetic. Classes are held throughout the year and are taken by 2-3 volunteers.



**Adult Literacy class in progress** 

#### ➤ Community welfare – medical camp

The fact that a healthy mind resides in a healthy body is emphasized by the organization of medical camps by the NSS volunteers for the residents of Peyarabagan slum, where renowned doctors (general physician, child specialist, eye specialist, dentist, gynaecologist and psychological counsellor) dedicate their time to serve the community. Our association with the NGO, Ishwar Sankalpa has helped to raise awareness about the issues of mental health.

#### NSS Special Camp2017-2018 Held From 19-25th MARCH, 2018



Day1: Students are Ready for Survey Work in Peyerabagan



Gynecologist Dr. Arundhati Chatterjee



Ophthalmologist R. Bhuniya



Dentist Dr. Romita Dey

➤ Vocational learning and fellow feeling: The NSS volunteers with Pidilite Industries encourage the youth and children of Peyarabagan slum to learn handicraft, which can help them in vocational learning. The spirit of fellow feeling and friendship is displayed as they organize annual 'Sit and Draw' competitions for these children. The children actively participate in this annual event and display their art skills.



Sit and draw competition for slum children

➤ Relief Assitance: The NSS volunteers have responded sincerely during the Kerala floods (August 2018) by collecting and distributing relief materials for the affected through NGO Indian Pluralism Foundation. A massive and devastating flood struck Kerala during the monsoon season and our NSS volunteers collected clothes, necessary medicines and dry food items for the affected people in the month of August 2018.



Kerala flood relief

## South Calcutta Girls' College NSS Unit

Notice No: 0045/2018

Notice

Dated: 21.08.2018

All are requested to donate old or new Clothes, Blankets, Bed sheets, Medicines, Sanitary Napkins, Diapers, Dettol, ORS/Electrolyes, Mosquito Repellents, Candles, Soaps, Match box, Dry Food to help the flood Victims of Kerala as early as possible.

Susmin Manual Programme Officer
NSS SCGC

Principal & Secretary