

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following (10)

1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
2020-21			
1) Soft skill development			
A) Personal Counselling	09-03-2022	30	Counselling Cell of College, southcalcuttagirlscollege@yahoo.com
B) Group Session	05-11-2021	70	As above
C) Mentoring	23-11-2021	894	All Departments of College, southcalcuttagirlscollege@yahoo.com
D) Orientation Programme :	01-10-2021	313	As above
E) Beautician Course	09-03-2022	27	College, southcalcuttagirlscollege@yahoo.com
F) World Suicide Prevention Day	10-09-2021	78	Counselling Cell of College
2) Life Skills (Yoga, Physical Fitness, Health and Hygiene)			
Yoga			
A) Online Yoga Class	09-11-2021	894	College Gymnasium, southcalcuttagirlscollege@yahoo.com
B) Offline Yoga Class	04-03-2022	894	College Gymnasium, southcalcuttagirlscollege@yahoo.com
Physical Fitness			
A) Fit India Freedom Run 2.0.	13-08-2021	57	Physical Activity Club
Health and Hygiene			
A) NSS Special Camp on COVID Awareness	10-03-2022	25	College, southcalcuttagirlscollege@yahoo.com
B) Mask Distribution Programme	11-03-2022	26	College, southcalcuttagirlscollege@yahoo.com
C) Eye Check Up Camp	12-03-2022	37	College, southcalcuttagirlscollege@yahoo.com
D) Health Check Up Camp	14-03-2022	29	College, southcalcuttagirlscollege@yahoo.com
E) Sanitizer Preparation and Distribution	16-03-2022	10	College, southcalcuttagirlscollege@yahoo.com
F) Red Ribbon Camp	25-03-2022	74	College, southcalcuttagirlscollege@yahoo.com
3) ICT/Computing skills			
	10-07-2021	12	WESTBENGAL ELECTRONICS INDUSTRY DEVELOPMENT CORPORATION LTD. (A GOVT. OF WB UNDERTAKING)

CHA
25.11.22

Principal & Secretary
South Calcutta Girls' College
72, Sarat Bose Road, Kolkata-25



South Calcutta Girls' College

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following :

1. *Soft skills*
2. *Language and communication skills*
3. *Life skills (Yoga, physical fitness, health and hygiene)*
4. *ICT/computing skills*

1. SOFT SKILL

Programmes of Soft skill development :

A) Counselling:

Counselling Cell remains open every Wednesday from 12pm to 4pm. There is a separate room for counselling within the college premises. All the information shared by students are remained strictly confidential. Every year nearly about 70-100 students take counselling help with satisfactory result. Counselling cell always help students to set their individual goals and maintain academic standards. It is also important to take one's own mental health as it affects individual's emotion, thinking, feeling, and physiological health also. In individual counselling session, student learns to understand their emotions, deal with anger, clear their doubts and conflict. During individual session students are also trained on how to strategies and take meaningful decisions

Report of the activities of Counselling Cell in the academic session 2021-22

Counselling cell was active both online and offline during the academic session 2021-22. Till February 2022 counselling cell was active online. From March 2022 onward offline session were started. The session has been divided into two segments. Individual session and group session. College gives respect to each student confidentiality during individual session.

SEPTEMBER 2021:

Report of celebration of World Suicide Prevention Day

September is significant month of mental health as 10th September is observed as World Suicide Prevention Day. This year department of psychology along with counselling cell has

organized poster competition to create awareness among students. Counselling cell organized the weekly group session on suicide prevention. The discussion focused on the causes and prevention. The causes Genetic or family history of suicide, family violence, low self esteem , inability to cope with perceived failure, feeling alienation from society, friends and family. In future it helps them to recognize warning signs and require immediate therapeutic intervention.

NOVEMBER 2021:

Report of Group session on Panic Attack

On the basis of students request the weekly group session was taken on Panic attack. Panic attack is an abrupt behavioural manifestation of intense fear or discomfort that reaches peak within minutes and symptoms were clearly visible with some physiological effects. The symptoms are palpitation, accelerated heart rate, sweating, feeling of discomfort, nausea, numbness or tingling, feeling dizzy or faint and fear of losing self- control. The discussion in future helps them to recognize having a panic attack. In such cases mindfulness exercise can help to focusing attention on the present, recognizing present emotional state and meditation to reduce stress. Medication also required in such cases.

JANUARY 2022:

The weekly session was with newly admitted students. The session is all about to deliver preliminary introduction on counselling cell and counselling.

FEBRUARY 2022:

The weekly session was on cyber addiction and how to reduce screen time.

MARCH 2022:

Report of participation of Counselling Cell in NSS Camp

8th march Counselling cell had taken a part on Women's Day celebration. A motivation speech was given by the college counsellor for all the students. The talk was on recognize inner strength and empowerment. That inner strength or inner ability will help to accomplish ongoing and upcoming work. Our thought influences our work. Avoid negative talks and negative thoughts.

17th march counselling cell had also taken part in NSS camp. Counsellor had delivered a talk along with power point presentation on positive way of dealing emotion. Principal Madam has also delivered a motivational speech for the students on that day.

APRIL 2022 AND MAY 2022:

Report of Group session on Exam Stress

The weekly session was on exam stress. Basically to stay focused on study and avoid distraction. However, it is absolutely normal to feel some amount of stress The weekly sessions were based on exam stress. The discussion was based on few important about upcoming exam. In fact, small amount of stress can challenge and stimulate one person to work harder. In addition to that follow daily routine, reduce screen time, good sleep and

maintain proper diet also suggested. Overwhelmed by stress need therapeutic or professional intervention.

NOTICES REGARDING THE ACTIVITIES OF COUNSELLING CELL DURING
2020-2021

SOUTH CALCUTTA GIRLS' COLLEGE
NOTICE

NOTICE NO. : 044/2021-2022

Date: 24.08.2021

Department of Psychology in collaboration with Counselling Cell is organizing an IQAC promoted Inter-College Poster Competition to celebrate World Suicide Prevention Day.

Event: Celebration of World Suicide Prevention Day

Theme: "...miles to go before I sleep..."

Date: 10.09.21

Time: 3 PM onwards

Last date of submission of Poster: 06.09.21, 12 noon

Platform: Google Meet

Interested students are to enroll their names by filling the Google Form.

Registration link: <https://forms.gle/NVDgjkHAYrMGrbD36>

All are cordially invited.

Sd/-Principal


Notice of the Programme

IQAC
promoted

Inter-college Online Poster Competition
celebrating
World Suicide Prevention Day
organised by

DEPARTMENT OF PSYCHOLOGY
in collaboration with **COUNSELLING CELL**
SOUTH CALCUTTA GIRLS' COLLEGE

THEME: "...miles to go before I sleep..."
SEPTEMBER 10, 2021 | 3:00 PM | GOOGLE MEET



Instructions:

- * Online Registration is free and compulsory.
- * Each participant must register within **06.09.2021** through the registration link.
- * Each participant can submit only one poster.
- * Size of the poster: 30 inch x 22 inch.
- * The poster should be original and relevant to the theme.
- * Name of the participant, Institution, Department and Semester must be written at the bottom right corner of the poster.
- * Copy of the poster in jpg. format is to be sent to psychologydepartment725@gmail.com within 20 MB on or before **6th September, 12 noon**.
- * Scanned copy is applicable only for hand made posters.
- * After preliminary screening selected candidates will get a chance to share their thoughts related to the poster within three minutes.
- * All participants will get the e-certificate after submission of feedback form (feedback form link will be provided during the presentation session).

REGISTRATION LINK:
<https://forms.gle/NyDwIkNAYtMGrbD36>

NOTICE

SOUTH CALCUTTA GIRLS' COLLEGE

PSYCHOLOGICAL COUNSELLING CELL

NOTICE NO: 0157/2021-2022

DATED: 2.03.2022

PSYCHOLOGICAL COUNSELLING CELL WILL START OFFLINE SESSION FROM 9TH MARCH WEDNEADAY 2022. COUNSELLOR YASHABANTI SREEMANY WILL BE AVAILABLE ON EVERY WEDNESDAY OF EACH MONTH FROM 12-4 PM.

sd/-

PRINCIPAL

SOUTH CALCUTTA GIRLS' COLLEGE

Notice of commencement of Personal Counselling in Offline Mode

SOUTH CALCUTTA GIRLS' COLLEGE

NOTICE NO: 0068/2021-22

DATED: 13-11-2021

This is to notify that Counselling cell will conduct group counselling session for Honours and General students of **3rd semesters** from **15.11.2021 on every MONDAY** and for **5th semester on every WEDNESDAY** of each month from **9a.m. to 10a.m.** in the following schedule-

Days of the months	Departments
First Wednesday	English + Psychology + History + Sociology
Second Wednesday	Political Science + Sanskrit + Bengali + Journalism
Third Wednesday	B.Sc. General + Botany + Education + Zoology
Forth Wednesday	B.A. general + Philosophy + Economic + Geography
Fifih Wednesday	No session

Meeting link will be provided to the H.O.D of all the departments and the link will be forwarded to the students by them.

sd/-
Principal
South Calcutta Girls' College

Notice of Group Counselling Session Starting from November, 2021

SOUTH CALCUTTA GIRLS' COLLEGE

NOTICE NO: 0115/2021-2022

DATED: 03.01.2022

THIS IS TO NOTIFY THAT COUNSELLING CELL WILL CONDUCT GROUP COUNSELLING SESSION FOR HONOURS AND GENERAL STUDENTS OF **SEMESTER III ON EVERY MONDAY** AND **SEMESTER I ON EVERY WEDNESDAY** OF EACH MONTH STARTING FROM 5.1.2022 AT 9AM TO 10 AM IN THE FOLLOWING SCHEDULE.

FOR SEMESTER-III

Days of the months	Departments
First Monday	English + Psychology + History + Sociology
Second Monday	Political Science + Sanskrit + Bengali + Journalism
Third Monday	B.Sc. General + Botany + Education + Zoology
Forth Monday	B.A. general + Philosophy + Economic + Geography
Fifth Monday	No session

FOR SEMESTER-I

Days of the months	Departments
First Wednesday	English + Psychology + History + Sociology
Second Wednesday	Political Science + Sanskrit + Bengali + Journalism
Third Wednesday	B.Sc. General + Botany + Education + Zoology
Forth Wednesday	B.A. general + Philosophy + Economic + Geography
Fifth Wednesday	No session

Meeting link will be provided to the H.O.D of all the departments and the link will be forwarded to the students by them.

sd/-
Principal

Notice of Group Counselling Session Starting from January, 2021

**SOUTH CALCUTTA GIRLS' COLLEGE
PSYCHOLOGICAL COUNSELLING CELL
SCHEDULE FOR COUNSELLING SESSION FOR APRIL**

NOTICE NO:

DATE: 25.3.2022

DATE	12-1PM	1-2PM	2-3PM	3-4PM
6.04.2022	HONS SEMESTER II BENGALI, ENGLISH EDUCATION, ECONOMICS, HISTORY, PHILOSOPHY, POLSCIENCE, SANSKRIT, SOCIOLOGY	INDIVIDUAL SESSION	SEMESTER-II HONS PSYCHOLOGY BOTANY	INDIVIDUAL SESSION
13.04.2022	HONS SEMESTER II BENGALI, ENGLISH EDUCATION, ECONOMICS, HISTORY, PHILOSOPHY, POLSCIENCE, SANSKRIT, SOCIOLOGY	INDIVIDUAL SESSION	INDIVIDUAL SESSION	INDIVIDUAL SESSION
20.04.2022	INDIVIDUAL SESSION	INDIVIDUAL SESSION	SEMESTER-II HONS PSYCHOLOGY BOTANY	INDIVIDUAL SESSION
27.04.2022	SEMESTER-IV BA/B.SC GENERAL SEMESTER-II GROUP-A GROUP-B	SEMESTER-IV GROUP B GROUP-C GEOGRAPHY HONS SEMESTER-II JOURNALISM HONS GEOGRAPHY HONS ZOOLOGY HONS	INDIVIDUAL SESSION	INDIVIDUAL SESSION

S/d

PRINCIPAL

SOUTH CALCUTTA GIRLS' COLLEGE


Notice of Group Counselling Session in April, 2021

**SOUTH CALCUTTA GIRLS' COLLEGE
PSYCHOLOGICAL COUNSELLING CELL
SCHEDULE FOR COUNSELLING SESSION FOR APRIL-2022**

NOTICE NO: 0190/2021-22

DATE: 6.04.2022

DATE	12-1PM	1-2PM	2-3PM	3-4PM
13.04.2022	HONS SEMESTER II BENGALI, ENGLISH EDUCATION, ECONOMICS, HISTORY, PHILOSOPHY, POLSCIENCE, SANSKRIT, SOCIOLOGY	INDIVIDUAL SESSION	INDIVIDUAL SESSION	INDIVIDUAL SESSION
20.04.2022	GENERAL SEMESTER VI GROUP-A GROUP-B	INDIVIDUAL SESSION	SEMESTER-II HONS PSYCHOLOGY BOTANY	INDIVIDUAL SESSION
27.04.2022	SEMESTER-IV BA/B.SC GENERAL SEMESTER-II GROUP-A GROUP-B	SEMESTER- IV GROUP B GROUP-C GEOGRAPHY HONS SEMESTER-II JOURNALISM HONS GEOGRAPHY HONS ZOOLOGY HONS	INDIVIDUAL SESSION	INDIVIDUAL SESSION


PRINCIPAL 06.4.2022

SOUTH CALCUTTA GIRLS' COLLEGE

Notice of Group Counselling Session in April, 2021

SOUTH CALCUTTA GIRLS' COLLEGE
PSYCHOLOGICAL COUNSELLING CELL
ONLINE SESSION FOR MONTH OF MAY-2022

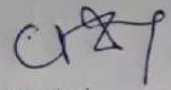
THIS IS TO NOTIFY THAT PSYCHOLOGICAL COUNSELLING CELL WILL CONDUCT ONLINE GROUP SESSION FOR HONOURS AND GENERAL STUDENTS EVERY WEDNESDAY IN THE FOLLOWING SCHEDULE:

NOTICE NO: 0236/2022-2023

DATE: 29.04.2022

DATE	SESSION TIMING 12-1 PM	SESSION TIMING 1-2 PM	SESSION TIMING 2-3 PM	SESSION TIMING 3-4 PM
11.05.2022	SEMESTER- II FOR HONS DEPARTMENTS OF BENGALI, ENGLISH, EDUCATION, ECCONOMICS, HISTORY PHILOSOPHY, POLITICAL SCIENCE, SANSKRIT, SOCIOLOGY	SEMESTER-IV BA/B.SC GENERAL GROUP-B GROUP-C	SEMESTER-II FOR HONS DEPARTMENT OF PSYCHOLOGY	INDIVIDUAL SESSION
18.05.2022	SEMESTER- VI BA/B.SC FOR GENERAL- GROUP -A GROUP-B	SEMESTER- IV FOR HONS DEPARTMENT OF GEOGRAPHY	SEMESTER-II FOR HONS DEPARTMENT OF BOTANY	INDIVIDUAL SESSION
25.05.2022	SEMESTER-IV BA/B.SC FOR GENERAL GROUP -A GROUP-B SEMESTER-II BA/B.SC GENERAL GROUP -A GROUP- B	SEMESTER-II FOR HONS DEPARTMENTS OF JOURNALISM, GEOGRAPHY, ZOOLOGY	SEMESTER-IV FOR HONS DEPARTMENT OF PSYCHOLOGY	INDIVIDUAL SESSION

MEETING LINK WILL BE MAILED TO HODS OF ALL HONS DEPARTMENTS AND TO MENTORS FOR GENERAL SUBJECTS FROM YASBANTI SREEMANY COUNSELLOR TO CIRCULATE AMONG RESPECTIVE STUDENTS. FOR INDIVIDUAL SESSION STUDENTS MUST CONTACT DIRECTLY TO COUNSELLOR AT 9830793793.

 29.4.22

Principal

South Calcutta Girls' College

Notice of Group Counselling Session in May, 2021



Room of Counselling Cell



Programme of Counselling Cell in NSS Camp



NSS volunteers participating in the discussion regarding counselling


B) Mentoring

A strong student mentoring system is available in the institution. At the beginning of the session, an induction program is organized by the institution where the Principal delivered lectures to make the students familiar about the vision and mission of the college, the facilities available, rules and regulations of the College and the affiliating University. Department level orientation programs have also been arranged. Mentor-Mentee system has been introduced by the institution since 2019-20. In this system each mentor is very much aware about all the details of the mentees. A database of students containing the name, date of birth, address, Aadhar No, email ID, caste, course, club memberships, first generation learner or not, financial condition, medical issues if any etc. is prepared and maintained by the mentor. The mentor prepares the database using admission data and by direct conversation with each mentee. The mentee can approach her mentor with any problem whatsoever. The mentor maintains records of the mentee's performance in all the examinations. Continuous assessments of mentees are done at regular intervals through class tests, tutorials and student presentations. The mentor keeps a record of the mentee's academic performance, regular attendance and guides her on how to improve her scores. Faculty members take initiatives for the improvements of slow learners. The library is well stocked with books and journals even for advanced readings. The college has a counselling cell for all the students. The counsellor provides personal counselling if needed also. Special lectures are arranged by the cell for improving the mental health of the students. Special guidance is given to the hostel students for their academic and overall activities. Several clubs and cells pertaining to environmental, socio-cultural concerns are formed to enhance the awareness of the students by organizing different Programmes. Almost all the departments take initiative to involve students in different activities like student seminar, debate, quiz Wall magazine, poster presentation etc. to motivate them to express their special skill and creativity. Different clubs have also encouraged students to participate in activities for their all round developments. The Physical activity club has organized regular online yoga classes through google meet platform. • Apart from traditional teaching -learning method, ICT tools are used

by the teachers for effective teaching. Our moto is to monitor all round development of the student. The date of implementation of Mentor- Mentee system was 16.07.2019. 894 students were engaged in this system.

NOTICE FOR MAINTAINING MENTOR-MENTEE SYSTEM IN

2021-22



South Calcutta Girls' College
Accredited by NAAC, Recipient of RUSA 2.0 Grant

72, Sarat Bose Road
Kolkata - 700 025

Phone - (Principal) : 2454-2265
(Office) : 2475-3785
e-mail : southcalcuttagirlscollege@yahoo.com

Reference No.
Date20

Notice
Mentor-Mentee List for 2021

Dated: 23.11.2021

Dear Teachers,

You are requested to take appropriate measure for the purpose of mentoring and inform your mentees about the same. The Mentors are also requested to maintain every detail of their mentees including academic, health, economic background, extracurricular activities, social status etc.

Rkhatun
23.11.2021
Co-ordinator IQAC
Co-ordinator, IQAC
South Calcutta Girls' College

CAJ 23.11.21
Principal & Secretary
Principal & Secretary
South Calcutta Girls' College
72, Sarat Bose Road, Kolkata-25

Notice for Maintaining Mentor- Mentee System in the Academic Session 2021-2022

C) Induction Programme

Induction programme for the first semester students was held on 1.10.2021 via Google Meet. The number of students attended the programme was 313. All departments of the college conducted the programme separately. There was a brief introduction of each of the departments given by the departmental heads. Each department showed Power Point Presentation giving the detailed description of the department, history of the department, student strength, syllabus, examination procedure, result, course outcome etc.

**Induction Programme
of Journalism
Department**

Friday, 1 Oct 2021 • 11:00–12:00

 **Join with Google Meet** 
meet.google.com/xww-ahov-fgw

 **Join by phone**
(US) +1 573-401-1132 PIN: 915 440 988#

 10 minutes before


 **41 guests**  
23 yes, 1 maybe, 17 awaiting

 **Tanuja Basu Roy**
Organiser

 aliaszeeshan22@gmail.com

 amrita@southcal

11:06

4G 

  
BA General Induction meeting

Friday, 1 Oct 2021 • 12:30 – 1:30 PM

 **Join with Google Meet** 
meet.google.com/jaf-bngf-tpo

 **Join by phone**
(US) +1 402-543-0094 PIN: 852883503

 10 minutes before

 **46 guests**  
16 yes, 1 maybe, 29 awaiting

 **NAYANA SHARMA MUKHERJEE**
nayana@southcalcuttagirlscollege.com
Organiser

 **Bushra Ahmed**

 **Kamalika Banerjee**

 **Prianka Dalal**

 **Setar Rizal**

 afshaparveen744@gmail.com

Yes

No

Maybe





FOR 1st SEMESTER B.Sc
GENERAL STUDENTS,
2020-2021

Friday, 1 Oct, 2021 • 12:00 – 1:00 pm



Join with Google Meet

meet.google.com/nqg-rddw-wun



Join by phone

(US) +1 650-667-3178 PIN: 351 518 446#



10 minutes before



14 guests

2 yes, 2 no, 10 awaiting



Banibrata Das

Organiser



SUSMITA MANDAL



ananyamaity256@gmail.com



roy88629@gmail.com

Induction Programme Organized by the Departments of the College

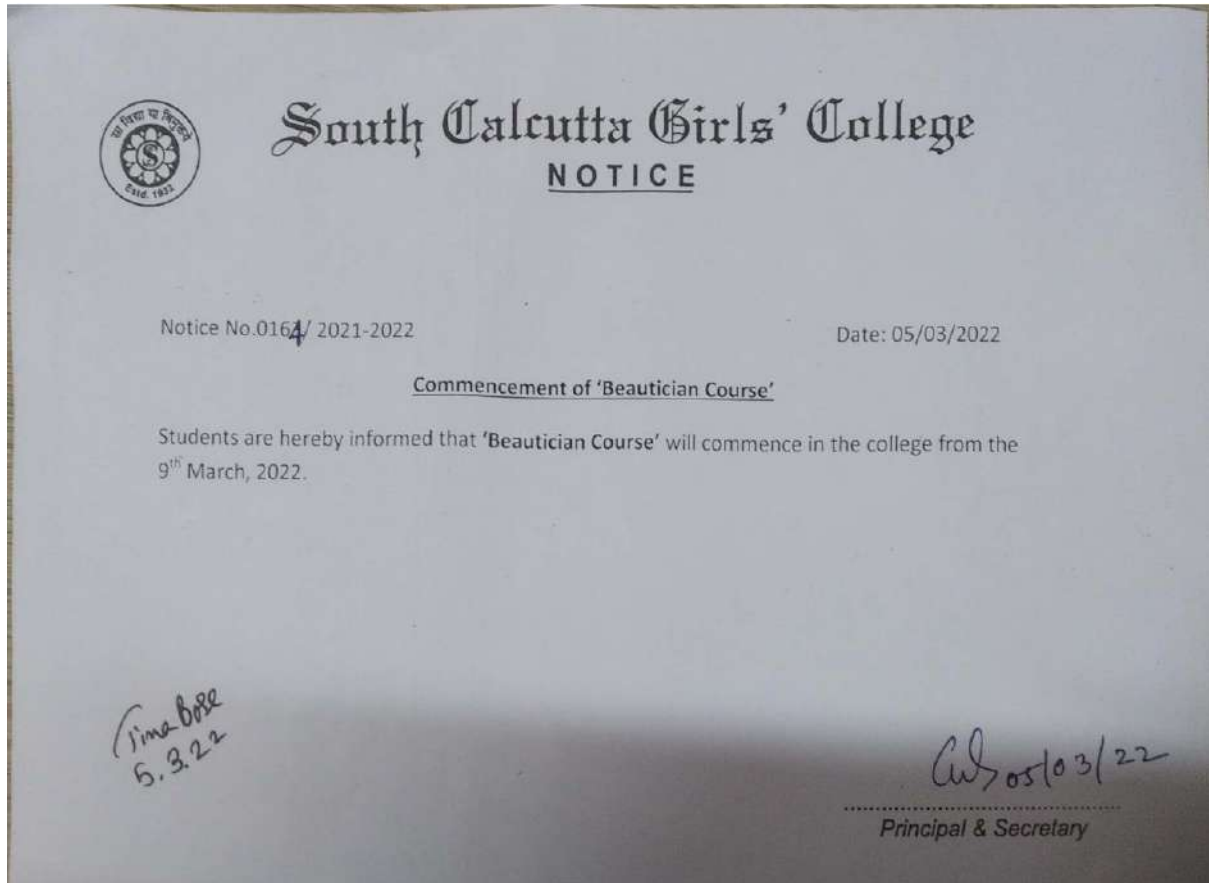
D) Beautician Course

Report of beautician course in the academic session 2020-21

The Beautician course is run by South Calcutta Girls' College in the college premises. The course was first started in May, 2015. It is a self-financed course and the course fees is Rs 600/. The duration of each class is 1 hr and 30 minutes. Generally, two classes are taken per week.

Classes are adjusted according to the class routine, examination schedule of the students etc. The course was started in May, 2015. In 2021-22, the course was started on 9.03.2022 and total number of classes held was 25. 27 students took admission in the academic session 2021-22 and 21 of them appeared in an exam held after the completion of the course. Certificates were given to them.

NOTICE OF BEAUTICIAN COURSE



Notice of Commencement of Beautician Course



Students participating in Beautician Course

SOUTH CALCUTTAGIRLS' COLLEGE

BEAUTICIAN COURSE 2021-22

SI NO	NAME	SUBJECT	SEMESTER	PHONE NO
1.	Sakshi Rajak	JORA	1	9336657351
2.	Shreyas Talukdar	JORA	1	801798829
3.	Srinigyan Ghosh.	JORN	1	9004383112
4.	Mahasna Masrin	JORA	4	7016036263
5.	Brithika Jana	JORA	4	7439631779
6.	Tamali Chatterjee	JORA	4	8332899230
7.	Pratyusha Rija	JORA	4	91430484 14
8.	Sukanya Dey	SOCA	4	900703279
9.	Anom Tengim 203001	SOCA	4	704233304
10.	Shreyoshi Chakraborty	BSC. Bio General	4	89180035 66
11.	Narmita Das Mahapatra	BSc. Bio General	4	93302832 34
12.	Ambika Chakraborty	BSC. Bio General	4	9330132 341
13.	Thiruvina Nath	BSC. Zoology Honours	4	98367367 04
14.	Anandita Jatta	B. A. General	4	90629191 47
15.	Payal Rajak	B. A. General	4	91634461 78
16.	manisha Bramanik	B. A. General	4	743968, 296
17.	Ishika kumari shaw	BA General	1	80174235
18.	Akriti Das	B.Sc General	4	74398126
19.	Tanu Sinha	B. A (English) Honours	1	98362320
20.	Hampi Hazra	B. A (Education)	6	70175062

SOUTH CALCUTTA GIRLS' COLLEGE

BEAUTICIAN COURSE 2021-22

SL NO	NAME	SUBJECT	SEMESTER	PHONE NO
21	Rima Patra	JORA	4th	9883280314
22	Anusuya Roy	History	4th	6290552016
23	Aryantika Halder	PLAS	4th	9433278598
24	Alziba Rahman	B.A. Gen	4th	6289566526
25	Rupsha Das	B.A. Honours	1st	9830265504
26	Shreeta Mondal	B.A. Honours	1st	6294480012
27	Afzina Khatoon	B.A. HONC	6th	9073495214

Name of students took admission in Beautician Course in 2020-21



Certificate of Beautician Course

2. LIFE SKILL

PROGRAMMES OF LIFE SKILL DEVELOPMENT

A) Yoga

Report of yoga classes in the academic session 2021-2022

Yoga is a collection of physical, mental and spiritual practices that improves health in a wholesome manner. The Physical Activity Club of the South Calcutta Girls' College had started online Yoga classes in August 2020. The timing was from 9 am to 9: 45 am. The classes were from Monday to Saturday except Wednesday. The students were guided by the yoga instructor in the class. Students from all departments of the college could participate in the classes. Interested students would have participated every day, with prior permission. The Physical Activity Club celebrates World Yoga Day every year on 21st June. A six months yoga course took place from July to December 2021. Students who complete 30 hours or more in a yoga session are supposed to receive certificates after the theory and practical examinations.

Members of the Physical Activity Club, along with the Yoga instructor, give huge effort to reduce the students' stress level and help them to become physically and mentally healthy.

A programme was organized regarding Yoga Practice Covid Period under Supervision of Yoga Instructor of South Calcutta Girls College. The main aim of this programme was to develop mental & physical health of the participants. Total no of students attended in this program was 60.

NOTICE FOR COMMENCEMENT OF YOGA CLASS

South Calcutta Girls' College

PHYSICAL ACTIVITY CLUB

NOTICE FOR 1ST SEMESTER

Notice no. 063/2021-2022

Dt. 06.11.2021

This is to notify that 'Physical Activity Club' will conduct an Orientation Programme of Yoga for the students of First semester on 8th November, 2021 from 9 am to 10 am .

YOGA CLASSES for the students of first semester will commence on 9th November 2021 which will be a weekly event, duration of this session will be from 9 am to 9.45 am. in the following schedule-

Name of the Group	Day	Departments
A-Group	Monday	English + Psychology + History + Philosophy
B- Group	Tuesday	Political Science + Sanskrit + Botany + Journalism & Mass Com
C- Group	Thursday	Sociology + Zoology + Education + Economics
D- Group	Friday	Bengali + Geography
E- Group	Saturday	Pure General (B.A & B.Sc)

Class Platform – Google Meet

A "WhatsApp group" will created for Yoga with students' for programme link and instructions, for inclusion in WhatsApp group contact your respective Head of the Department.

sd/-

Principal

South Calcutta Girls' College

Notice For Commencement of Online Yoga Class



South Calcutta Girls' College
NOTICE

Notice No. 0159 /2021 - 2022

Date : 03.03.2022

It is hereby notified that Yoga and Physical Activities for all students will be started on and from 04.03.2022 (Monday to Friday) at 10 am. to 3 pm. At College Gymnasium .

CSA 03.03.22
Principal & Secretary,
South Calcutta Girls' College
72, Sarat Bose Road, Kolkata-21

Notice For Commencement of Yoga Class in Offline mode



Yoga Session

B) Physical Fitness

The Fit India Freedom Run 2.0

To commemorate the 75th year of India's Independence Day "Azadi Ka Mahotsav" Fit India Mission had conceptualized "The Fit India Freedom Run 2.0." Being the part of this movement, Physical Activity Club of South Calcutta Girls' College organized the inaugural program on 13.08.2021 at 9.00 am to 9.45 am through virtual platform where by the guidance of our yoga instructor Rama Nandi students actively participated in different physical activities. In this program our respected principal madam Dr Aparna De and IQAC Coordinator, staff and students attended(57).To fruitful this Physical Activity Club started one week program from 14th to 20th August. Every day around 50 participants performed different activities like walking, running, jogging, yoga exercise etc. Each participant reported everyday how much distance and time they covered.

FIT INDIA FREEDOM RUN 2.0 REPORTS OF SEVEN CONSECUTIVE DAYS ARE GIVEN BELOW.

DAY	NUMBER OF PARTICIPANTS	WALKING / JOGGING/ RUNNING IN KM
14.08.21	50	102
15.08.21	48	107
16.08.21	51	113
17.08.21	40	92
18.08.21	65	161
19.08.21	49	121
20.08.21	50	119
7 DAYS	353	815

Fit India Movement was celebrated on 29.08.2019 by the Physical Activity Club of South Calcutta Girls' College. The programme was inaugurated by our respected Principal Prof. Dr. Aparna De followed by Stress Management Activity. Physical Fitness Activity by Yoga was demonstrated in the programme. A glimpse of College Gymnasium was presented in the programme. The Live Tele-Cast of Fit India Movement Launched by Prime Minister Narendra Modi was presented.

NOTICE OF FIT INDIA FREEDOM RUN2.0

SOUTH CALCUTTA GIRLS' COLLEGE

NOTICE NO. 042/2021-2022

Date.11.08.2021

Fit India Mission has conceptualized "**THE FIT INDIA FREEDOM RUN 2.0**" to commensurate the 75th Year of India's Independence Day – "**Azadi ka Amrit Mahotsav**". As a part of this initiative, a virtual programme will be organized by Physical Activity Club of South Calcutta Girls' College on **13.08.2021 at 9:00 am to 9.45 am** through **Google Meet**. Students and staff are invited to actively participate in the programme presenting the demonstration of different forms of physical activities by the students.

"**THE FIT INDIA FREEDOM RUN 2.0**" programme shall further continue for a week **14th to 20th August 2021** each participant can run or jog on a route at a time and pace according to convenience, each daily run can be broken up into small phases, participants shall track the distance covers each day. They should register themselves and give report of the distance (kms) covered daily to the link provided by the physical activity club.

All are cordially welcome in this mission.

sd/-

Principal

Notice for Fit India Freedom Run 2.0, 13/08/2021



Government of India
Ministry of Youth Affairs and Sports

Azadi Ka
Amrit Mahotsav

FIT INDIA Freedom Run 2.0

Congratulations

SOUTH CALCUTTA GIRLS COLLEGE

FOR SUCCESSFULLY ORGANIZING THE **FIT INDIA FREEDOM RUN 2.0**

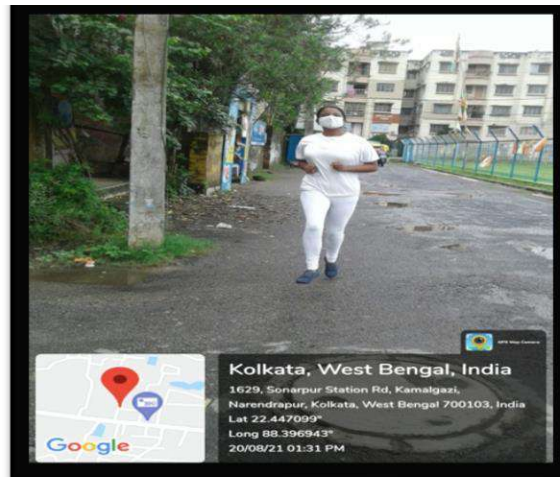
13th Aug - 2nd Oct 2021

#Run4India

#AzadikaAmritMahotsav

<https://fitindia.gov.in>

This is an official government communication
for the information and use of the organizers of the event.





Celebration of Fit India Freedom Run2.0 from 13/08/2021 to 2/10/2021

C) Health and Hygiene

Activities regarding health and hygiene during 2020-2021

The Special camp of NSS Unit for the session 2021-2022 was formally inaugurated on 10th March 2022 and it continued till 17th March 2022. Our respected Principal, Prof. (Dr.) Aparna De, inaugurated the Special Camp. In her inaugural address, Principal Madam explained the essence of conducting the NSS programme and the manner in which encourages the young, impressionable minds about their commitment to the society. The NSS volunteers, along with the core committee members, teachers and non-teaching staff of the College attended the programme. Our adopted slum Peyarabagan which is just backside our college

was chosen for the activities .On the Special camp, NSS volunteers conducted an survey of the nearby Peyarabagan slum area and surroundings for Covid Awareness and medical requirement of the residents.The NSS volunteers informed and sensitized the residents about the methods of controlling and preventing the epidemic COVID. The total participants was 50.

Covid Awareness and Survey

A students' rally was organized on 10/03/2022 regarding Covid Awareness and Survey to the college surroundings Peyarabagan slum and Beltala Motor Vehicle area.

Mask Distribution Programme

Mask distribution programme held to the college and college surrounding Beltala Motor Vehicle and near slum area on 11/03/2022. Three groups were formed with students and teachers for mask distribution.

Eye Check - Up Camp

An eye check-up camp was held on 12/03/2022 under supervision of Ramakrisna Mondal, Optometrist, Riddhimseva Kendra, Kolkata -31. He checked 88 persons. In this programme total no. of 88 people checked their eyes.

General Health Check - Up Camp

A health check-up camp was organized by NSS unit with the help of Physiology Dep. of South Calcutta Girls' College on 14/03/2022. BMI, SBP, DBP, HR(B/M) Weight, Height, SPO2,etc were checked of people who came to participate on this camp. In this programme total no. 94 people participated.

Sanitizer Preparation and Distribution

A programme was organized regarding Sanitizer preparation under Supervision of Dr. Shuvankar Mondal, SACT- I, with the help of Tarakeswar Banerjee on 16/03/2022 . Students were shown through PowerPoint presentation & practical demonstration by the experts.

Red Ribbon Camp

South Calcutta Girls College's NSS UNIT organised an awareness programme on 'Awareness on HIV-AIDS', dated 25/03/2022. This programme was a part of RED RIBBON CAMP. Honourable Principal of Calcutta Girls College Dr. Aparna De delivered her inaugural speech in this occasion. The invited guest of this programme was Dr. Sharmistha Choudhuri , R.G. Kar Medical College and Hospital, delivered a lecture on the topic 'Awareness on HIV-AIDS'. The purpose of this programme was to make the students aware about HV-AIDS. There was

an interactive session where both students and teacher were asking questions. Total number of volunteers -74

Installation of Paddle Sanitizer and Sanitization of College before Re-Opening of College for Offline Classes

A paddle sanitizer was installed during 2020-2021 as a preventive measure against COVID-19. Before re-opening of the college, the entire building has been sanitized. In order to prevent covid-19 and to maintain general health & hygiene, thermal gun has been used by the college authority. Additionally, hand and surface sanitizers were being distributed among the lab based departments.

Sanitary Napkin Vending Machine

Sanitary napkin vending machine is a fully automatic dispenser which can run with or without electricity and dispenses sanitary napkins against coins. The vending machine was installed in the financial year 2016-2017 and till now it is used for maintaining health and hygiene.

NOTICES FOR THE EVENTS REGARDING HEALTH AND HYGIENE



SOUTH CALCUTTA GIRLS' COLLEGE

NOTICE

Notice No. 0166/2021-2022

Date: 05.03.2022

All volunteers are hereby informed that NSS special camp will start as per the following schedule

SPECIAL CAMP 2021-2022

DAY	PROGRAMME	DATE	Time
DAY 1	COVID AWARENESS AND SURVEY	10.03.2022	2.30 p.m.
DAY 2	COVID AWARENESS- MASK DISTRIBUTION AND SURVEY	11.03.2022	2.30 p.m.
DAY 3	EYE CHECK UP	12.03.2022	11.00 am
DAY 4	HEALTH CHECK UP	14.03.2022	2.30 p.m.
DAY 5	SESSION ON YOGA	15.03.2022	2.30 p.m.
DAY 6	SANITIZER PREPARATION.	16.03.2022	2.30 p.m.
DAY -7	PSYCHOLOGICAL COUNSELLING.	17.03.2022	11.00 am

S/d

Principal

Notice of NSS Special Camp



South Calcutta Girls' College

NOTICE

NOTICE NO. : 0179/2021-2022

DATED : 24/03/2022

All the staff and students are hereby informed that Dr. Sharmistha Choudhuri of R.G. Kar Medical College Hospital will deliver a lecture on 'Awareness on HIV-AIDS' (Red Ribbon Camp Of NSS) on 25th March 2022 at 2 p.m. in Room No. 304.

All are requested to attend the programme.

*Received
24/03/22
NSS Unit member
24-03-22*

[Signature] 24.3.22
Principal & Secretary

Notice of the lecture on Awareness on HIV-AIDS



SOUTH CALCUTTA GIRLS' COLLEGE



72, SARAT BOSE ROAD, KOLKATA-700025

NSS UNIT OF SOUTH CALCUTTA GIRLS' COLLEGE

IS GOING TO ORGANISE A PROGRAMME ON

**"AWARENESS ON HIV- AIDS"
(RED RIBBON CAMP)**



SPEAKER : Dr. SHARMISTHA CHOUDHURI
R.G. KAR MEDICAL COLLEGE & HOSPITAL, KOLKATA

ON 25TH MARCH 2022

TIME : 2 P.M.

VENUE : ROOM NO. 304



Inauguration of students' rally



Students participating in rally on Covid Awareness And Survey

**DAY-I NSS SPECIAL CAMP
ON
COVID AWARENESS**

10.03.2022
classmate

Date _____
Page _____

SL NO	Name of the student	SEM	DEPT	C-ROLL	Signature
1. ✓	Anjali Choudhury	4th	POL-SC	208	Anchhury
2. ✓	Samjukta Maity	4th	Pol-Sc	338	Smaity
3. ✓	Asantika Halder	4th	Pol-SC	277	Asantika
4. ✓	Alanki Das	4th	pol-sc	321	Alanki
5. ✓	Barveen Ama Khatoon	4th	BA General	726	Barveen
6. ✓	Shaiqua Siba Ahmed	4th	B.A General	732	S.S.Ahmed
7. ✓	Soncha Halder	4th	B.A GEN	716	Soncha Halder
8. ✓	Soumyajoye Sirc	2nd	BOTA-Hon	108	Soumyajoye Sirc
9. ✓	Mallika Barua	2nd	B.Schons	109	Mallika Barua
10.	Arpita Das	2nd	B.Schons	118	Arpita Das
11. ✓	Sneta Deb Nath	4th	BA Hons	299	Sneta Deb Nath
12. ✓	Eva Mondal	4th	BA Hons	364	Eva Mondal
13. ✓	Antita Mondal	4th	BA Hons	216	Antita Mondal
14. ✓	Shranya Marli	4th	B.A Hons	308	Shranya Marli
15. ✓	Debarati Majumder	4th	B.A Hons	209	Debarati Majumder
16. ✓	Ayushi Lodh	4th	BA Hons	315	Ayushi Lodh
17. ✓	Debanwita Roy Sarkar	4th	BA Hons	255	Debanwita Roy Sarkar
18. ✓	Shilpa Sankel	4th	SANA	362	S. Sankel
19. ✓	Debolina Saha	2nd	BA Hons	453	Debolina Saha
20. ✓	Shreya Paul	2nd	B.A Hon	494	Shreya Paul
21. ✓	Aditi Bhattacharya	2nd	B.A. Hons	485	Aditi Bhattacharya
22. ✓	Ananya Goswami	4th	B.A HON	310	Ananya Goswami
23. ✓	Barsha Sankar	2nd	B.A. Hons	489	Barsha Sankar
24. ✓	Pushpita Mondal	4th	B.A Hons	309	Pushpita Mondal
25. ✓	Satapa Mondal	4th	B. A Hons	225	Satapa Mondal

List of Volunteers Participating in Rally



NSS volunteers distributing mask

DAY-2, NSS SPECIAL CAMP
ON (Volunteers)
COVID AWARENESS-MASK DISTRIBUTION

classmate
Date 11.03.22

SL NO	NAME OF THE STUDENT	SEM	DEPT	C.ROLL	SIGNATURE
1	ANANYA GOSWAMI	4th	EDCA	310	Ananya Goswami
2	Eva Mondal	4th	EDCA	364	Eva Mondal
3	Shilpa Sarkel	4th	SANA	362	S. Sarkel
4	Shreya Paul	2nd	SOCA	3491	Shreya Paul
5	Ayushi Ladh	4th	JORA	815	Ayushi Ladh
6	Debolina Saha	2nd	PLSA	453	Debolina Saha
7	Rupsha Das	2nd	SOCA	484	Rupsha Das
8	Barsha Sarkar	2nd	SOCA	489	Barsha Sarkar
9	Sudipta Baei	2nd	General	722	Sudipta Baei
10	Shabnam	4th	General	727	Shabnam
11	Anam Akbar	4th	EDCA	241	Anam Akbar
12	Jyoti Shaw	4th	General	744	Jyoti Shaw
13	Parveen Ansa Khatoon	4th	General	726	Parveen
14	Ankita Mondal	4th	JORA	216	Ankita Mondal
15	Soncha Halder	4th	B.A Gen	716	S. Halder
16	Debarati Majumder	4th	B.A HONS	209	Debarati Majumder
17	Shreya Mazhi	4th	B.A Hons	308	Shreya Mazhi
18	Aparna Shau	4th	B.A Gen	706	Aparna Shau
19	Krishna Das	4th	B.A Gen	703	Krishna Das
20	Manisha Pramanik	4th	B.A Gen	720	Manisha P
21	Naax Khatoon	4th	B.A Gen	728	Naax Khatoon
22	Isha Paul	4th	B.A Gen	707	Isha Paul
23	Aditi Bhattacharya	2nd	B.A Hons	485	Aditi Bhattacharya
24	Rushpita Mondal	4th	B.A Hons	309	Rushpita Mondal
25	Sutapa Mondal	4th	B.A Hons	225	Sutapa Mondal
26	Ayana Maskari	4th	4th	386	Ayana Maskari

List of Volunteers participating in Mask Distribution



Eye Check up Camp

DAY-3, NSS SPECIAL CAMP
ON
EYE CHECK UP

classmate
Date 12.03
Page

NO.	NAME OF STUDENT	SEM	DEPT	ROLL	SIGNATURE
1	ANANYA GOSWAMI	4th	EDCA	310	A. Goswami
2	Debarati Majumder	4th	EDCA	209	Debarati Majumder
3	Sneha Halder	4th	B.A Gen	2716	S. Halder
4	Shreya Majhi	4th	B.A Hon	203	Shreya Majhi
5	Ira Mondal	4th	EDCA	364	Ira Mondal
6	Shabnam	4th	B.A Gen	727	Shabnam
7	Debasina Saha	2nd	PLSA	453	Debasina Saha
8	Proyasha Chakraborty	2nd	PLSA	466	Proyasha Chakraborty
9	Sangdipa Saha	2nd	EDCA	326	Sangdipa Saha
10	Rumpa Mondal	2nd	EDCA	319	Rumpa Mondal
11	Rimma Banik	2nd	EDCA	335	Rimma Banik
12	Priyanka Ghosh	2nd	EDCA	333	Priyanka Ghosh
13	Chandrima Sengupta	2nd	EDCA	324	Chandrima Sengupta
14	Pooja Pramanick	2nd	EDCA	329	Pooja Pramanick
15	Fareen Aza Khatoon	4th	General	726	Fareen
16	Aparna Shaha	4th	General	706	Aparna Shaha
17	Sudipta Bari	4th	General	722	Sudipta Bari
18	Isha Paul	4th	B.A Gen	707	Isha Paul
19	Krishna Das	4th	B.A Gen	703	Krishna Das
20	Ishalal Roy	4th	B.A Hon	329	Ishalal Roy
21	Arshi Chowdhury	4th	Pol-Sc	208	Arshi Chowdhury
22	Somyukta Haldar	4th	"	338	Somyukta
23	Shreya Paul	2nd	SOCA	494	Shreya Paul
24	Barsha Sarkar	2nd	SOCA	489	Barsha Sarkar
25	Rupsha Das	2nd	SOCA	484	Rupsha Das
26	Aditi Bhattacharya	2nd	soca	485	Aditi
27	Shaquiasiba Ahmed	4th	General	732	Shaquiasiba
28	Tanushree Paul	4th	"	715	T. Paul
29	Anam offab	4th	EDCA	241	Anam offab

Day - 3

classmate
Date 12.02
Page

Sl. No.	Name	SEM	DEPT	ROLL	SIGN
30.	Sangita Mondal	4th	Genoa	20SH100	Sangita Mondal
31.	Priyanka Halder	4th	Genoa	20SH153	Priyanka Halder
32.	Manisha Das	4th	Genoa	20SH200	Manisha Das
33.	Arshi Mondal	4th	JOPA	20AH216	Arshi Mondal
34.	Ayushi Lodh	4th	JORA	20AH215	Ayushi Lodh
35.	Anisha Das	4th	JOPA	20AH226	Anisha Das
36.	Rikhi Banerjee	4th	JOPA	20AH233	Rikhi Banerjee
37.	Noor Khatoon	4th	General	20AG798	Noor Khatoon

List of students participating in Eye Check Up Camp



Latitude: 22.529086
Longitude: 88.353258
Elevation: 5.79±10 m
Accuracy: 73.1 m
Time: 14-03-2022 15:37
Note: south Calcutta girls college

Powered by NoteCam



Latitude: 22.529112
Longitude: 88.353055
Elevation: 6.19±7 m
Accuracy: 51.4 m
Time: 14-03-2022 15:34

Powered by NoteCam

Health Check up Camp

DAY-4 (Volunteers)
HEALTH-CHECK-UP CAMP

classmate

Date 14.03.22

	NAME	SEM	DEPT	ROLL	STGN
x 1	Aranya Dasgupta	7th	EDCA	310	Akrosmani
x 2	Meghna Kumari	4th	EDCA	215	Meghna Kumari
x 3	Anisha Das	4th	JORA	226	Anisha Das
x 4	Rikhi Sankari	4th	JORA	293	Rikhi Sankari
x 5	Rishi Das	4th	B.A.G	729	Rishi Das
x 6	Sneha Halder	4th	B.A Gen	716	S. Halder
x 7	Ayushi Saha	4th	JORA	315	Ayushi Saha
x 8	Dilbarati Majumdar	4th	EDCA	209	Dilbarati Majumdar
x 9	Dalouina Saha	2nd	PLSA	453	Dalouina Saha
x 10	Parveen Anu Khatoon	4th	General	726	Parveen
x 11	Aparna Shau	4th	General	706	Aparna Shau
x 12	Kaishira Das	4th	General	703	
x 13	Shilpa Sankel	4th	SANA	362	S. Sankel
x 14	Arunmita Halder	4th	Pol. Sci.	277	Arunmita
x 15	Satanki Das	4th	Pol. Sci.	321	Da
x 16	Sneha Debnath	4th	pol. Sci.	299	sneha Debnath
x 17	Briati Das	4th	JORA	221	Briati Das
x 18	Arkita Mondal	4th	JORA	296	Arkita Mondal
x 19	Ira Mondal	4th	EDCA	364	Ira Mondal
x 20	Anam Ahal	4th	EDCA	241	Anam Ahal
x 21	Manisha Pramanik	4th	B.A Gen	720	Manisha P.
x 22	Manalika Mondal	2nd	B.A Gen	736	Manalika
x 23	Surejo Paul	2nd	SOCA H	494	Surejo Paul
x 24	Sudipta Bai	2nd	General	722	Sudipta Bai
x 25	Rupsha Das	2nd	SOCA H	484	Rupsha Das
x 26	Anjali Choudhury	4th	Pol. Sci	208	Anjali Choudhury
x 27	Banika Sankar	2nd	SOCA	489	Banika Sankar
x 28	Saksham	4th	B.A Gen	727	Saksham
x 29	Ishabati Roy	4th	B.A Hon	329	Ishabati Roy

Students participating in Health Check Up Camp



Latitude: 22.52899
 Longitude: 88.353013
 Elevation: 6.0942 m
 Accuracy: 51.3 m
 Time: 03-16-2022 14:42

Presentation of Sanitizer Preparation

DAY-6, SANITIZER PREPARATION

classmate
Date: 16/3/22
Page: _____

<u>Sl.No</u>	<u>Name</u>	<u>SEM</u>	<u>DEPT</u>	<u>Roll No.</u>	<u>SPGN</u>
1.	Debarati Nigunder	4th	EDCA	209	Debarati Nigunder
2.	Shruti Mishra	4th	EDCA	308	Shruti Mishra
3.	Anam Jitab	4th	EDCA	241	Anam Jitab
4.	Shabnam	4th	Gen	727	Shabnam
5.	Eva Mondal	4th	EDCA	364	Eva Mondal
6.	Ayushi Laha	4th	JORA	315	Ayushi Laha
7.	Prishi Das	4th	JORA	221	Prishi Das
8.	Shaiqua Saba Ahmed	4th	General	732	Shaiqua
9.	Sulopa Mondal	4th	Education	225	Sulopa Mondal
10.	Shilpa Sarker	4th	SANA	362	Shilpa S

Students participating in Sanitizer Preparation



Dr. Sharmistha Choudhuri of R.G. Kar Medical College and Hospital, was delivering lecture.



Teachers and NSS volunteers during the programme

RED RIBBON CAMP

classmate

Date 25.03.2022

Page

Sl. No	Participant Name	Guardian Name	SEM	DEPT	MoB No
1)	Debojina Saha	Debalish	2nd	PLSA	9674602318
2)	Deepshikha Banerjee	Dilip Kumar Banerjee	4th	Philosophy	9555481721
3)	Rupsha Das	Raja Das	3rd	SOCA	9330965504
4)	Shreya Paul	Pradip Paul	8th	SOCA	6289735068
5)	Rishi Kabas	Santana Kabas	4th	EDCA	9330965504 2423935200
6)	Ayona Naskar	Anup Naskar	4th	EDCA	6291239430
7)	Shani Chakraborty	Indrajit Chakraborty	4th	B.Agr	8585883207
8)	Riya Sen	Sina Sen	4th	EDCA	7687022900
9)	Ananya Goswami	N.P. Goswami	1st	EDCA	8910757750
10)	Isha Lal Roy	Simalal Roy	4th	EDCA	6290091627
11)	Zahidah Khatun	Faiyaz Ahmed	2nd	Educa	8777737180
12)	Borveer Ama Khatun	S.K. Alkuddin Mored	4th	CAgen	9330595742
13)	Riima Bonik	Mithu Bonik	2nd	EDCA	8697565571
14)	Koyema Das	Tuku Das	2nd	EDCA	9051880266
15)	Rumpa Mondal	Rita Mondal	2nd	EDCA	7932040265
16)	Chandrima Sengupta	Chandananda Sengupta	2nd	EDCA	7459317121
17)	Shreyasi Mondal	Swarup Kumar Mondal	2nd	PSYA	6289490649
18)	Adi Srivastav	Sina Srivastav	2nd	HISA	8910113303
19)	Anushka Sarkar	Anup Kumar Sarkar	2nd	PSYA	6296411431
20)	Diyotima Roy	Pranab Kr. Roy	2nd	PSYA	8100796323
21)	Ahona Das	Paranita Das Bhattacharya	2nd	PSYA	8620064918
22)	Pragya Das	Bismit Das	2nd	PSYA	8910522652
23)	Shreya Mondal	Ribitna Mondal	4th	GEQA	7719155650
24)	Tanushree Pal	Tapan Pal	4th	B.Agen	9330642610
25)	Reepsha Chowdhury	Sampa Chowdhury	4th	HISA	8617739094
26)	Ishika Chowdhury	Shriday Chowdhury	4th	PSYA	6297942954
27)	Swarlika Shaha	Ranjit Kr. Shaha	4th	ZOOA	7439754862
28)	Chandrima Chakraborty	Tapan Chakraborty	2nd	EDCA	6003350629
29)	Tanushree Majhi	Malay Majhi	2nd	HISA	9330688999

RED RIBBON CAMP

classmate

Date 25.03.2022

Page

Sl No	Participant Name	Guardian Name	SEM	DEPT	Mob No
30.	Tanushree Mondal	Milan Mondal	6th	HISTORY	6290674251
31.	Priyanka Das	Upal Das	6th	HISA	7180198881
32.	Bipasha Ray	Biswajit Ray	6th	HISA	87777851437
33.	Sureshni-Law	APARNA LAW.	6th	HISA	9874694438
34	Sonia Majumdar	Prahalad Majumdar	6th	HISA	9330685059
35.	Auspita Sarkar	Partha Sarkar	6th	HISA	7595970725
36.	Pinita Chowdhury	Ashtoke Chowdhury	6th	EDCA	6290314074
37.	Rima Sheet	Anchanan Sheet	2nd	PSYA	8697126460
38.	Samdatta Bhattacharjee	Sanjay Bhattacharjee	2nd	PSYA	8001174760
39.	Ritaja Bandyopadhyay	Rajashree Bandyopadhyay	2nd	PSYA	9433826328
40.	Aarushi Sen	Jhuma Sen	2nd	PSYA	9748955291
41.	Nisha Shari	Ranjay Shari	6th	EDCA	6306381535
42	Neha Das	Bisad Das	6th	EDCA	7439343984
43.	Payal Singh	Lal Chand Singh	6th	EDCA	9875590476
44.	Sweetasree Sengupta	Anur Sengupta	6th	EDCA	8240791506
45.	Priya Karak	Geopal Karak	6th	GECA	9330754605
46.	Subhpa Dey	Subrata Dey	6th	GECA	8777268341
47.	Shankorprya Laha	Rajib Laha	6th	GECA	8697642272
48.	Rozali Khamaru	Asit Khamaru	6th	GECA	7044113400
49.	Anindita Bishwas	Gourchandra Bishwas	6th	GECA	9748753168
50.	Prerona Karmakar	P. Karmakar	6th	GECA	9804464964
51.	Daraksha Arzoo Rozita Rozveen	ND. Alam	6th	GECA	9330021999
52	Pallabi Das	Narayan Das	2nd	PLSA	9382947037
53)	Menisha Sarkar	Arjun Nandi	2nd	History	7439300291
54)	Priyasa Mondal	Tapas K. Mondal	2nd	History	9671186057
55)	Azima Haque	Sk Anwarul Haque	2nd	ZOOA	9874472207

RED RIBBON CAMP

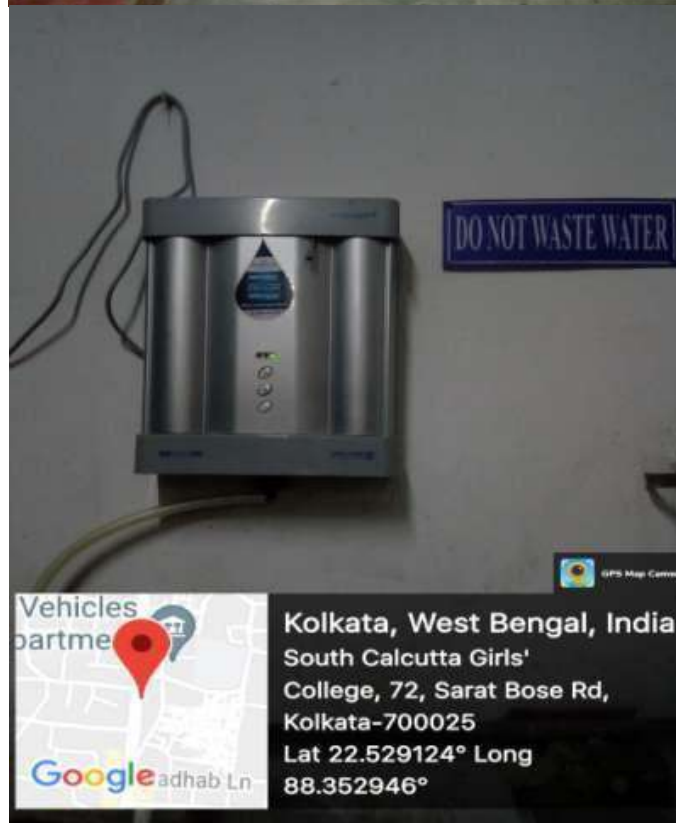
classmate

Date 25.03.2022

Page

Sl No	Participant Name	Guardian Name	SEM	DEPT	Mob No
56	Tania Yeasmin	Rabiul Islam	2nd	ZOOA	7679907091
57	Sanghmitra Das	Sujit Das	2nd	ZOOA	9883637905
58	Nabanita Saha	Sujita Saha	2nd	ENGA	8927593033
59	Sakshi Rajak	Gautam Rajak	2nd	JORA	9330657356
60	Taru Sinha	Shailendra K. Sinha	2nd	ENGA	9836232002
61	Pragati Sharma	Jitenendra Sharma	2nd	ENGA	6202460445
62	Ananya Banerjee	Ab Shambhu	2nd	ENGA	6205725851
63	Aishika Sinha	Soumitra Sinha	2nd	ENGA	9903572601
64	Sornuolha Talai	N.G. Talai	2nd	ENGA	6289137307
65	Shubhechha Sutta	Birendra Sutta	2nd	ENGA	8290974883
66	Shreya Rit	Bidyut Rit	2nd	MISA	8013476884
67	Shinee Ghosh	Shyamal Ghosh	2nd	BEN	9907307767
68	Shreeta Mondal	Jagatjit Mondal	2nd	SOCA	6294480019
69	Shilpa Sarkar	Mallika S	4th	SANA	9883851159
70	Krishna Das	Sharmila Das	4th	B.A.G	8779388236
71	Rupsha Das	Rupa Das	2nd	SOCA	9890285504
72	Isha Paul	Gobindo Paul	4th	B.A.G	8697507478
72	Shabnam	Ind. younies	4th	Crew	7439573820
73	Banshi Das	Bal Das	4th	JORA	7439475655
74	Alipansika Shome	Prasanna Shome	2nd	ENGA	9330114187

Volunteers participating in Awareness Programme on HIV-AIDS



Paddle Sanitizer and Water Purifier



Sanitary Napkin Vending Machine



Sanitization procedure before reopening the college

3. ICT/COMPUTING SKILLS

PROGRAMMES OF ICT/COMPUTING SKILLS

Computer Training Course is conducted by WEBEL INFORMATICS LTD. for all first year students. Total number of students took admission in the academic session 2020-21 is 12.

NOTICE FOR WEBEL CLASSES FOR STUDENTS

WELCOME TO SOUTH CALCUTTA GIRLS' COLLEGE

COMPUTER CENTRE

conducted by

West Bengal Electronics Industry Development Corporation Limited

(WEBEL)

A GOVT. OF WEST BENGAL UNDERTAKING

Webel produces around 20,000 industry ready professionals every year having 126 franchise locations and 28 college centers all over West Bengal. Webel IT Education and Training division conducts Different certificate courses along with Diploma courses within college during college hours to help make college students industry ready professionals after their graduation.

DIPLOMA COURSE DETAILS

COURSE NAME: Diploma PC Application

COURSE DURATION: 2 years /1 year

2 YEARS COURSE FEES: Rs. 1800/- (Onetime Payment) / Rs 2000/-(In 4 Installments)

1 YEAR COURSE FEES: Rs. 1000/- (Onetime Payment) / Rs 1200/-(In 2 Installments)

COURSE DETAILS ARTS:

Basic Computer Fundamental, MS word, MS Excel, MS Power point, Adobe Photoshop, CorelDraw, Adobe Flash, Web Design (HTML, Dreamweaver, Java Script) Internet & Email etc.

COURSE DETAILS SCIENCE:

Basic Computer Fundamental, MS Word, MS Excel, MS Power point, MS Access, Adobe Flash, Adobe Photoshop, C Programming, Visual Basic, VB. NET, Networking, PC Trouble Shooting, Internet & Email etc.

BENEFITS OF COURSES

- *West Bengal Govt. Computer Certificate from WEBEL.*
- *Certificate will be granted all over the India.*
- *Installment facility available in course fees payment.*
- *No other Extra Study for this Course, Only attend 2 classes (Online/Offline) Weekly within the college Routine.*

JOB OPPORTUNITY

- *Computer certificate is now becomes very much mandatory for any Sector Job. This Certificate will complete the criteria of any Govt. & Private sector Job In future.*
- *Job Guaranteed at end of course completion in various Govt. & Private Limited concern from Webel.*

NOTICE & CONTACT US

On behalf of webel, all the 1st year students are hereby strongly advice to take admission in any one of Diploma or Certificate courses in the coming New Year 2021.

The admission Form will be available on or after 10th July 2021 in the College Website. Fill up the Google form and submit the filled form.

Any further related queries about course content & course fees, contact in the followings:

Mob: 9681172702/ 7003803572/ 9748182498/ 9143043087

PROCEDURE TO PAY IN THE WEBEL COMPUTER COURSE

1. Go to the website **SBI COLLECT**, then click **STATE BANK COLLECT** or ctrl + click the link below:
<https://www.onlinesbi.com/sbicollect/icollecthome.htm>
2. Tick the Terms & Conditions box,
 I have read and accepted the terms and conditions stated above
Then, Click **PROCEED**.
3. Choose the State of Corporate / Institution: **WEST BENGAL**
Choose the Type of Corporate / Institution: **EDUCATIONAL INSTITUTIONS**
Then, Click **GO**.
4. Choose the Educational Institutions Name: **SOUTH CALCUTTA GIRLS COLLEGE**
Then, Click **SUBMIT**.
5. Select payment category : **CAREER ORIENTED COURSES**
6. Fill up simple form with your **Name, Roll, Subject, year, Mobile No., Course (WEBEL COMPUTER TRAINING COURSE), Webel fees (Rs. 1800/ Rs. 1000/ Rs. 500/ Rs. 600/), Date Of Birth, E-mail** etc then click **SUBMIT**.
7. Choose your payment option (**DEBIT / CREDIT cards**), fill up your card payment credentials, and complete the payment.

Notice for Admission in WEBEL

WEBEL COMPUTER CENTRE

Conducted by:

WEBEL

(A Govt. of West Bengal Undertaking)

Introduces

DIPLOMA IN PC APPLICATION

LEARN COMPUTER WHILE STUDYING IN COLLEGE

Course:

Duration: 1 years (120 hours)		Duration: 2 years (160 hours)	
Science	Humanities	Science	Humanities
<ul style="list-style-type: none">• Fundamental & OS (Win XP/Win10)• MS Office (Word , Excel, PowerPoint , Access)• Photo Editing Tool(Photoshop)• Structured Programming Language –“C”• Internet email	<ul style="list-style-type: none">• Fundamental & OS (Win XP/Win10)• MS Office (Word , Excel, PowerPoint .)• Graphic Design Software(CorelDraw)• Photo Editing Tool(Photoshop)• Internet email	<ul style="list-style-type: none">• Fundamental & OS (Win XP/Win10)• MS Office (Word , Excel, PowerPoint , Access)• Data Base Programming using Visual Basic• Photo Editing(Photoshop)• Structured Programming Language –“C”• Internet email• 2D Animation(Flash)• ASP.NET• Visual Basic.NET• PC Troubleshooting• Concept in Networking(LAN/WAN/MAN)	<ul style="list-style-type: none">• Fundamental & OS (Win XP/Win10)• MS Office (Word , Excel, PowerPoint .)• Graphic Design Software(CorelDraw)• Photo Editing Tool(Photoshop)• Internet email• Graphics editing Tools (Illustrator)• Regional Font (Bangla/Hindi)• 2D Animation (Flash)• Web Designing Tool (Dreamweaver)• Web-Scripting Tool HTML, CSS, Java Script

Contact for further enquiry: 9748182498/9143043087/9681172702

Course Content:	
Arts	Science
Computer Fundamental & Operating System.	Computer Fundamental & Operating System.
MS Office 2007	MS Office 2007
Photoshop, Corel Draw, Illustrator	Photoshop
Bengali Word	C Programming, V.B., V.B. Net
Flash, Dreamweaver, Freehand	Flash, PC Troubleshooting, ASP.Net
Java Script & Internet	LAN, MAN, WAN & Internet

Photographs of Course Content of South Calcutta Girls' College Computer Centre

SOUTH CALCUTTA GIRLS' COLLEGE
WEBEL COMPUTER CENTRE
ADMISSION LIST FOR SESSION - 2021 -22

Serial No.	Students Name	Department
1	Rima Das	Education
2	Supritty Samaddar	Education
3	Ummay Kulsum Abbas	Botany
4	Jaba Mondal	Political Science
5	Zainab Hussain	Political Science
6	Shaque Siba Ahmed	B.A. General
7	Annasha Das	Journalism
8	Madhurima Das	Botany
9	Sherya Manjhi	Education
10	Arpita Maiti	Botany
11	Ananya Goswami	Education
12	Aditi Bhattacharya	Education

Deepanjana Chowdhury

Deepanjana Chowdhury
College Co-ordinator

31.03.2022

Name of Students took admission in WEBEL Computer Centre

