



# South Calcutta Girls' College

## 5.1.3

### INDEX

<b>DOCUMENTS</b>	<b>PAGE NO</b>
<b>Soft Skill</b>	1-22
Counselling: Personal Counselling Group Counselling Observance of Students' Week	1-12
Suicide Prevention Day	13-17
Mentoring Induction Programme	18-22
<b>Life Skill</b>	23-73
Yoga & Meditation	23-27
FITINDIA FREEDOM RUN FIT INDIA FREEDOM WEEK	28-40
Activities regarding Health and Hygiene	41-72
Rules and Regulations Related to Health and Hygiene	73
<b>ICT/Computing Skill</b>	74-78
Report of Computer Training Course Conducted by WEBEL INFORMATICS LTD.	74-78

**Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc.**

**SOFT SKILL**

**Programmes of Soft Skill Development:**

<b>Year</b>	<b>Events</b>
<b>2023-24</b>	<ul style="list-style-type: none"><li>▪ <b>PersonalCounselling</b></li><li>▪ <b>Group Counselling</b></li><li>▪ <b>Suicide Prevention Day</b></li><li>▪ <b>Mentoring</b></li><li>▪ <b>Induction Programme</b></li></ul>

## **PERSONAL COUNSELLING**

**COUNSELLING CELL** remains open every Wednesday from 12pm to 4pm. There is a separate room for counselling within the college premises. All the information shared by students are remained strictly confidential. Every year nearly about 70-100 students take counselling help with satisfactory result. Counselling cell always help students to set their individual goals and maintain academic standards. It is also important to take one's own mental health as it affects individual's emotion, thinking, feeling, and physiological health also. In individual counselling session, student learns to understand their emotions, deal with anger, clear their doubts and conflict. During individual session students are also trained on how to strategies and take meaningful decisions.

## **ACTIVITY REPORT OF COUNSELLING CELL: 2023-24**

### **INDIVIDUAL SESSION:**

The psychological counselling cell of South Calcutta Girls' College remains open every Wednesday 12 noon to 4 pm. This academic year cell had conducted sessions both online and offline. The sessions were divided into two segments. Group sessions and individual sessions. The subject of the group session was selected based on student suggestions. Group sessions are to create awareness of different areas of mental health. Apart from that, the Psychological Counseling Cell and the Department of Psychology together organized World suicide prevention day, Gatekeeper training, and observed Students' Week. Individual session number is 20.

### **GROUP SESSION**

- The counselling cell also conducts Group Sessions. In session 2023-24, Group Sessions were Started from 9.8.2023. It was an introductory session.
- The second session was held on 18.8.2023 and it was about **HOW TO IMPROVE CONCENTRATION LEVEL**. It was discussed that focus refers to the ability to direct one's attention towards a specific task and Concentration refers to the ability to continue that ability for longer. In short sustained attention is called concentration. To improve it one should identify and eliminate distractions. Proper sleep, reducing multi-tasking and making short goals may improve. 6 students participated in that session.
- The third session was held on 23.08.2023 in offline mode. The topic was **CAREER COUNSELLING**. Pursuing a career of utmost importance is to continue a disciplined life, time management, and prioritize goals in life. Being focused on the present will help to identify and overcome obstacles. The topic was discussed with utmost care. 21 students participated in that session.

- The next session was arranged on 7.03.2024. and the topic was **PSYCHOLOGICAL COUNSELING ON SOCIAL STIGMA, IT'S IMPACT AND COPING.** It was explained in that session that the social stigma is still prominent in our society. As a social being, it is our duty to protest against such stigmatization and promote or be aware of taking care of mental health and ask for professional help if needed. 15 students participated in that session.
- The next session was organized on 13.03.2024. The topic was **HOW TO FACE INTERVIEW.** It was discussed in that session that an Interview is basically organized to see confidence, attitude, and communication skills. 9 students participated in that session.
- The next two sessions were arranged on 20.03.2024 and 27.03.2024. The topics discussed were **RESOLUTION OF CONFLICTS (SELF AND ENVIRONMENT)** and **BOOSTING OF SELF ESTEEM** respectively. Two online sessions were held on 05.04.2024 and 24.04.2024 respectively. The first session was a **REVIEW SESSION.** The session was aimed at taking reviews from the students and what topics they wanted in the future to discuss. 12 students participated in that session. The topic of the other session was to **DEAL WITH RELATIONSHIPS, FEELINGS CHALLENGES TO IT.** 25 students participated in that session.

**INDUCTION PROGRAMME** was conducted with the newly admitted students on 2.08.2023. The session was about a small introduction about psychological counseling cell and what is counselling. 130 students attended this session.

The Counselling Cell organized a session on the topic **DEALING WITH ANXIETY** on 05.08.2023. Anxiety or feeling nervous is a very normal emotion or natural response to any crisis situation. However, sometimes it's makes difficult our days. Excessive worry, restlessness, palpitation, sweating, nausea etc may hamper daily routine. With these symptoms, it's difficult for someone to sustain attention. The session is all about discussing all these and how to organize thoughts, during those difficult times. 44 students attended that session.

The Counselling Cell organized a programme on **INTERNET ADDICTION** on 06.12.2023. It was discussed in that programme that the Internet is an essential part of our daily life. But excessive use of it will increase behavioural dependency. In modern language, it's called activity addiction.

Celebration of **STUDENTS' WEEK** was organized on 3.01.2024. 48 students participated in this programme. Students' stress management was discussed in that programme. It was explained that stress is inevitable in daily life. Stress is a normal human response that prompts one to address challenges and threats in daily life. Taking alcohol, and smoking are negative responses to stress. Students are advised to take a balanced diet, enough sleep, and practice relaxation. This may help to deal with stress. Ask for counselling and medication if needed.

## **NOTICES REGARDING THE ACTIVITIES OF COUNSELLING CELL**

**SOUTH CALCUTTA GIRLS' COLLEGE  
PSYCHOLOGICAL COUNSELLING CELL  
NOTICE**

NOTICE NO - 071/2023-24

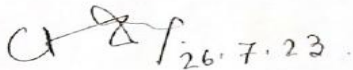
DATE-26.7.2023

**INDUCTION PROGRAMME 2023**

An Induction Programme for Semester 1 will be organized by Psychological Counselling Cell on 2.8.2023 at the college auditorium (3<sup>rd</sup> floor) according to the following schedule.

SUBJECT	TIMING
Bengali, Political Science, Zoology, Mathematics, Economics, Philosophy, Physiology, Sociology, Chemistry, Education, English, Geography, Statistics	2 PM
Botany, History, Journalism, Psychology, Sanskrit.	3 PM

All the HODs are requested to inform their respective department students to attend the session by following the above schedule.

  
Principal & Secretary  
Principal & Secretary  
South Calcutta Girls' College  
72, Sarat Bose Road, Kolkata-25

### **Notice of Induction Programme of Counselling Cell**

South Calcutta Girls' College  
Psychological Counselling Cell

Notice no. 0093 | 2023-2024

Date: 08-08-23

This is to notify that Psychological Counseling Cell will conduct Group Session for semester I students in the following schedule in Room No: 208

DATE	DEPARTMENT	TIMING
9.8.2023	Bengali, Political science, Zoology, Mathematics, Economics, Philosophy, Physiology, Sociology, Chemistry	12-12.30PM
9.8.2023	Education, Statistics, Geography, Sanskrit, Botany, History, Psychology, Journalism	3-3.30PM

08/08/23

08/08/23

Principal & Secretary  
Principal & Secretary  
South Calcutta Girls' College  
72, Sarai Bose Road, Kolkata-25

South Calcutta Girls' College  
Psychological Counselling Cell

Notice no: 0113/2023-24

Date:17.08.2023

This is to notify that Psychological Counseling Cell will conduct Group Session for semester I students in Room No 208 in the following schedule:

DATE	DEPARTMENT	TIMING
18.8.2023	Bengali, Political science, Zoology,Mathematics,Economics,Philosophy,Physiology	12-12.30PM
18.8.2023	Sociology,Chemistry,Education,Statistics,Geography, Sanskrit, Botany,History, Psychology, Journalism	3-3.30PM

*Principals*  
17/8/2023

*CS* 17-8-23.

Principal & Secretary

Principal & Secretary  
South Calcutta Girls' College  
72, Saret Bose Road, Kolkata-2<sup>nd</sup>



**SOUTH CALCUTTA GIRLS' COLLEGE  
PSYCHOLOGICAL COUNSELLING CELL**

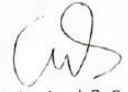
Notice No: 0115/2023 -24

Date: 18.8.2023

This is to notify that Psychological Counselling Cell will conduct group session for semester I students in room no 208 in the following schedule:

DATE	DEPARTMENT	TIMING
23.8.2023	Bengali, Political science, Zoology, Mathematics, Economics, Philosophy, Physiology	12- 12.30 PM
23.8.2023	Sociology, Chemistry, Education, Statistics, Geography, Sanskrit, Botany, History, Psychology, Journalism	3-3.30 PM

  
18.8.2023

 18/8/23  
Principal & Secretary  
South Calcutta Girls' College  
72, Sarat Bose Road, Kolkata-75

South Calcutta Girls' College  
Psychological Counselling Cell  
Notice for month of September and October-2023

Notice no. 0175/2023-24

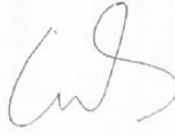
Dated 11.09.2023.

This is to notify that Psychological Counseling Cell will conduct Group Session every Wednesday of the week for semester I, III and V students in the following schedule in Room no 208

Semester	DEPARTMENT	TIMING
I	Bengali, Political science, Zoology, Mathematics, Economics, Philosophy, Physiology	12-12.30PM
I	Sociology, Chemistry, Education, Statistics, Geography, Sanskrit, Botany, History, Psychology, Journalism	12.30-1PM
III & V	Botany, Economics, Journalism & Mass communication, Geography, Psychology, Zoology, B.Sc general	1-1.30 PM
III & V	Bengali, English, Education, History, Political Science, Philosophy, Sociology, B.A general	1.30-2 PM

Individual session will be conducted from 2 pm onwards in counselling room.

one  
11/9/23.

  
11.9.23  
Principal & Secretary



# South Calcutta Girls' College

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ISO 9001 : 2015 Certified

## NOTICE

Psychological Counselling Cell

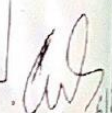
Notice No: 500/2023-2024

Dated: 6.03.2024

This is to notify that Psychological Counselling Cell will conduct Group session for Semester VI (Both Hons and Genera) in the following Schedule in Room No 209

Date	Department	Timing	Topic
7.03.2024 (Thursday)	Bengali, Botany, English, Education Geography, Sanskrit and B.Sc General	12:00- 12:30 pm	Psychological Counselling (On Social Stigma, Its impact and coping)
	Journalism, Philosophy, Pol Science, Psychology, History, Sociology, Zoology and B.A General	12:30- 1:00 pm	
1. 13.03.2024 2. 20.03.2024 3. 27.03.2024 (Wednesdays)	Bengali, Botany, English, Education Geography, Sanskrit and B.Sc General Journalism, Philosophy, Pol Science, Psychology, History, Sociology, Zoology and B.A General	12:00- 12.30 pm 12.30- 1:00 pm	1. How to face a interview 2. Resolution of conflicts ( self and environment) 3. Boosting of self esteem

DPE  
6/3/2024.

  
Principal & Secretary



**South Calcutta Girls' College**  
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 ISO 9001 : 2015 Certified

72, Sarat Bose Road  
 Kolkata - 700 025

Phone - (Principal) :  
 (Office) :

e-mail : southcalcuttagirlscollege@gmail.com

Date .....

Reference No. ....

NOTICE

PSYCHOLOGICAL COUNSELLING CELL

Date: 03.04.2024

Notice No: 0556/2023-2024

This is to notify that psychological counselling cell will conduct Group Session for semester VI and IV (both hons and general) in the following schedule. Google link will be send to respective HODS and Coordinators.

DATE	DEPARTMENT	TOPIC	MODE	TIME	SEMESTER
5.4.2024	Bengali, Botany, English, Economics Education, Geography, Sanskrit, and B.sc General	Review session	OFFLINE ROOM NO 209	12-12.30PM	VI
5.4.2024	Journalism, Philosophy, Political Science, Psychology, History, Sociology, Zoology, BA general	Review session	OFFLINE ROOM NO 208	1-1.30 PM	VI
24.4.2024	Bengali, Botany, English, Economics Education, Geography, Sanskrit, and B.sc General	Deal with relationship, feelings & challenges to it	Online Google meet	12-12.30PM	VI & IV
24.4.2024	Journalism, Philosophy, Political Science, Psychology, Zoology, BA General	Deal with relationship, feelings & challenges to it	Online Google meet	1-1.30 PM	VI & IV

*CWS* 03.4.24

Principal & Secretary

**Principal & Secretary**  
 South Calcutta Girls' College  
 72, Sarat Bose Road, Kolkata-25

JPE  
 3/4/2024  
 8.4.2024

**Notices of Group counselling Session**



**South Calcutta Girls' College**  
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72, Sarat Bose Road  
Kolkata - 700 025

Phone - (Principal) : 2454-2265  
(Office) : 2475-3785

e-mail : southcalcuttagirlscollege@yahoo.com

Reference No. ....

Date .....20

Notice No. 319/2022-23

Date: 23/12/2023

**Observance of Students' Week 2.1.2024-8.1.2024**

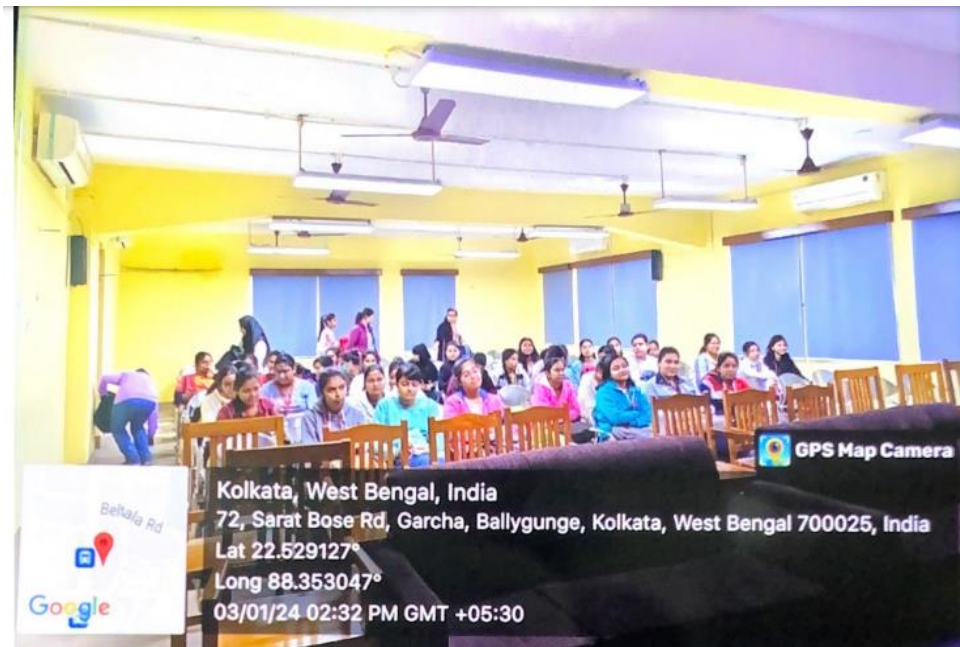
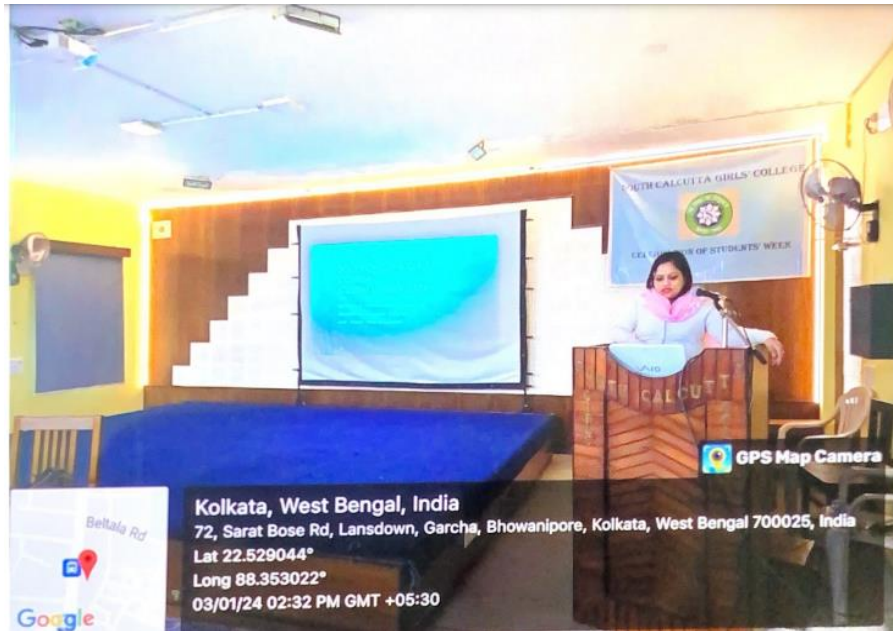
Date	Time	Activities	Organized/To be Addressed by	Room No.
2.1.23	11.00am	Lecture on student welfare activities	SC, RSG	304
	11.00am	Help desk for discussion on student credit card	RC(Beng),TM(Eng)	
	1.00 pm	PPT on various Government scholarships, freeship of students	PM (Psy)	304
3.1.23	12.00pm	Principal will meet the guardians of semester-I Sub- ENGA,GEOA,JORA,BOTA,ZOOA	Principal	304
	1.00pm	Principal will meet the guardians of semester-I Sub -BNGA, EDCA,HISA,PLSA, PSYA,SOCA B.A(GEN),B.Sc(GEN)	Principal	304
	2.00pm	Program on Psychological Counselling for student stress management	Counselling Cell	304
4.1.23	12.00pm	Lecture on Career Counselling in the age of AI	Dr. Uma Shankar Pandey Associate Professor, H.O.D , Journalism & Mass Communication. Surendranath College for Women	304
	1.00pm	Discussion on Digital Education	SKD	304
5.1.23	12.00pm	Drawing competition	SB,SM,CL	305
	1.00pm	Health and Hygiene awareness programme	BD, SK	304
6.1.23	11 am	Programme on Ethics and Human values	NG	304
	12.00pm	Recitation Competition	MC(Beng), BB	304
8.1.23	12.00pm	Quiz competition	NS,PM,KB	304
	1.00pm	Dance competition	MM(Beng), AB(Lib),	304

Sd/-

Principal & Secretary

**Notice of Observance of Students' Week**

**PHOTOGRAPHS OF OBSERVANCE OF STUDENTS' WEEK**

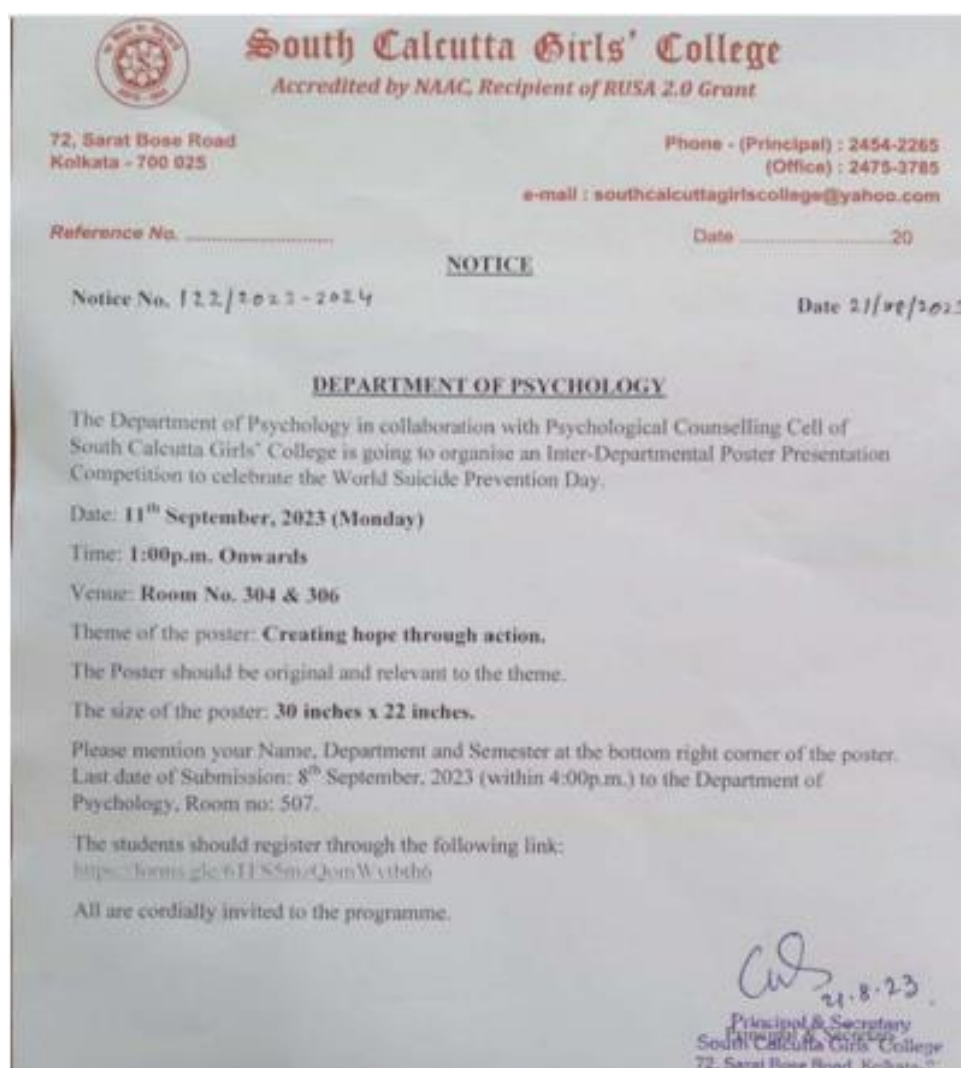


**Programme on Students' stress management to celebrate Students' Week**

## Suicide Prevention Day

Department of Psychology in collaboration with Counselling Cell, South Calcutta Girls' College organized IQAC promoted Inter-Departmental Poster Presentation Competition to observe "World Suicide Prevention Day" on 11.09.2023. The number of students participated in that event was 20. The aim of the Programme was to spread awareness and about the various preventive measures which essentially need to be undertaken. There was an active participation of Teaching and Non-Teaching staff, as well as students of the various departments of the College. Participants shared a positive feedback regarding the importance of the event and learning positive values.

### NOTICE OF SUICIDE PREVENTION DAY



**South Calcutta Girls' College**  
Accredited by NAAC, Recipient of RUSA 2.0 Grant

72, Sarat Bose Road  
Kolkata - 700 025

Phone - (Principal) : 2454-2285  
(Office) : 2475-3785  
e-mail : southcalcuttagirlscollege@yahoo.com

Reference No. \_\_\_\_\_ Date \_\_\_\_\_ 20

**NOTICE**

Notice No. 122/2023-2024 Date 21/08/2023


**DEPARTMENT OF PSYCHOLOGY**

The Department of Psychology in collaboration with Psychological Counselling Cell of South Calcutta Girls' College is going to organise an Inter-Departmental Poster Presentation Competition to celebrate the World Suicide Prevention Day.

Date: 11<sup>th</sup> September, 2023 (Monday)  
Time: 1:00p.m. Onwards  
Venue: Room No. 304 & 306  
Theme of the poster: **Creating hope through action.**  
The Poster should be original and relevant to the theme.  
The size of the poster: **30 inches x 22 inches.**  
Please mention your Name, Department and Semester at the bottom right corner of the poster.  
Last date of Submission: 8<sup>th</sup> September, 2023 (within 4:00p.m.) to the Department of Psychology, Room no: 507.  
The students should register through the following link:  
<https://forms.gle/6T1S5mzQmWvtdh6>  
All are cordially invited to the programme.

*CWS*  
21.8.23  
Principal & Secretary  
South Calcutta Girls' College  
72, Sarat Bose Road, Kolkata-700025

### Notice for a Poster Presentation Competition on World Suicide Prevention Day

 **South Calcutta Girls' College**  
72, Sarat Bose Rd, Garcha, Ballygunge,  
Kolkata, West Bengal 700025

**IQAC promoted Observance of the  
"World Suicide Prevention Day"**


**Theme:**  
*"Creating Hope Through Action"*

**INTER-DEPARTMENTAL  
POSTER PRESENTATION COMPETITION**

Organised by the Department of Psychology  
in collaboration with Psychological  
Counselling Cell

*On 11/09/23 at 1:00pm onwards at Room no.  
304 & 306. Students are required to enroll  
through the Google form*

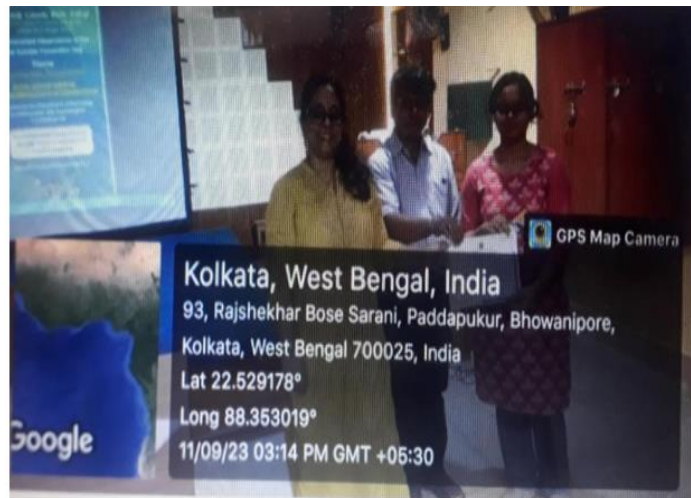
<https://forms.gle/6TF55mzQomWvtbth6>



**Flyer of the event**



**PHOTOGRAPHS OF CELEBRATION OF SUICIDE PREVENTION DAY**



**IQAC promoted Inter-Departmental Poster Presentation Competition to observe “World Suicide Prevention Day.”**

## Attendance list

### DEPARTMENT OF PSYCHOLOGY

TOPIC: IGAC Promoted Inter-Departmental Poster Presentation Competition  
for the Observance of the 'World Suicide Prevention Day'  
Date - 11.09.2023

NAME	SEMESTER	DEPARTMENT	HONS/GEN	SIGNATURE
Uma Sheel	V	Psychology	Hons	Uma Sheel 11/09/23
Akhana Das	V	Psychology	Hons	Akhana Das 11/9/23
Pragya Das	V	Psychology	Hons	Pragya Das 11/09/23
Ritaja Bandyopadhyay	V	Biotechnology	Hons	Ritaja Bandyopadhyay 11.09.23
Anushka Sarkar	V	Psychology	Hons	Anushka Sarkar 11.09.23
Arunshi Sen	V	Psychology	Hons	Arunshi Sen 11/9/23
Shreeranta Saha	V	Psychology	HONS	Shreeranta Saha 11/9/23
Rupanjana Das	II	Psychology	Hons	Rupanjana Das 11/9/23
Sanjana Vasdev	I	B.A Gen	Gen	Sanjana Vasdev 11/9/23
Snehastree Maity	I	PSYCHOLOGY	Hons	Snehastree Maity 11/9/23
Ghampa Jete	I	Psychology	Hons	Ghampa Jete 11.09.23
Panchali Ghain	I	Psychology	Hons	Panchali Ghain 11.09.23
Punba Goswami	I	Psychology	Hons	Punba Goswami 11.9.23
Mahima Choudhury	I	Psychology	Hons	Mahima Choudhury 11/9/23
Titli Halder	I	Psychology	Hons	Titli Halder 11.9.23
Pousheli Khanna	I	Psychology	Hons	Pousheli Khanna 11.9.23
Zainab Baisar	I	Psychology	Hons	Zainab Baisar 11.9.23
Sampurna Kumar	I	Psychology	Hons	Sampurna Kumar 11.9.23
Snigdha Pal	I	Psychology	Hons	Snigdha Pal 11.09.23



**Room of Counselling Cell**

## **Mentoring:**

A strong student mentoring system is available in the institution. At the beginning of the session, an induction program is organized by the institution where the Principal delivered lectures to make the students familiar about the vision and mission of the college, the facilities available, rules and regulations of the College and the affiliating University. Department level orientation programs have also been arranged. Mentor-Mentee system has been introduced by the institution since 2019-20. In this system each mentor is very much aware about all the details of the mentees. A database of students containing the name, date of birth, address, Aadhar No, email ID, caste, course, club memberships, first generation learner or not, financial condition, medical issues if any etc. is prepared and maintained by the mentor. The mentor prepares the database using admission data and by direct conversation with each mentee. The mentee can approach her mentor with any problem whatsoever. The mentor maintains records of the mentee's performance in all the examinations. Continuous assessments of mentees are done at regular intervals through class tests, tutorials and student presentations. The mentor keeps a record of the mentee's academic performance, regular attendance and guides her on how to improve her scores. Faculty members take initiative for the improvement of slow learners. The library is well stocked with books and journals even for advanced readings. The college has a counselling cell for all the students. The counsellor provides personal counselling if needed also. Special lectures are arranged by the cell for Improving the mental health of the students. Special guidance is given to the hostel students for their academic and overall activities. Several clubs and cells pertaining to environmental, socio-cultural concerns are formed to enhance the awareness of the students by organizing different programmes. Almost all the departments take initiatives to involve students in different activities like student seminar, debate, quiz Wall magazine, poster presentation etc. to motivate them to express their special skill and creativity. Different clubs have also encouraged students to participate in activities for their all-round developments. The Physical activity club has organized regular online yoga classes through google meet platform. • Apart from traditional teaching -learning method, ICT tools are used by the teachers for effective teaching. Due to Covid-19 pandemic condition almost all the teachers are taking online classes using various platforms. The college has introduced "G-Suite for Education" for effective online teaching-learning process. Through Google classroom made for each semester, every faculty member uploads audio and video lectures, and through Google meet, online classes have been scheduled. Students are assigned to class works which are evaluated online. Our moto is to monitor all round development of the student. The date of implementation of Mentor-Mentee system was 16.07.2019. 757 students were engaged in this system in 2023-24.

## **NOTICE OF MENTOR MENTEE LIST**



### **South Calcutta Girls' College**

*Accredited by NAAC, Recipient of RUSA 2.0 Grant*

72, Sarat Bose Road  
Kolkata - 700 025

Phone - (Principal) : 2454-2265  
(Office) : 2475-3785

e-mail : southcalcuttagirlscollege@yahoo.com

Reference No. ....

Date .....20

#### **NOTICE**

Notice No . 0152/2023-2024

Date : 04.09.2023

All HOD's are requested to arrange **Learning Level Detection Test** for the **I st Semester** Students and prepare **Mentor - Mentee** list within 22.09.2023.

*Rehana Khatun,*  
04.09.2023  
**IQAC Coordinator**  
Co-ordinator, IQAC  
South Calcutta Girls' College

*Chy. 04-9-23*  
**Principal & Secretary**  
Principal & Secretary  
South Calcutta Girls' College  
72, Sarat Bose Road, Kolkata-25

### **Notice for Mentor-Mentee List 2023-24**

## **Induction Programme:**

Induction programme for the the first-semester students was held on 01.09.2023. The number of students attended the programme was 161. The principal addressed the students of 1<sup>st</sup> semester with a warm welcome and enlightened them through the PowerPoint Presentation which was followed by the departmental interactions. All departments of the college conducted the programme separately. There was a brief introduction of each of the departments given by the departmental heads. Each department showed a PowerPoint Presentation giving a detailed description of the department, history of the department, students strength, syllabus, examination procedure, result, course outcome etc.

## **NOTICE OF INDUCTION PROGRAMME IN 2023-2024**

### **SOUTH CALCUTTA GIRLS' COLLEGE**

Notice No. 0139/2023-2024

Date: 31.08.2023

### **Induction Programme of 1<sup>st</sup> Semester Students**

The Induction Programme of 1<sup>st</sup> Semester students for the academic session 2023-2024 will be held on **1.9.2023 at 12.30 p.m.** in the College Auditorium. All the concerned students are instructed to join the programme.

Sd/-  
Principal & Secretary

### **Notice for induction programme**

## PHOTOGRAPHS OF INDUCTION PROGRAMME





**Induction Programme for First semester students**



## **LIFE SKILL**

### **PROGRAMMES OF LIFE SKILL DEVELOPMENT**

<b>Year</b>	<b>Events</b>
<b>2023-24</b>	<ul style="list-style-type: none"><li>▪ <b>Yoga &amp; Meditation</b></li><li>▪ <b>Fit India Freedom Run 4.0</b></li><li>▪ <b>Fit India Freedom Week</b></li><li>▪ <b>Health and Hygiene</b></li></ul>

### **REPORT OF YOGA CLASSES IN 2023-2024**

The college has a **Multi-Gymnasium** with modern equipment. The Gym trainer Smt. Sutapa Ghosh trains the students in **Yoga** as well. **Meditation** was held in college gymnasium under the supervision of Gym trainer Smt. Sutapa Ghosh. Physical activity Club of South Calcutta Girls' College has started Yoga classes from 07.08.2023. According to the routine, the timing is from 11.30 a.m. to 5 p.m. on Monday, Thursday, and Saturday. The Yoga instructor Smt. Sutapa Ghosh guides our students through theory and practical classes. Students from every department of our college can join as per their routine. Interested students can join every day with prior permission. The students are also informed about various Yoga competitions and workshops. The students who have completed 30 hours or more in a yoga session of six months can get a certificate after the theory and practical examination. Members of physical activity club and yoga instructor are continuously working to make the students free from any stress.

**NOTICE FOR THE COMMENCEMENT OF YOGA CLASS**



**South Calcutta Girls' College**

**NOTICE**

Notice No. 0085/2023-2024


Date: 03.08.2023

An Induction Programme on College Gymnasium and Yoga Class will be held on 07.08.2023 at 3 pm in room no. 304. All the students of 1<sup>st</sup> semester must attend the programme.

Patralekha Mishra  
3/8/2023

Kamalika Banerjee  
3/8/2023

Trojparna Mukherjee  
3/8/2023

 03.8.23

Principal & Secretary

**Notice of the Induction Programme of Yoga class**



# South Calcutta Girls' College

## NOTICE

Notice No. 0147/2023-2024

Date: 02.09.2023

### Schedule of Yoga and Gym Classes

It is hereby notified that the yoga and gym classes are held according to the following schedule. All the students should attend the classes.

Day: Monday, Tuesday and Thursday

Time: 11.30 am to 5 pm

Venue: College Gymnasium

*Kamakhya Banerjee*  
2.9.2023  
*Tarpona Mukherjee*  
2.9.2023

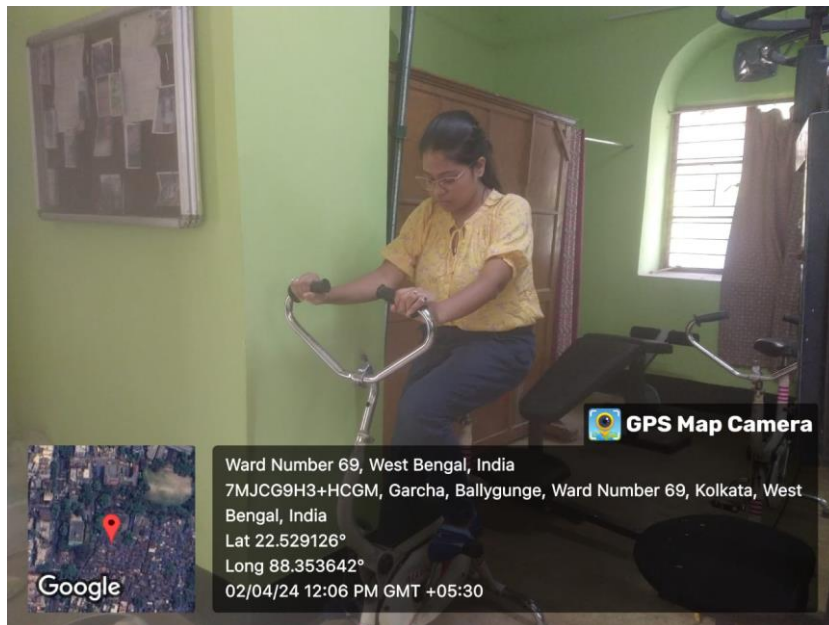
*CW* 02.9.23  
Principal & Secretary  
~~Principal & Secretary~~ College  
72, Sarat Bose Road, Kolkata-7

### Notice of commencement of Yoga class

**PHOTOGRAPHS OF YOGA CLASSES AND ACTIVITIES IN COLLEGE GYMNASIUM**



**Yoga class**

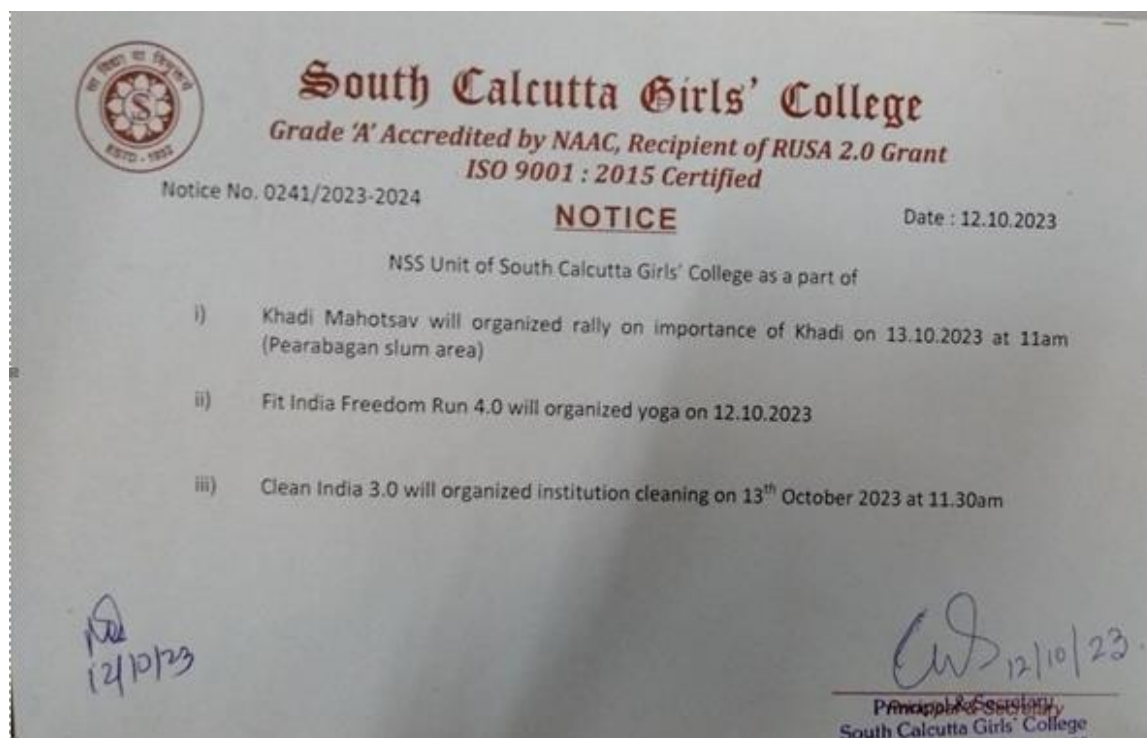


**College gymnasium**

### **THE FIT INDIA FREEDOM RUN 4.0**

This year, Fit India Mission has decided to organize the Fit India Freedom Run 4.0 from 1<sup>st</sup>October to 31<sup>st</sup>October 2023. Being part of this movement, The NSS unit of South Calcutta Girls' College organized Fit India Freedom Run 4.0 on 12.10.2023. Yoga was organized in an online platform. The volunteers of NSS participated in the Yoga.

### **NOTICE OF FIT INDIA FREEDOM RUN 4.0**



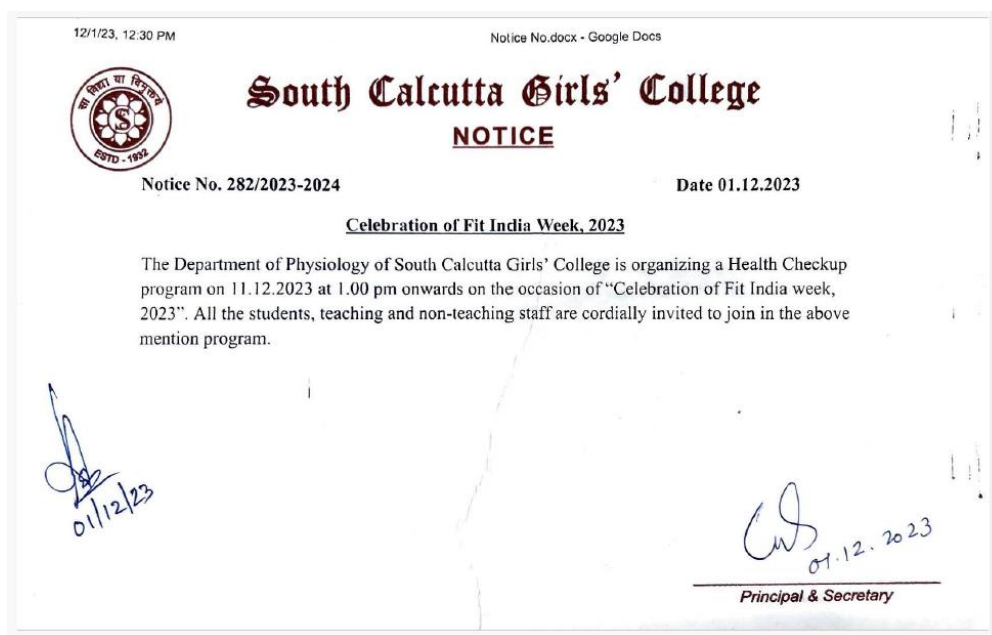
### **Notice of Fit India Freedom Run 4.0 organized by NSS unit**

### **THE FIT INDIA FREEDOM WEEK**

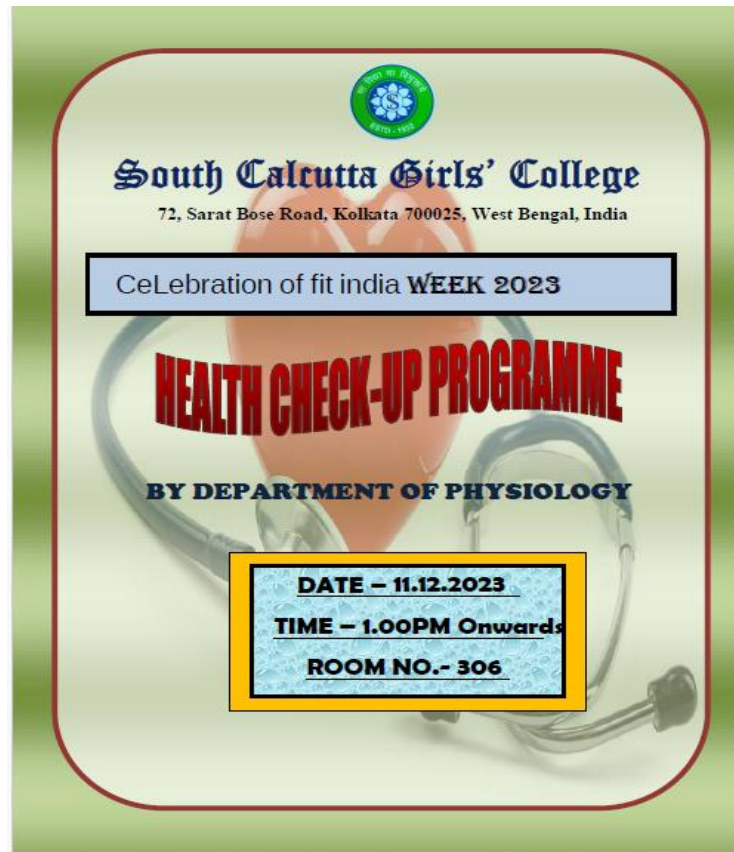
- The Department of Physiology organized a Health Check-up programme on 11.12.2023 at 1 pm onwards at room number 306 on the occasion of "Celebration of Fit India Week. 36 students and 15 teachers participated in that event.
- The physical activity club organized a Yoga competition on 12.12.2023 at 12 noon as part of FIT INDIA WEEK 2023-24. Students of our college actively took part in the session. The total number of students participated was 31.

- Quiz and Debate Club organized a quiz competition to celebrate Fit India Week. The competition was held on 14.12.2023 at 1 pm at the college auditorium. The theme of the quiz was 'Fitness and Sports'. Students from different disciplines such as Philosophy, History, Education, Journalism and Mass Communication, Zoology, Psychology, English, and Geography participated in the programme. Eighteen participants were divided into nine teams of two members each. Questions were asked from different aspects of fitness and sports all around the world. Questions in the form of audio-visual clippings were also shown. The students were very enthusiastic and their performance was quite praiseworthy. Out of the nine teams, three teams managed to secure the top three positions after fighting in a close competition. All the students received certificates for participation. Dr. Nayana Sharma Mukherjee, Associate Professor in the Department of History and Dr. Patralekha Mitra, Associate Professor in the Department of Philosophy conducted the quiz.

### **NOTICES OF THE FIT INDIA FREEDOM WEEK**



### **Notice of Health Check-up programme to celebrate FIT INDIA FREEDOM WEEK**




**Flyer of the event**




**Notice of Yoga Competition to celebrate FIT INDIA FREEDOM WEEK**




**SOUTH CALCUTTA GIRLS' COLLEGE**  
 72, SARAT BOSE ROAD, KOLKATA-700025

**IQAC AND PHYSICAL ACTIVITY CLUB**  
 IS GOING TO ORGANISE  
**INTRA COLLEGE YOGA COMPETITION**




**ON 12<sup>TH</sup> DECEMBER 2023**  
**TIME : 12 Noon Onwards      VENUE : Room No. 306**

<ol style="list-style-type: none"> <li>1. PADMASANA</li> <li>2. VAJRASANA</li> <li>3. VUJANGASANA</li> <li>4. CHAKRASANA</li> <li>5. VRIKSHASANA</li> <li>6. PADAHASTASANA</li> <li>7. VADRASANA</li> <li>8. GOMUKHASANA</li> <li>9. USTRASANA</li> <li>10. HALASANA</li> </ol>	<b>RULES AND REGULATION:</b> <ol style="list-style-type: none"> <li>1. PARTICIPANTS CAN CHOOSE ANY FIVE ASANAS FROM THE LIST.</li> <li>2. HOLD TIME 10 SEC MINIMUM FOR EACH ASANA</li> <li>3. ALL PARTICIPANTS WILL RECEIVE THE CERTIFICATE.</li> <li>4. REGISTRATION LINK <a href="https://forms.gle/v3G9MD13qQcrJXs57">https://forms.gle/v3G9MD13qQcrJXs57</a></li> </ol>
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**All are cordially invited**

Flyer of the event



**South Calcutta Girls' College**  
 Grade 'A' Accredited by NAAC, Recipient of RUSA 2.0 Grant  
 ISO 9001 : 2015 Certified

Notice no: 280/2023-24      **NOTICE**      Date: 30.11.2023  
Celebration of Fit India Week 2023

The Quiz and Debate Club is organising a Quiz Competition on 14.12.2023 at 1:00 pm on the theme: 'Fitness and Sports.' Participation is open to two-member teams. Students are requested to submit their names to their Head of the Department.

*[Signature]*  
 Pm  
 30/11/2023

*[Signature]* 30/11/23.  


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 Principal & Secretary

Notice of Quiz Competition to celebrate FIT INDIA FREEDOM WEEK



Flyer of the event

**PHOTOGRAPHS OF CELEBRATION OF FIT INDIA FREEDOM WEEK**





**Health Check-up program to celebrate FIT INDIA WEEK 2023-24**



**Yoga competition to celebrate FIT INDIA WEEK 2023-24**



**Certificate from The Ministry of Youth Affairs and Sports, India**





**Quiz Competition to celebrate FIT INDIA WEEK 2023-24**

**Attendance Sheet**

Snehashree Maity  
Rimita Mukherjee  
Susmita Das  
Tania Nayak  
Sneha Roy  
Nilanjana Dey  
Mantasha Tanwir  
Sangeeta Barik  
Moumita Mondal  
Ahuna Singha Roy  
Paramita Jana  
Kaushani Ganguly  
Riya Naiya  
Tithi Halder  
Sreeparna Roy  
Tanima Niyogi Sinha Roy  
Priyanka Ray  
Semanti Nandi  
Sujata koley  
Mouri Majumdar

Abhijit Mandal  
Sentu Kumar Dey  
Subhankar Mandal  
Ruchira Sengupta  
Sakti Roy Choudhury  
Tina Bose  
Swarnali Debnath  
Ipsita Chakraborty  
Caroline Lepcha  
Patralekha Mitra

**Health Check-up programme**

## South Calcutta Girls' College

ATTENDANCE SHEET

NAME OF THE PROGRAMME :

Intra college Yoga Competition  
Part of Fit India Week

DATE 12.12.2023

SL NO	NAME	ROLL NO	DEPARTMENT	SEMESTER
1	Shagufa Khatoon	23AH381	Education(H)	1st Sem
2	Nikita Roy Mishra	23AH419	Education(H)	1 <sup>st</sup> Sem
3	Sheha Pandey	23AH418	Education(H)	1 <sup>st</sup> Sem.
4	Nitika Bharti	23AH4380	Education(H)	1 <sup>st</sup> Sem
5	Shreya Das	23AH408	Education(H)	1 <sup>st</sup> sem.
6	Poojanka Naha	23AH395	Education(H)	1 <sup>st</sup> sem.
7	Sutapa Das	23AH387	EDU (H)	1 <sup>st</sup> Sem.
8	Ankita Singh	22AH464	HIS(H)	3 <sup>rd</sup> Sem
9	Bireti Kumari	22AH466	HISA	3 <sup>rd</sup> sem
10	Reyoti Pandit	22AH465	HIS(H)	2 <sup>nd</sup> Sem
11	Susmita NASKAR	23AG703	B.A(H)	1st Sem
12	Sakanya Patra	22AG723	B.A(H)	3 <sup>rd</sup> sem
13	Prityanka Dutta	23SH105	BSc (Zoology)	1 <sup>st</sup> Sem.
14	Sazia Sultana	23AG720	B.A General	1 <sup>st</sup> Sem.
15	Amili Das	23AH302	B.A Geo(H)	1 <sup>st</sup> Sem
16	Anandita Das	23AH391	B.A Geo (H)	1 <sup>st</sup> sem
17	Purabi Parui	23AH300	BA (Geo(H)	1 <sup>st</sup> sem
18	Dipannita Singh	23AH337	Geo (H)	1 <sup>st</sup> Sem
19	Nishmita Bera	23AH340	Geo(H)	1 <sup>st</sup> Sem
20	Trisha Baidya	23AH399	Geo(H)	1 <sup>st</sup> sem
21	Dipansha Gukh	23AH397	Geo(H)	1 <sup>st</sup> Sem
22	Ankhi Biswas	23AH372	Geo (H)	1 <sup>st</sup> Sem.
23	Arifa Khatoon	23AH411	Geo(H)	1 <sup>st</sup> sem.
24	Diti Saha	23AH335	Geo(H)	1st Sem.

## South Calcutta Girls' College

ATTENDANCE SHEET

NAME OF THE PROGRAMME :

Intra college Yoga Competition  
Part of Fit India Week

DATE 12.12.2023

SL NO	NAME	ROLL NO	DEPARTMENT	SEMESTER
25	Nitarjana Sankar	23AH303	Geo (H)	1 sem
26	Rima Saha	21AH475	PSYA (H)	1 sem
27	Srijayee Kar	23SH120	Zoology(H)	1 Sem
28	Bandana Manna	22AH395	Philosophy (H)	3 Sem
29	Dipansita Adhikary	22AH397	philosophy(H)	3 sem
30	Pooja Das	21AH323	FPCA(H)	5 sem
31	Ankita Ghosh	21AH337	FPCA (H)	5 <sup>th</sup> sem

**Intra College Yoga Competition**



# South Calcutta Girls' College

## ATTENDANCE SHEET

NAME OF THE PROGRAMME: *All India Quiz on Fitness & Sports*

DATE *14.12.2023*

SL NO	NAME	ROLL NO	DEPARTMENT	SEMESTER
1.	Priya Komari	23SH102	Zoology (H)	1 <sup>st</sup>
2.	Samadrita Paul	23SH104	Zoology (H)	1 <sup>st</sup>
3.	Saifayee Kari	23SH120	Zoology (H)	1 <sup>st</sup>
4.	Priyanka Dutta	23SH105	Zoology (H)	1 <sup>st</sup>
5.	Tarisha Bidya	23AH399	Geo (H)	1 <sup>st</sup>
6.	Dipanjana Gupta	23AH397	Geo (H)	1 <sup>st</sup>
7.	Anindita Das	23AH321	"	1 <sup>st</sup>
8.	Nilanjana Sarkar	23AH303	"	1 <sup>st</sup>
9.	Mousumi Chowdhury	23AH390	JORA (H)	1 <sup>st</sup>
10.	Pooja Maity	23AH349	JORA (H)	1 <sup>st</sup>
11.	Snayashi Mondal	23AH350	JORA (H)	1 <sup>st</sup>
12.	Rimkhim Dutta	23AH305	JORA (H)	1 <sup>st</sup>
13.	Shreya Das	23AH408	Edu (H)	1 <sup>st</sup>
14.	Krittika Das	23AG725	BA General	1 <sup>st</sup>
15.	Sazia Sultana	23AG720	BA General	1 <sup>st</sup>
16.	Deepthi Pandit	22AH465	BA H3 (H)	3 <sup>rd</sup>
17.	Ankita Singh	22AH464	BA H3 (H)	3 <sup>rd</sup>
18.	Bandana Mann	22AH395	B.A Phil (H)	3 <sup>rd</sup>
19.	Ayaboni pal	22AH436	Philosophy	3 <sup>rd</sup>
20.	Nilina Ghose	Associate Professor	Philosophy	Ghose 14.12.23
21.	Hedhunka Chakrabarti	Associate Professor	Bengali	14/12/23
22.	Momi Majumdar	Associate Prof	Bengali	11.14.14/23
23.	Bibha Halder	23AH334	PLSA (H)	1 <sup>st</sup> SEM
24.	Neha Pramanick	23AH409	PLSA (H)	1 <sup>st</sup> SEM

# ● South Calcutta Girls' College

## ATTENDANCE SHEET

NAME OF THE PROGRAMME: *Fit India Quiz on Fitness & Sports*

DATE *14.12.2023*

SL NO	NAME	ROLL NO	DEPARTMENT	SEMESTER
25.	Anamika Halder	23AB1704	B.A. Honors	1st
26.	Sumita Bhattacharya	23AH306	Pol. Sci (Hons)	1st
27.	Rupa Khatun	23AH415	Pol. Sci (Hons)	1st
28.	Patrabhama Mitra	Associate Prof	Philosophy	Ph.D. 11/12/2023
29.	Nayana Chatterjee	Associate Prof	Dept. of History	Ph.D.
30	Soumitra Das	Assistant Prof.	Dept. of Education	S. Das. 14.12.23

**Quiz Competition to celebrate FIT INDIA FREEDOM WEEK**

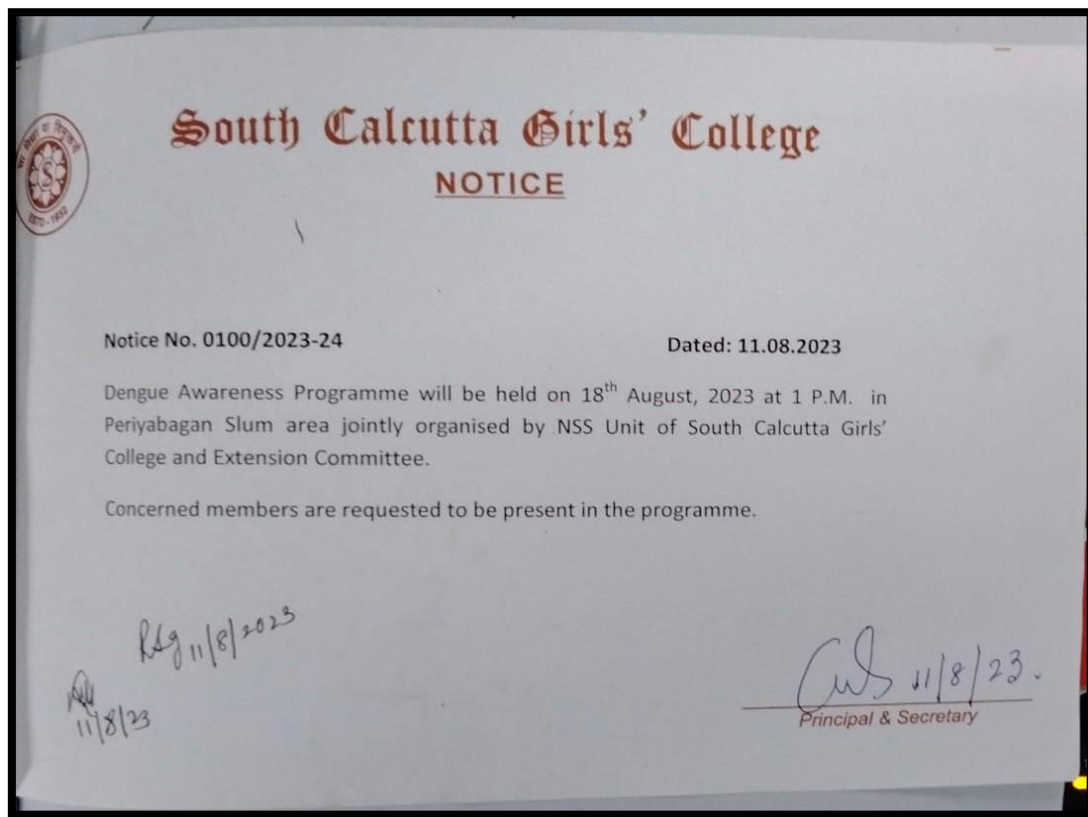
## **ACTIVITIES REGARDING HEALTH AND HYGIENE IN 2023-2024**

### **ACTIVITIES OF N.S.S UNIT AND EXTENSION COMMITTEE REGARDING HEALTH AND HYGIENE**

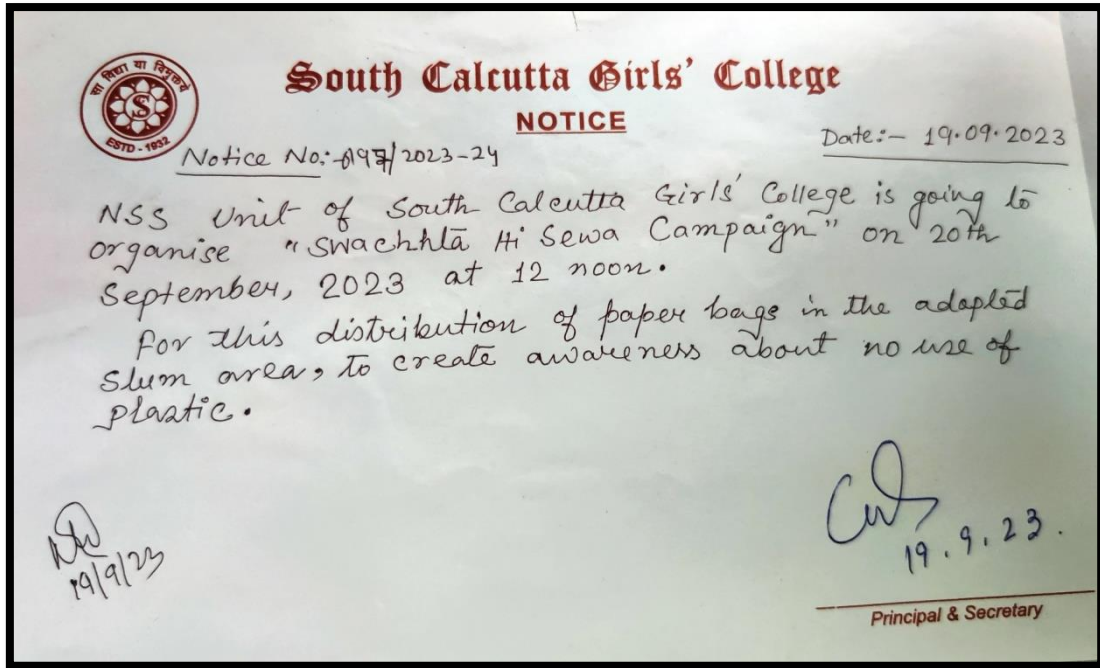
- Dengue Awareness Program was held on 18.08.2023 at 1pm by the NSS Unit of South Calcutta Girls' College in collaboration with the Extension Committee in Pearabagan Slum area. To prevent the spread of it bleaching powder was spread by the volunteers of NSS and students of Extension Committee in the slum area. Even the students raise slogans and prepare posters for the disease to make the people aware of it. The total number of teachers was 9 and the students were 20.
- The NSS Unit of South Calcutta Girls' College organized Swachhta Hi Sewa Campaign on 20.09.2023 at 12 noon. To create awareness about no plastic use, paper bags were distributed by the NSS volunteers in the adopted slum area of our college.
- The Extension Committee organized a Dengue awareness programme on 23.09.2023 as per order of West Bengal Government. On this day the students took the responsibility of cleaning the college. They also spread bleaching powder in various places in the college, wearing gloves. 26 students and 5 teachers participated in that event.
- The NSS Unit of South Calcutta Girls' College observed NSS Day by cleaning the college campus. 24 volunteers and teachers participated in this programme.
- The NSS unit of South Calcutta Girls' College organized the Clean India 3.0 Programme by cleaning the college campus as a part of The Khadi Mahotsav The number of students participated was 12 with 7 teachers.
- The NSS unit of South Calcutta Girls' College observed Red Ribbon Day on 01.12.2023. In the programme the Guest Speaker was Bishakha Laskar, the secretary of Durbar Mahila Samanwalya Committee. On the programme, she demonstrated the life hazards of the sex workers, their laws and regulations, and their lifestyle. She provided a lecture on HIV-AIDS.
- The Red Ribbon Day was observed by the Extension Committee on 01.12.2023. An awareness programme on HIV was organized by the committee. A rally was organized on that day. Students participated in the rally holding colourful posters and mouthing various slogans regarding anti-HIV. 12 students and 5 teachers participated in that programme.
- An awareness programme on COVID-19 was held on 25.01.2024 in Pearabagan slum & neighbouring area. Students took part in a rally with awareness posters of Covid-19. They also distributed masks to pedestrians and in slum areas. 16 students and 7 teachers participated in that event.

- The NSS unit of South Calcutta Girls' College organized a 7-Day Special Camp from 05.02.2024. to 11.02.2024. The topic of first day's programme was "**Primary Health Care Awareness**". Dr. Soma Chanda delivered a lecture on "Medicinal Uses of Plants in Our Daily Lives". She acquainted the people of our adopted slum with the medicinal use of Tulsi, Neem, Hibiscus, Kalmegh. She demonstrated how these plants can be used in different types of diseases. As well as how these plants can also be used to make different home remedies. The participants asked different types of questions regarding the topic and they were surprised to know how these familiar plants are so useful in our daily life, which are beneficial to our health also. The session was interactive and ignited tremendous curiosity in the minds of the participants. The total no of participants was 43. Dr.Moumita Ghosh & Sudipa Dey supervised the programme on this day. The people of the adopted slum and the students were enlightened about the medicinal values of these common plants in their day-to-day lives.
- The **eye check camp** was organized in the adopted slum of South Calcutta Girls' College on 09.02.2024. Dr.Prabhat Srivastwa, Senior Eye Consultant checked the eyes of the people in the slum and prescribed medicines and spectacles to the patients accordingly. Total no of participants was 77. Dr.Nilina Ghosh, Madhurima Saha supervised the programme on this day.The camp is successful in the sense that those who cannot afford money for the check-up get free check-ups and free consultation for the medicine and power for the spectacles.
- The NSS Unit of South Calcutta Girls' College has organized a free **health check-up** camp with the help of Metropolis Diagnostic Center on 10.02.2024.They have done free check-ups for pressure, cholesterol, and diabetes. Lots of people get the opportunity to keep them healthy and if any abnormalities are there they can be rectified atthe proper time. The total no of participants was 63. Ahinsuk Barua & Madhumita Chakroborti supervised the programme on this day.The camp is fruitful in the sense that those who cannot afford money for the check-up of pressure, cholesterol, and diabetes receive free check-ups along with the reports.

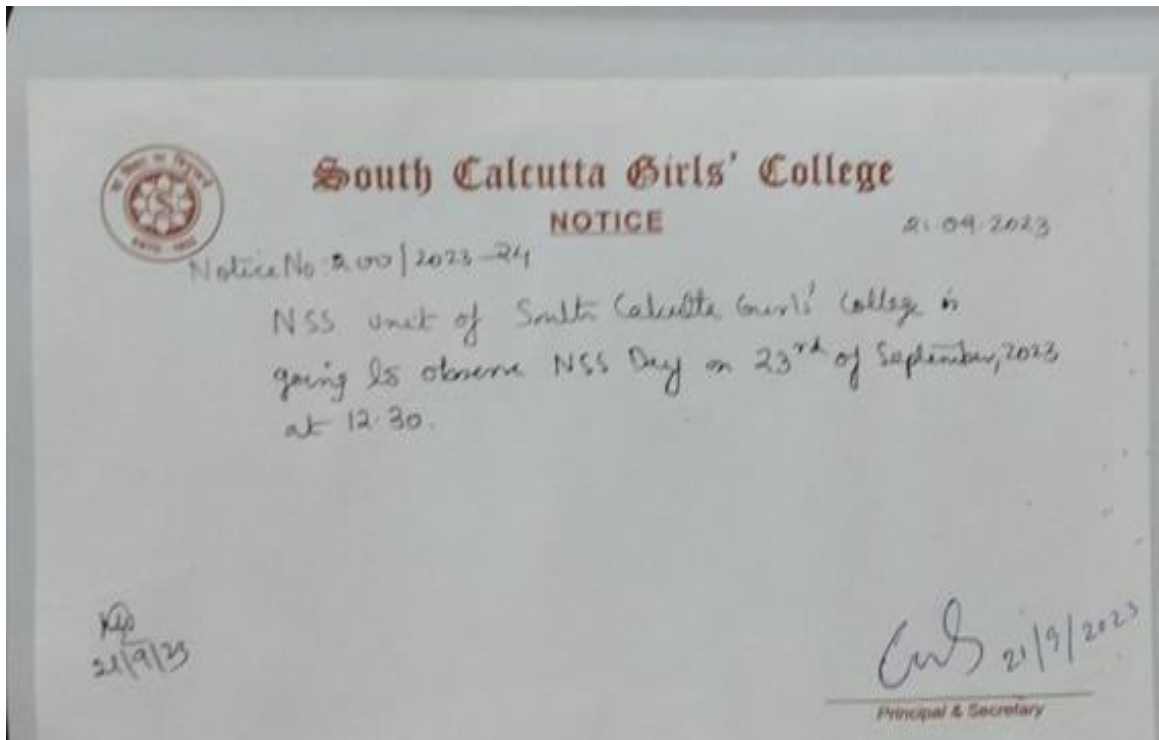
**NOTICES FOR THE EVENTS REGARDING HEALTH AND HYGIENE**



**Notice of Dengue Awareness Programme**



**Notice of Swachhta Hi Sewa**



**Notice of Campus Cleaning by NSS unit**



## South Calcutta Girls' College NOTICE

Date : 19.09.2023

Notice No. 0195/2023-24

A Dengue Awareness Programme will be held on 23.09.2023 at 12 Noon in the College premises ,  
organised by Extension Committee.

Concerned members are requested to be present in the programme.

*Ruchira Sen Gupta*  
19.09.2023

*CWS* 19.9.2023  
Principal & Secretary  
South Calcutta Girls' College  
72, Sarat Bose Road, Kolkata-25

### Notice of Dengue Awareness Programme organized by Extension Committee

**South Calcutta Girls' College**  
**Extension Committee**  
*organising*  
**A Dengue Awareness Programme**  
*(Cleaning of the College Premises)*

**SYMPTOMS OF DENGUE**

Sudden High Fever  
Vomiting  
Skin Rash  
Pain Behind The Eyes  
Joint & Muscle pain  
Severe Headaches

**Say No To Mosquito**

**23 September 2023**  
**12 Noon**

### Flyer of the event



## South Calcutta Girls' College

Grade 'A' Accredited by NAAC, Recipient of RUSA 2.0 Grant  
ISO 9001 : 2015 Certified

Notice No. 0241/2023-2024

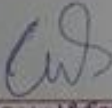
### NOTICE

Date - 12.10.2023

NSS Unit of South Calcutta Girls' College as a part of

- i) Khadi Mahotsav will organized rally on importance of Khadi on 13.10.2023 at 11am (Pearabagan slum area)
- ii) Fit India Freedom Run 4.0 will organized yoga on 12.10.2023
- iii) Clean India 3.0 will organized institution cleaning on 13<sup>th</sup> October 2023 at 11.30am

NSU  
12/10/23

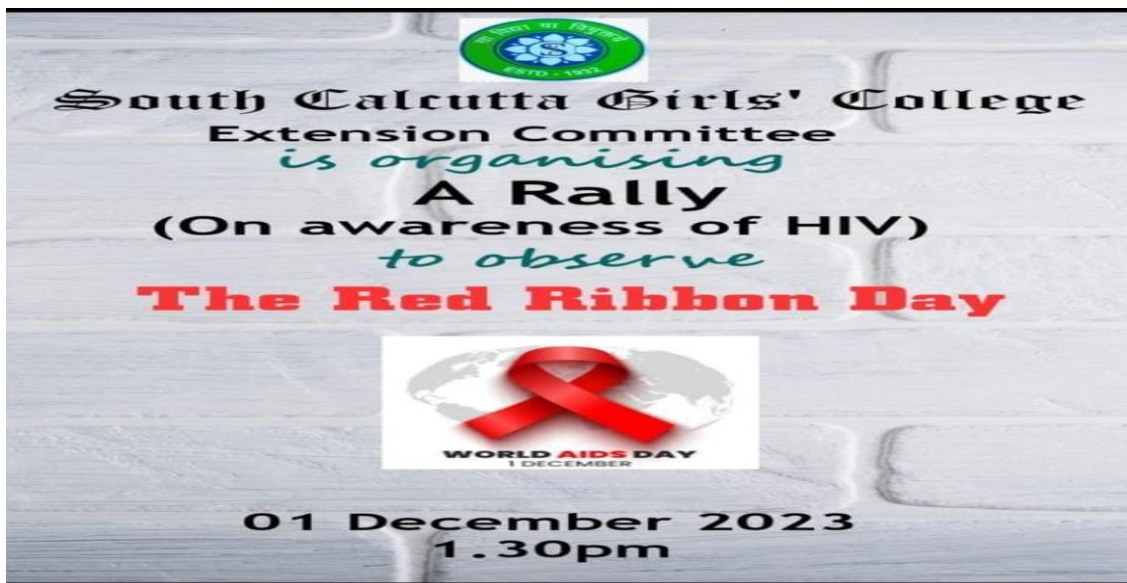
  
Principal  
South Calcutta Girls' College

### Notice of Clean India 3.0





Notice of Observance of Red Ribbon Day by NSS unit



Flyer of Observance of Red Ribbon Day by Extension Committee



**South Calcutta Girls' College**  
Grade 'A' Accredited by NAAC, Recipient of RUSA 2.0 Grant  
ISO 9001 : 2015 Certified

**NOTICE**

Notice No. 368/2023-2024

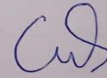
Date : 19.01.24

**Awareness Programme on Covid-19**

The Extension Committee is going to organise an Awareness Programme on Covid-19 on 25.01.2024 at 1pm in Pearabagan slum area.

Concerned members are requested to attend the programme.

Rsg 19.01.24

  
19/1/24  
Principal & Secretary  
South Calcutta Girls' Col  
72, Sarat Bose Road, Kolkata

**Notice of Awareness Programme on COVID-19**



**South Calcutta Girls' College**  
Grade 'A' Accredited by NAAC, Recipient of RUSA 2.0 Grant  
ISO 9001 : 2015 Certified

Notice No: 0415/2023-24

Date: 02.02.2024

**NOTICE**

NSS Unit of South Calcutta Girls' College is going to organise 7 days special camp from 5<sup>th</sup> -11<sup>th</sup> February, 2024. The list of events are as follows:

DATES	EVENTS	TIME	Duties Alloted
05.02.24 (Monday)	Primary Health Care Awareness	1-3pm	Moumita Ghosh Sudipa Dey
06.02.24 (Tuesday)	Yoga session for children in adopted slum	2-4pm	Chandrima Bhattacharya Kamalika Banerjee
07.02.24 (Wednesday)	Make-up and Mehendi session	2-4pm	Nayana Sharma <i>Mukherjee</i> Sujata Chakraborty
08.02.24 (Thursday)	Sit and Draw Competition	1-3pm	Pataur Jaman Biprojit Bhattacharya Soheli Biswas
09.02.24 (Friday)	Eye check-up camp	11-2pm	Nilina Ghosh Madhurma Saha
10.02.24 (Saturday)	Health Check-up	12-2pm	Madhumita Chakraborti Ajansak Barua
11.02.24 (Sunday)	Survey in Household	12-1pm	NSS Volunteers

AS  
7/2/24

*AS* 02/2/24  
Principal & Secretary

**Notice of NSS Special Camp**

**PHOTOGRAPHS AND ATTENDANCE SHEET OF THE EVENTS  
REGARDING HEALTH AND HYGIENE**



**Dengue Awareness Programme**



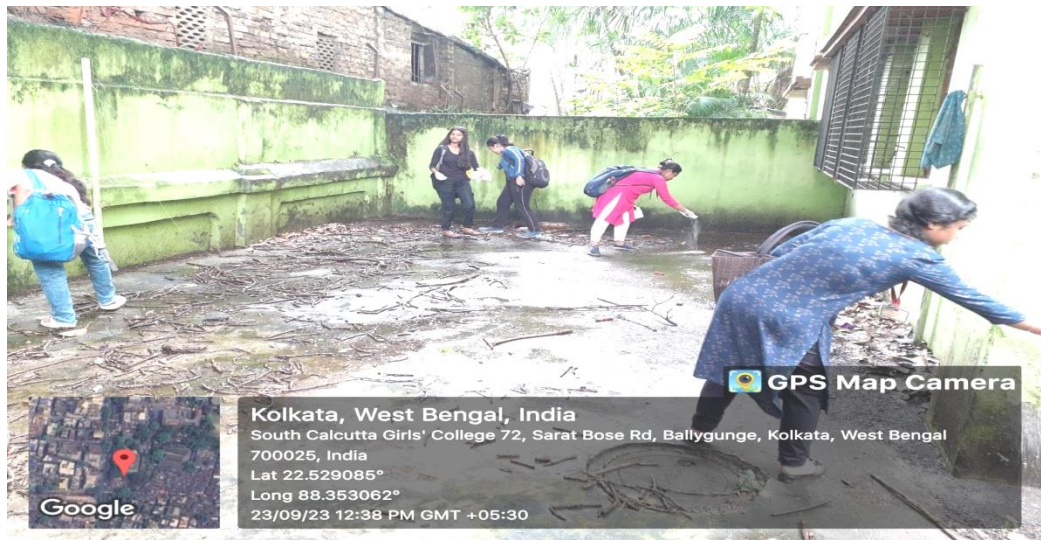
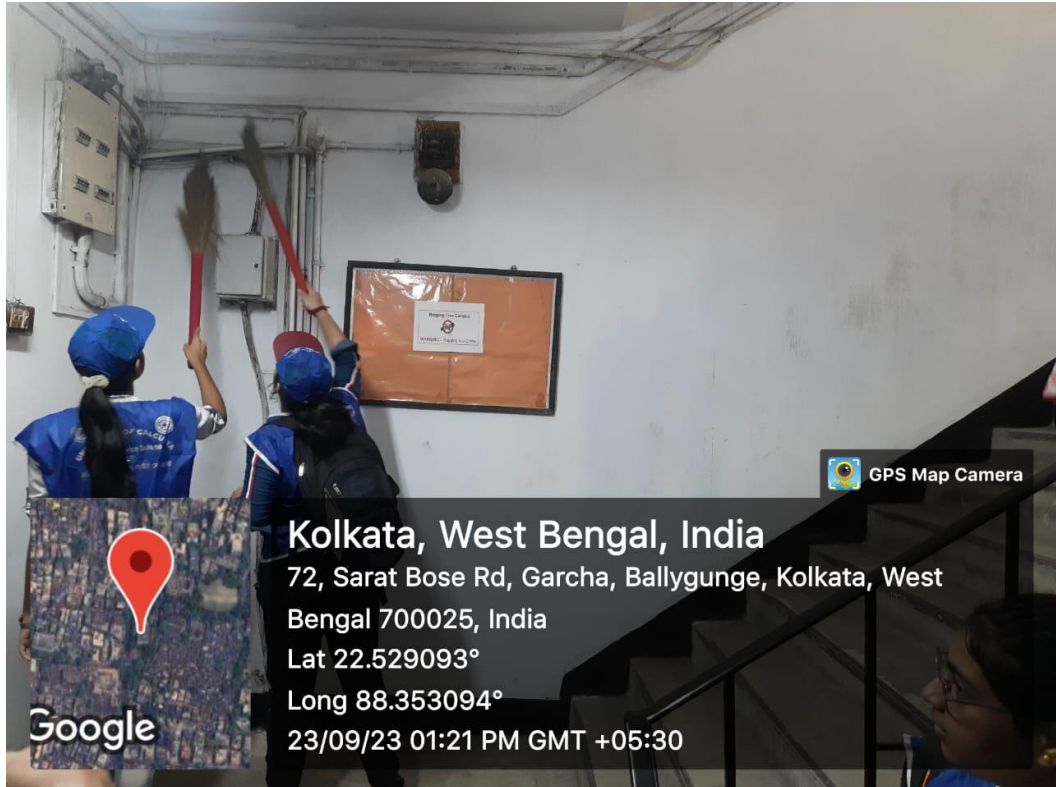
**Swachhta Hi Sewa**



### Swachhta Hi Sewa



### Campus Cleaning by NSS unit



**Campus Cleaning by NSS unit**

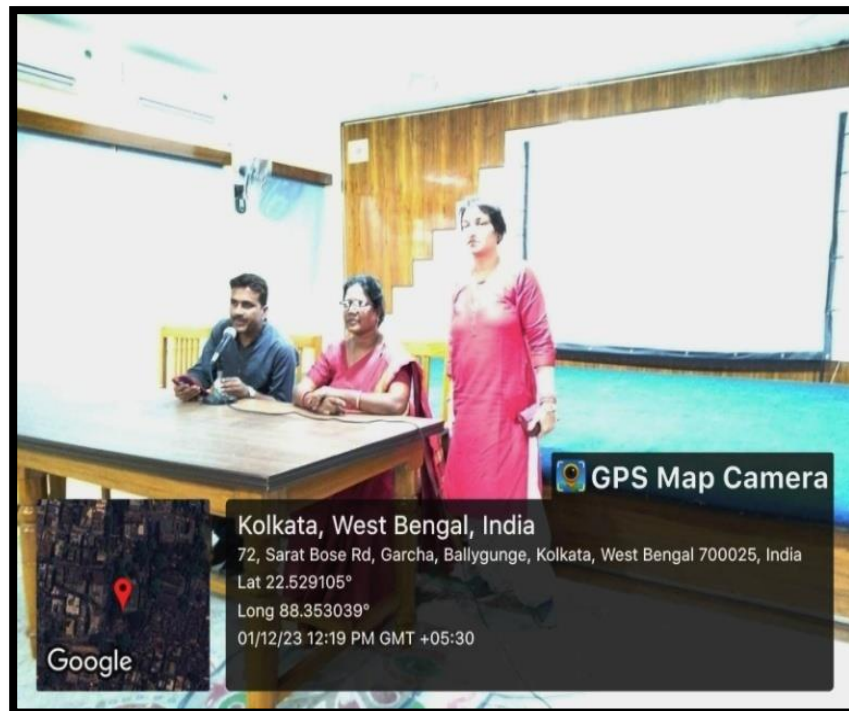


**Dengue Awareness Programme by Extension Committee**



**Clean India 3.0**





**Observance of Red Ribbon Day by NSS unit**



**Observance of Red Ribbon Day by Extension Committee**



**Awareness Programme on COVID -19**



**Health Care Awareness at slumarea**



**Eye Check-up**



**Health Check-up camp**

Attendance list

**DENGUE AWARENESS PROGRAMME**

**ATTENDANCE SHEET FOR THE TEACHERS/ STUDENTS**

Date: 18.08.2023

Sl. No	Name of the participant	Rollno	Caste	Department	Signature	Semester	Contact no
1							
2	Kuchirala Anjali	Teacher		Bengali	[Signature]	SCGC	
3	Bichitra Mishra	"		Geography	[Signature]		
4	Chandrasekhar Haldar	"		History	[Signature]	SCGC	
5	Sapita Chakraborty	"		Sociology	[Signature]	SCGC	
6	Abhijit Mondal	"		Education	[Signature]		
7	Soma Chandra	"		Betwary	[Signature]	SCGC	
8	Nayana Mishra	"		Ph. Ed.	[Signature]	Phd	
9	Caroline Licha	"		Education	[Signature]		
10							
11							
12							
13	Nikki Singh	23AH405	General	Pol SC (H)	Nikki Singh	1st	9122617135
14	Pritya Kumar	23AH1363	SC	Pol Sci (H)	Pritya Kumar	1st	6291738286
15	Ranjana Ray	23AH324	General	Psycho (H)	Ranjana	1st	6291290592
16	Mousumi Kuma	23AH173	General	B.A General	Mousumi	1st	9748898897
17	Sazia Sultana	23AH720	General	B.A General	Sazia	1st	9390780581
18	Shreya Adhikary	23AH414	General	Eng (Hons)	Shreya	1st	8336086993
19	Mahma Chowdhury	23AH389	General	B.A Hons	Mahma	1st	7595831196
20	Riya Nayak	23AH606	General	B.Sc Gen	Riya Nayak	1st	9183547040
21	Aditi Saha	23AH204	General	B.A Hons	Aditi	1st	6289379049
22	Shreya Das	23AH396	General	B.A Hons	Shreya Das	1st	7439076316
23	Shaina Parveen	23AH711	General	B.A Hons	Shaina	1st	9100883421
24	Sania Sumin	23AH356	General	B.A Hons	Sania	1st	8100497051
25	Ankita Ghanta	23AH389	General	Bengali (H)	A. Ghanta	1st	9330714968
26	Romya Adhikary	23AH299	General	Journalism (H)	Romya	1st	8584806085
27	Salehi Gupta	23AH391	General	Psychology (H)	Salehi Gupta	1st	7003993473
28	Debasana Saha	23AH383	General	History (H)	Debasana Saha	1st	8100154929
29	Srayashi Mondal	23AH350	General	Journalism (H)	Srayashi	1st	6289152172
30	Gonsha Chakraborty	23AH375	General	Journalism (H)	Gonsha	1st	82940455744
31	Debarati Ghosh	23AH374	General	Journalism (H)	Debarati	1st	9993669773
32	Mausumi Chowdhury	23AH390	SC	Journalism (H)	Mausumi	1st	9007209989

**Dengue Awareness Programme**

N. S. S. Programme  
South Calcutta Girls' College.

Date:- 20/9/23

SWACHHTA HI SEWA

SL. NO.	Name	Department	Sem	Signature
1.	Sameya Parveen	Pol Sc (H)	1st	Sameya Parveen
2.	Pritya Kumari	Pol Sc (H)	1st	Pritya Kumari
3.	Ashiya Khaloon	pol se (H)	1st	Ashiya Khaloon
4.	Munni Kumari	B.A General	1st	Munni Kumari
5.	Abunima Mandal	Pol Sci (H)	1st	Abunima Mandal
6.	Debasina Saha	B.A Hons (PLSA)	5th	Debasina Saha.
7.	Sushmita Vasakar	B.A Hons (PLSA)	5th	Sushmita Vasakar
8.	Soheli Chowdhury	B.A Hons (PLSA)	1st	Soheli Chowdhury
9.	Anamika Halder	B.A General	1st	Anamika Halder
10.	Bibha Halder	B.A Hons (PLSA)	1st	Bibha Halder
11.	Neha Toramanick	B.A Hons (PLSA)	1st	Neha Toramanick
12.)	Soma Chanda	Botany	Teacher	Dr. Soma Chanda 20/9/23
13.	Namrati Kothari	Pol. Sc	Anti Prof	Dr. Namrati Kothari 20/9/23

Swachhta Hi Sewa

**OBSERVATION OF NSS DAY**  
**ATTENDANCE SHEET FOR THE STUDENTS/NSS VOLUNTEERS**

Date: 23.09.2023

Sl.No	Name of the student	Roll no	Caste	Subject	Semester	Contact no	Signature
01.	SADIA SULTANA	23AG720	Gen	B.A(MDC)	1st	933078059	Sadina
02.	SUSMITA NASKAR	23AG704	Gen	B.A(MDC)	1st	810023205	Susmita Naskar
03.	Ankita Das	21AH309	SC	BNGA(H)	5th	961174565	Ankita Das
04.	Asiya Khatoon	21AH305	GEN	BNGA(H)	5th	943354177	Asiya Khatoon
05.	Reity Mondal	21AH302	SC	BNGA(H)	5th	6289383209	Reity Mondal
06.	Anamika Halder	23AH704	SC	B.A General	1st	7439702649	Anamika Halder
07.	Toshali Choudhury	23AH325	GEN	JORA(H)	1st	983682965	Toshali Choudhury
08.	Srayashi Mondal	23AH350	Gen	JORA(H)	1st	628315249	Srayashi Mondal
09.	Ananya Bhunia	21AH312	Gen	Bengali(H)	5th	629190553	Ananya Bhunia
10.	Sayan Das mallick	21AH314	Gen	Bengali(H)	5th	913972079	Sayan Das mallick
11.	Paromita Samanta	21AH34	SC	Bengali(H)	5th	86284618	Paromita Samanta
12.	Pratik Mondal	23AH349	SC	Journalism(H)	1st	983250083	Pratik Mondal
13.	Pratik Ghosh	23AH413	Gen	Journalism(H)	1st	743984977	Pratik Ghosh
14.	Mousumi Choudhury	23AH320	SC	Journalism(H)	1st	900720929	Mousumi Choudhury
15.	Shouja Ghosh	23AH326	Gen	BA (MDC)	1st	90328878	Shouja Ghosh
16.	Abhijati Ghosh	22AH192	Gen	Journalism(H)	1st	943366972	Abhijati Ghosh
17.	Tanisha Choudhury	23AH375	Gen	Journalism(H)	1st	927404576	Tanisha Choudhury
18.	Rakhi Kishorata	23AH377	Gen	Journalism(H)	1st	87690072	Rakhi Kishorata
19.	Anuja Das	21AH323	Gen	Bengali(H)	5th	926376011	Anuja Das
20.	Rimika Naskar	21AH306	SC	Bengali(H)	5th	704866644	Rimika Naskar
21.	Aditi Saha	23AH304	Gen	Journalism(H)	1st	628937904	Aditi Saha
22.	Ajanta Bhattacharya	23AH329	Gen	Journalism(H)	1st	808980605	Ajanta Bhattacharya
23.	Namrata Kumar			Botany			Namrata Kumar
24.	Sona Chandra			Botany			Sona Chandra

**Campus Cleaning by NSS unit**

Dengue Awareness Programme  
(Directed by Govt. of West Bengal)  
23.09.2023.

Teachers' Signature

Name	Department	Signature with date
1. Abhijit Mondal	Education	AV 23/9/23
2. Spsita Chakraborty	Sociology	SL 23/9/23
3. Moni Majumdar	Bengali	M.M. 23/9/23
4. Tarakeswar Banerjee	lab attendant	B.B. 23/9/23
5. Anuja Basu	Library	@Basu 23.09.23
6. Ruchira Sanyal	Bengali	Rtg 23.09.2023

Extension Committee Programme  
Dengue Awareness Programme  
23-09-2023  
(Directed by Govt. of West Bengal)  
Students' Signature

Name with date	Department	College Roll No.
1. Gayatri Mallick 23.9.2023	Bengali Hon.	21AH314
2. Ananya Bhunia 23.9.2023	Bengali Hon.	21AH312
3. Nisha Sarkar	Education (H)	21AH327
4. Madhu Mondal 23.9.23	Education (H)	21AH334
5. Gangdipa Saha	Education (H)	21AH326
6. Chandrima Sanyal	Education (H)	21AH324
7. Chandrima Chakraborty	Education (H)	21AH317
8. Bidisha Kundu	Education (H)	21AH318
9. Pima Bonik 20/9/23	Education (H)	21AH335
10. Paronita Samanta	Bengali (H)	21AH304
11. Anuja Das	Bengali (H)	21AH313
12. Ankita Das	Bengali (H)	21AH309
13. Rinika Naskar	Bengali (H)	21AH306
14. Reetika Mondal	Bengali (H)	21AH302
15. Asiya Khatoon	Bengali (H)	21AH305
16. Shasha Chakraborty	Journalism (H)	23AH375
17. Snayashi Mondal	Journalism (H)	23AH350
18. Tarhal Chakraborty	Journalism (H)	23AH325
19. Debarati Ghosh	Journalism (H)	23AH374
20. Mousumi Chowdhury	Journalism (H)	23AH390
21. Susmita Naskar	(B.A General)	23AH703
22. Sazia Sultana	(B.A General)	23AH320
23. Rajanya Adhikary	Journalism (H)	23AH329
24. Aditi Saha	Journalism (H)	23AH304
25. Taty Ghosh	Journalism (H)	23AH413
26. Rakhi Kushwaha	Journalism (H)	23AH377

Dengue Awareness Programme by Extension Committee



Khadi Mehsana Rally Dated: 13.10.2023  
And Cleaning Campus.

Sl.No	Name of the student	Roll no	Caste	Parent's name	Subject	Semester	Contact no
1	Afrin Nisha Mandal	999	OBC-A	Alaopathi Mondal	PLSA	3rd	9330375777
2	Rakhi Kushwaha	277	General	Shambhu Kushwaha	Jour(H)	1st	8276900723
3	Poojai Maurya	323	General	Pranta Maurya	Jour(H)	3rd	8991216461
4	Sneha Sinha	225H145	General	Chitra Sinha	ZOOA(H)	1st	6295481675
5	Mehak Khan	225H147	OBC-B	Mamun Khan	ZOOA(H)	1st	8291861040
6	Rupshree Singh	235H130	General	Jay Singh	Bot(H)	1st	908996978
7	Saija Paul	22AH109	General	Sudipto Paul	PLSA(H)	3rd	9123820932
8	Suryansh Banerjee		PLSA		PLSA		
9	Juhi Singh	22AH329	General	Renu Singh	ENGA(H)	3rd	
10	Wairavendra Khatke				PLSA		Mh
11	Soma Chandra				Botany		Chandra
12	Sanjukta Khatke	235H107	General	Shankrajit Khatke	Bot(H)	1st	7488080106

Clean India 3.0

**RED RIBBON DAY**

ATTENDANCE SHEET FOR THE STUDENTS/NSS VOLUNTEERS

Date: 01/12/2023

Sl.No	Name of the student	Roll no	Caste	Parent's name	Subject	Semester	Contact no
1	Shadia Rahman	23AH412	General	Ashraf Rahman	Eng. Hons	Sem 1	7439465597
2	Rashmi Patel	23AH316	General	J. Banerjee	Eng. Hons	Sem 1	6276900723
3	Banshikrishna Rich	22P0174	General	B. Rich	G. Chem	Sem 3	949990244
4	Azraza Das	22A0973	General	A. Das	B. Chem	Sem 2	629394665
5	Mili Yadav	22AH309	General	Tapas Yadav	Edu. Hons	Sem 3	7044760504
6	Sobita Paswan	22AH328	General	Sk. Roy	Edu. Hons	Sem 3	9139638282
7	Kaushika Jena	23AH323	General	Lata Jena	Eng. Hons	Sem 1	7439907009
8	Kaushiki Ghosh	23AH324	General	Sudhanta Ghosh	Eng. Hons	Sem 1	7003322973
9	Toisha Sen	20AH445	General	Bhagan Sen	Soc. Hons	Sem 4	9098306666
10	Rupsha Saha Ghosh	22AH459	General	Pratibha Ghosh	Soc. Hons	Sem 3	8240983105
11	Sanjay Khatke	23AH435	General	SK Khatke	Eng. Hons	Sem 1	9908146475
12	Muskan Mallik	23AH323	B.A. (Gen)	Anuska Mallik	PLSA	Sem 1	9163293222
13	Sanghita Bhadra	22AH497	General	Susanta Bhadra	Zoology	Sem 1	743958976
14	Satchari Hajumdar	23AH334	General	Subanta Hajumdar	Zoology	Sem 1	6239927664
15	Rishi Mondal	21AH324	General	Susanta Mondal	Hons (Gen)	Sem 5	9903962820
16	Rishi Saitke	21AH327	SC	Susanta Saitke	Hons (Gen)	Sem 5	9169680212
17	Alia Khatoon	23AH339	General	Rama Khatoon	Soc. Hons	Sem 1	6289664593
18	Tanuja Biswas	22AH416	General	Aparna Biswas	Soc. Hons	Sem 3	9910052249
19	Bidisha Deb	21AH330	General	Ratan Kumar Deb	PLSA(H)	Sem 5	6289898610
20	Aditya Das	22AH421	General	Sadhana Das	Soc. Hons	Sem 3	8335968065
21	Saija Ghosh	23AH324	General	Susanta Ghosh	General	Sem 1	9038288780

OBSERVATION OF RED RIBBON DAY  
ATTENDANCE SHEET FOR THE STUDENTS

Date: 01.12.2023

Sl.No	Name of the Teacher	Department	Contact no	Signature
1	Sayani Das	PLSA	8019343507	Sayani Das
2	Mishra Sangeeta Khatri	PLSA	6290467274	Mishra Sangeeta Khatri
3	Sushmita Mishra	PLSA	7000451403	Sushmita Mishra
4	Panchali Das	Psychology (H)	7862472287	Panchali Das
5	Sakoni Gupta	Psychology (H)	7022222403	Sakoni Gupta
6	Zareen Khan	Psychology (H)	827632520	Zareen Khan
7	Noori Yasmin Babar	Psychology (H)	9123276511	Noori Yasmin Babar
8	Sampurna Kumar	Psychology (H)	7748369225	Sampurna Kumar
9	Shamika Jale	Psychology (H)	8170048138	Shamika Jale
10	Sapana Mishra	Psychology (H)	9577502124	Sapana Mishra
11	Shreya Khatun	Psychology (H)	8170048138	Shreya Khatun
12	Amita Raha	Journalism (H)	7007362854	Amita Raha
13	Sourav Mondal	Journalism (H)	6028159112	Sourav Mondal
14	Debra Das	Journalism (H)	6296545974	Debra Das
15	Sonia Hossain	Journalism (H)	8632054514	Sonia Hossain
16	Sophia Parag	Education (H)	7432752223	Sophia Parag
17	Nikita Bhattacharya	Education (H)	9330127990	Nikita Bhattacharya
18	Amrita Ghosh	English (H)	810254238	Amrita Ghosh
19	Kaustika Das	B.A. General	8100232726	Kaustika Das
20	Gunita Pora	B.A. Sociology (Hons)	8420011920	Gunita Pora
21	Mishra Siddiqui	JORA (Hons)	7432752223	Mishra Siddiqui
22	Aditi Roy	JORA (H)	7369763463	Aditi Roy
23	Smita Mukherjee	JORA (Hons)	3882834661	Smita Mukherjee
24	Rajanya Adhikari	JORA (Hons)	8581806086	Rajanya Adhikari
25	Aditi Saha	JORA (H)	629370010	Aditi Saha
26	Riya Chatterjee	JORA (H)	8597547623	Riya Chatterjee
27	Ekamita Das	Education (H)	9260247464	Ekamita Das
28	Hritoshika Das	JORA (H)	7279811864	Hritoshika Das
29	Anita Kashyap	JORA (H)	704008003	Anita Kashyap
30	Achha Das	JORA (H)	8581806086	Achha Das
31	Arshita Acharya	JORA (H)	9081143729	Arshita Acharya
32	Arushi Das	JORA (H)	836106013	Arushi Das
33	Summan Jajumdar	JORA (H)	7797634467	Summan Jajumdar
34	Shreya Saha	Journalism (H)	708951497	Shreya Saha
35	Shreya Das	JORA (H)	5908712301	Shreya Das
36	Moushika Ghosh	JORA (H)	7447222072	Moushika Ghosh
37	Debnanda Kumar	JORA (H)	757683470	Debnanda Kumar
38	Saha Pooja	JORA (H)	6090502021	Saha Pooja
39	Shreya Choudhury	Eng (H)	742977424	Shreya Choudhury

RED RIBBON DAY

ATTENDANCE SHEET FOR THE STUDENTS/NSS VOLUNTEERS

Date: 01.12.2023

Sl.No	Name of the student	Roll no	Caste	Parent's name	Subject	Semester	Contact no
1	Sneha Ghosh	23AH349	GEN	Rishona Ghosh	Eng (H)	1st	6930646536
2	Arushi Ghosh	23AH350	GEN	Kapil Ghosh	Eng (H)	1st	8710202571
3	Miyu Kumar	23AH109	GEN	Rajeev	Eng (H)	1st	057251008
4	Nazim Farhan	23AH110	GEN	Khalid Farhan	Eng (H)	1st	9494940530
5	Soumitra Ghosh	23AH111	GEN	Wahid Ahmed	Eng (H)	1st	8008194566
6	Mosheena Begum	23AH112	GEN	Saqib Begum	Eng (H)	1st	7202133601
7	Bhavya Ghosh	23AH113	GEN	Aruna Ghosh	Eng (H)	1st	7430840773
8	Pratik Das	23AH349	GEN	Pratik Das	JORA (H)	1st	920505403
9	Moushika Ghosh	23AH350	GEN	Krishna Ghosh	JORA (H)	1st	9002207989
10	Sneha Das	23AH351	GEN	Pratik Das	Eng (H)	1st	980412331
11	Sankha Das	23AH352	GEN	Pratik Das	Eng (H)	1st	9832541707
12	Sankha Das	23AH353	GEN	Pratik Das	Eng (H)	1st	798014040
13	Neha Sankar	23AH354	GEN	Roma Sankar	B.Sc (H)	1st	6289388748
14	Sushmita Das	23AH355	GEN	Goutam Das	B.Sc (H)	1st	9832039952
15	Shreya Halder	23AH356	GEN	Hantu Halder	Eng (H)	1st	6289562769
16	Arushi Ghosh	23AH357	GEN	Arushi Ghosh	Eng (H)	1st	8585833377
17	Arushi Ghosh	23AH358	GEN	Sophia Ghosh	Eng (H)	1st	987444402
18	Arushi Ghosh	23AH359	GEN	Liyad Ali Ghosh	Eng (H)	1st	8101567254
19	Arushi Ghosh	23AH360	GEN	Shayal Ghosh	Eng (H)	1st	9182449111
20	Arushi Ghosh	23AH361	GEN	Sonia Ghosh	Eng (H)	1st	6291525024
21	Sopha Mondal	23AH362	GEN	Bishu Mondal	Eng (H)	1st	6291493080
22	Rupsha Banerjee	23AH363	GEN	Rupsha Banerjee	Eng (H)	1st	6287104240
23	Arushi Das	23AH364	GEN	Arushi Das	Eng (H)	1st	7163760411
24	Arushi Ghosh	23AH365	GEN	Arushi Ghosh	Eng (H)	1st	9433536737

OBSERVATION OF RED RIBBON DAY  
ATTENDANCE SHEET FOR THE STUDENTS/NSS VOLUNTEERS

Date: 01.12.2023

Sl.No	Name of the student	Roll no	Caste	Parent's name	Subject	Semester	Contact no
1.	Taishya Baidya	23AH399	SC	Goutam Baidya	Geography	1st	9088780570
2.	Anik Das	23AH301	General	Aloni Das	Gen (H)	1st	6271201152
3.	Anita Das	23AH300	General	Aloni Das	Gen (H)	1st	9088637888
4.	Anita Das	23AH301	Gen	Dulal Das	Gen (H)	1st	871524160
5.	Dikhanjani Das	23AH301	Gen	Mitra Mitra	Gen (H)	1st	9670091005
6.	Nishmita Das	23AH306	General	Nikhil Das	Gen (H)	1st	7609582928
7.	Dip Sahu	23AH305	OBC B	C. S Sahu	Gen (H)	1st	8509375234
8.	Disha Das	23AH306	SC	Dipak Das	Gen (H)	1st	6290928431
9.	Anita Khatoon	23AH411	Gen	SK Rafique	Gen (H)	1st	7439247400
10.	Rinkun Akter	23AH305	Gen	S.T. Akter	Jam (H)	1st	9748398809
11.	Harshi Kishore	23AH377	Gen	S. Kishore	Jam (H)	1st	8276900723
12.	Tanisha Chakraborty	23AH315	Gen	T. Chakraborty	Jam (H)	1st	8274046754
13.	Asma Dora	23AH304	Gen	Asif Dora	Jam (H)	1st	764966176
14.	Balika Das	23AH402	SC	Bidyut Das	Jam (H)	1st	8100167103
15.	Shamika Halder	23AH304	SC	Ta. Pop. Halder	BA Menem	2nd	7439982647
16.	Bhika Halder	23AH304	Gen	Noma Halder	PA-SC (H)	1st	9683273107
17.	Somnath Das	21AH306	Gen	Dipak Das	EDD (H)	5th	910600209
18.	Chandana Das	21AH304	Gen	C. S Das	E DDD (H)	5th	458971171
19.	Chandana Das	21AH307	Gen	Chandana Das	EDD (H)	5th	6028856629
20.	Anika Das	21AH307	Gen	Biswajit Das	EDD (H)	5th	8702108348
21.	Riya Das	21AH307	SC	Manoj Das	EDD (H)	5th	7471568899
22.	Smita Das	23AH301	SC	Rakha Das	EDD (H)	1st	7489018807
23.	Shreya Das	23AH308	SC	Ashim Das	EDD (H)	1st	8100968846
24.	Shagufa Khan	23AH331	General	Anna Begum	Ed (H)	1st	7439248724
25.	Surbina Yasmin	23AH401	General	Surbina Yasmin	Eng (H)	1st	8167440724
26.	Sorobita Banerjee	23AH402	SC	Pratima Banerjee	Eng (H)	1st	477131166
27.	Anandita Halder	23AH354	SC	Ashok Halder	Eng (H)	1st	9749392999
28.	Shakana Banerjee	23AH351	General	Ellena Banerjee	Eng (H)	1st	6291056808
29.	Madhura Banerjee	23AH378	General	Shamanta Banerjee	Socio (H)	1st	9934099392
30.	Rishika Kundu	21AH318	Gen	Balika Kundu	ED (H)	5th	6295323136
31.	Zahidul Khan	21AH306	Gen	Faiz Khan	ED (H)	5th	8777777777
32.	Nargis Zayeen	21AH306	Gen	Muhammad Zayeen	ED (H)	5th	8961547579
33.	Shreya Das	23AH307	Gen	Ashok Das	HS (H)	1st	6291154107
34.	Shreya Das	23AH307	Gen	Sk. Ashraf	BA Gen	1st	8910562179
35.	Mubashara Khan	23AH307	Gen	Shahin Begum	BA Gen	1st	7431812129
36.	Tuli Ka Adak	23AH307	Gen	Ashok Adak	BA Gen	1st	6290951520
37.	Ashika Islam	23AH308	General	Ahsanul Haque	M.D.C	1st	7980408622
38.	Nema Khatoon	23AH308	Gen	Sadma Khatoon	BA Gen	1st	9120292262
39.	Iana Roy	23AH308	General	Himani Roy	B.H Gen	3rd sem	910306278
40.	Supriya Singh	23AH308	Gen	Supriya Singh	BA (H)	1st sem	6290951520
41.	Sanjita Mishra	23AH308	Gen	Sanjita Mishra	BA (H)	1st sem	748080106
42.	Tania Nayak	23AH308	Gen	Tania Nayak	ZOO (H)	1st sem	6291218780
43.	Paomita Samanta	21AH307	Gen	Rabi Choudhury Samanta	BA Gen	5th sem	863736785

**OBSERVATION OF RED RIBBON DAY  
ATTENDANCE SHEET FOR THE TEACHERS**

Date: 01.12.2023

Sl.No	Name of the Teacher	Department	Contact no	Signature
	Pratibha Ghosh		9703746627	Pratibha Ghosh
1	Maumita Ghosh	Economics	8336021928	Maumita Ghosh
2	Madhura Chakrabarti	Bengali	8420774946	Madhura Chakrabarti
3	Neelima Haldar	Journalism	9403042293	Neelima Haldar
4	Madhura Ghosh	Journalism	8240125384	Madhura Ghosh
5	Ruchira Chakrabarti	Bengali	9874463535	Ruchira Chakrabarti
6	Abhisit Mandal	Education	8697332275	Abhisit Mandal
7	Saumita Das	Education	9814701289	Saumita Das
8	Soma Chanda	Botany	983220269	Soma Chanda
9	Namita Kumar	B.Sc	9993447857	Namita Kumar
10	Arundhati Ghosh	Botany	9820000006	Arundhati Ghosh
11	Sanyukta Chakrabarti	Geography	9830247541	Sanyukta Chakrabarti
12	Jayshree Mukherjee	English	7384413286	Jayshree Mukherjee
13	Pratibha Ghosh	Philosophy	9432330652	Pratibha Ghosh
14	Caroline Laha	Education	3602301639	Caroline Laha
15	Nilima Ghose	Philosophy	9433250916	Nilima Ghose
16	Smita Chakrabarti	Sociology	9850342968	Smita Chakrabarti
17	Arundhati Ghosh	Botany		Arundhati Ghosh
18	Abhinav Barua	Botany	7980950630	Abhinav Barua

**Observance of Red Ribbon Day by NSS unit**

Extension Committee  
HEVS Awareness Programme  
(Red Ribbon Day) 01.12.2023

Rally

Students' Signature

Name	Department & Sem	Sign & Date
1. Sanalita Barui	English (H) 1st sem	Sanalita Barui 01/12/2023
2. Joydepta Sanikar	History (H) 1st sem	Joydepta Sanikar 01/12/2023
3. Debparna Saha	History (H) 1st sem	Debparna Saha 1.12.23
4. Shreetha Chakrabarti	English (H) 1st sem	Shreetha Chakrabarti 1.12.23
5. Shreya Halder	English (H) 1st sem	Shreya Halder 1.12.23
6. Adrita Aley	Sociology (H) 3rd Sem	Adrita Aley 1.12.23
7. Sumita Pora	Sociology (H) 3rd Sem	Sumita Pora 1.12.23
8. Shreya Banerjee	Sociology (H) 3rd Sem	Shreya Banerjee 1.12.23
9. Meekshree Mukherjee	SOCA (H) 3rd Sem	Meekshree Mukherjee 1.12.23
10. Taaniya Biswas	SOCA (H) 3rd Sem	Taaniya Biswas 1.12.23
11. Shreeya Ghil	SOCA (H) 3rd Sem	Shreeya Ghil 1.12.23
12. Taisha Sen	SOCA (H) 3rd Sem	Taisha Sen 1.12.23

Extension Committee  
HIV Awareness Programme  
(Red Ribbon Day) 01.12.2023

classmate  
Date \_\_\_\_\_  
Page \_\_\_\_\_

Name	Department	Signature	Date
1. Ruchira Sengupta	Bengali	Rlg	01/12/23
2. Bichitra Mishra	Geography	Bhalla	01/12/2023
3. Anuja Basu	Library	Basu	01.12.23
4. Ipsita Chakravarty	Sociology	IP	1/12/23
5. Sanku Roy Choudhury	Sanskrit	Shanku	1/12/23

**Observance of Red Ribbon Day by Extension Committee**

Extension Committee  
Covid-19 Awareness Programme  
(Pachabagan Slum Area)  
(Rally and mask distribution)  
25.01.2024 at 1pm

classmate  
Date \_\_\_\_\_  
Page \_\_\_\_\_

Name	Department	Signature	Date
1. Ruchira Sengupta	Bengali	Rlg	25.1.24
2. Nomi Majumdar	Bengali	N.M.	25.1.24
3. Anuja Basu	Library	Basu	25.01.24
4. Bichitra Mishra	Geography	Bhalla	25.01.24
5. Abhijit Mondal	Education	AM	25.01.24
6. Ipsita Chakravarty	Sociology	IP	25/1/24
7. Sanku Roy Choudhury	HISTORY	Shanku	25/1/24

Extension Committee  
Covid-19 Awareness Programme  
(Rally and mask distribution)  
25.01.2024 at 1pm  
(Pearabagan area)

Students' Signature

Name	Department & Sem	Signature & Date
1. Iren Mondal	Bengali (H) 3rd sem	Iren Mondal 25
2. Msmita Guer	BFNI (H) 3rd sem	Msmita Guer 25
3. Tausika Banerjee	Beng (H) 3rd sem	Tausika Banerjee
4. Shagufta Khatun	Education (H) 1st sem	Shagufta Khatun
5. Shreya Das	Education (H) 1st sem	Shreya Das
6. Poojanka Naita	Education (H) 1st sem	Poojanka Naita
7. Sutrisna Mondal	Education (H) 1st sem	Sutrisna Mondal
8. Sneha Pandey	Education (H) 1st sem	Sneha Pandey
9. Sutapa Datta	Education (H) 1st sem	Sutapa Datta
10. Ashiya Khatun	Pal sc (H) 1st sem	Ashiya Khatun
11. Nikita Bharti	Education (H) 1st sem	Nikita Bharti
12. Taaniya Biswas	Sociology (H) 3rd sem	Taaniya Biswas
13. Ritika Bhattacharya	SOCA 3rd sem	Ritika Bhattacharya
14. Rupsha Ghosh	SOCA 3rd Sem	Rupsha Ghosh
15. Shreya Shil	SOCA 3rd Sem	Shreya Shil
16. Trisha Sen	SOCA 3rd Sem	Trisha Sen

**Awareness Programme on COVID-19**

7 DAYS SPECIAL CAMP  
ATTENDANCE SHEET FOR THE TEACHERS  
Date: 05.01.2024

Sl.No	Name of the teachers	Signature	Contact no
1.	SUDEEPA DEY	Sudeepa DeY	9836029191
2.	CARDINE LEFHA	Cardine	7602301639
3.	Abhijit Mondal	Abhijit	8697333275
4.	Namshi Kumar	Namshi	983451897
5.	Soma Chanda	Somanda	9832201269
6.	Maumita Ghosh	M.	8777402664

7 DAYS SPECIAL CAMP

ATTENDANCE SHEET FOR THE STUDENTS/NSS VOLUNTEERS

Date: 05.01.2024

Sl.No	Name of the student	Roll no	Coste	Parent's name	Subject	Semester	Contact no
1.	Sazia Sultana	23AG720		SK. SHAHEEN	MDC	1 <sup>st</sup>	9330780532
2.	Riya Chatterjee	23AH318		G. Chatterjee	JORA	1st	8697547623
3.	Rajanya Adhikary	23AH329		M. Adhikary	JORA	1st	8584806085
4.	Shaina Parveen	23AG711		SK. Ashraf	MDC	1st	8910462174
5.	Parisa Maity	23AH349		N. Maity	JORA	1st	9792600703
6.	Dipa Bag	23AH330		D. Bag	JORA	1st	1489608917
7.	Mousumi Chowdhury	23AH330		K. Chowdhury	JORA	1st	9007209989
8.	Sameya Parveen	23AH314		Azzharuddin	POL(H)	1st	9334127280
9.	Shreya Ghosh	23AH314		Shreya Ghosh	MDC	1st	0038282730
10.	Anamika Halder	23AH704		Tapan Halder	MDC	1st	7439902647
11.	Sulratishra Mondal	23AH330		Basanta Mondal	Edu(H)	1st	7980296097
12.	Gayatri Kumari	23AH363		Anil Kumar	POL(H)	1st	629798386
13.	Shreya Das	23AH408		Ashim Das	Edu(H)	1st	8100268246
14.	Prayanka Nath	23AH395		Gourav Nath	Edu(H)	1st	8777833664
15.	Umeshak Saha	23AH361		Sahadev Saha	GEOA(H)	3rd	9445461811
16.	Rupin Khatri	23AH415		Ashfayaz Begam	POL(H)	1st	8768610344
17.	Manni Kumari	23AH419		Govind Mondal	B.A. (MDC)	1st	9748878247

Health Care Awareness

SOUTH CALCUTTA GIRLS' COLLEGE

NSS 7 DAYS SPECIAL CAMP

EYE CHECK-UP CAMP

ATTENDANCE SHEET FOR THE TEACHERS

Date:09.02.2024

Sl.No	Name of the TEACHERS	Contact no	Signature
1.	Namali Kumar	9983405857	NK 9/2/24
2.	Soma Chanda	9832201269	SC 9.2.2024
3.	Nilina Ghose		NGhose 9.2.2024
4.	Mailanjan Datta		MD 9/2
5.	Rojina Ghosh		R 09.02.2024
6.	Caroline Lepcha		CL 09.02.2024
7.	Madhusudana Saha		MS 9.2.2024
8.	Abhijit Mondal	8697333275	AM 9.2.24

Chanda 09.02.2024

SOUTH CALCUTTA GIRLS' COLLEGE

NSS 7 DAYS SPECIAL CAMP

EYE CHECK-UP CAMP

ATTENDANCE SHEET FOR THE STUDENTS/NSS VOLUNTEERS

Date:09.02.2024

Sl.No	Name of the student	Roll no	Caste	Parent's name	Subject	Semester	Contact no
1	Sutris Shona Mondal	23AH301	SC	Gasanta Mondal	Edu(H)	1st	7980780097
2	Sima Saardar	23AH369	SC	Bahari Saardar	Hig(H)	1st	6289374328
3	Shayya Das	23AH408	SC	Ashim Das	Edu(H)	1st	8100863846
4	Munshi Kumari	23AH339	SC	Govind Mondal	D.A(G)	1st	9748079847
5	Bhaganka Naha	23AH395	G	Indrakam Naha	Edu(H)	1st	9777833664
6	Shreya Ghosh	23AH376	G	Supriya Ghosh	BA(H)	1st	9898828786
7	Anamika Halder	23AH304	SC	Tapan Halder	BA(H)	1st	7439902647
8	Shagufa Khatun	23AH351	G	Arjun Begum	Edu(H)	1st	7439741713
9	Aditi Saha	23AH306	G	Adim Saha	JORA(H)	1st	6289379049
10	Sebarati Ghosh	23AH374	G	Baby Ghosh	JORA(H)	1st	9933697793
11	Mousumi Chowdhury	23AH390	SC	K. Chowdhury	JORA(H)	1st	9007209989
12	Adipa Bag	23AH380	SC	T. Bag	JORA(H)	1st	7489608917
13	Prinpi Maity	23AH360	OBC-B	N. Maity	JORA(H)	1st	9732500903
14	Sutapa Taluk	23AH387	SC	Rekha Datta	Edu(H)	1st	7439618807
15	Sazia Sultana	23AH390	OBC	SK. Shabana	M.D.C	1st	9830780532



Staff and student's (SCGC)  
SOUTH CALCUTTA GIRLS' COLLEGE

NSS 7 DAYS SPECIAL CAMP

EYE CHECK-UP CAMP

ATTENDANCE SHEET FOR THE PARTICIPANTS

Date: 09.02.2024

Sl.No	Name of the Patients / student	Contact no	Signature
1.	Sazia Sultana	9830780532	Sazia Sultana
2.	Debarati Ghosh	9493669773	Debarati Ghosh
3.	Shruja Anon	9038288720	Shruja Ghosh
4.	Bubleshna Mondal	7980296097	Bubleshna Mondal
5.	Aditi Saha	6289379049	Aditi Saha
6.	Pritya Maity	9732500703	Pritya Maity
7.	Munni Kumari	9748878847	Munni Kumari
8.	Shreya Das	8100268846	Shreya Das
9.	Priyanka Naha	8777933666	Priyanka Naha
10.	Shiba Das	7439608917	S. Das
11.	Anamika Halder	7439902647	Anamika Halder
12.	Caroline Litcha	7602801639	Caroline Litcha
13.	Nilina Ghose	8910713390	Nilina Ghose 9.2.24
14.	Madhusmita Saha	8240219096	M.S. 9.2.24
15.	Sima Saeedat	6289374328	Sima Saeedat
16.	Soma Chanda	9832201269	Soma Chanda 9/2/24
17.	Akhil Mondal	8697333275	Akhil Mondal 9/2/24
18.	Namrata Kothari		Namrata Kothari

Eye Check-up camp

NSS 7 DAY CAMP.  
HEALTH CHECKUP CAMP.

ATTENDANCE SHEET FOR THE STUDENTS/NSS VOLUNTEERS

Date: 10.2.2024

Sl.No	Name of the student	Roll no	Caste	Parent's name	Subject	Semester	Contact no
1.	Sazia Sultana	23AH420	OBC	SK.SHAHEEN	MDC	1st	9330780532
2.	Shreya Das.	23AH407	SC	Ashim Das	Edu(H)	1st	8100268846
3.	Bidyanka Naha	23AH375	G	Gouram Naha	Edu(H)	1st	8777822664
4.	Subhshona Mondal	23AH392	SC	Basanta Mondal	Edu(H)	1st	7980236097
5.	Shagufa Khatun	23AH381	G	Amna Begum	Edu(H)	1st	7439748173
6.	Sutapa Dalui.	23AH387	SC	Rekha Dalui	Edu(H)	1st	7439678897
7.	Aditi Saha	23AH304	G	Ashim Saha	Sona(H)	1st	6289379049
8.	Anamika Halder	23AH304	SC	Tapan Halder	B.A(G)	1st	7439902447
9.	Annabi Bose	23AH422	G	Biplab Bose	Sona(H)	1st	8337078738
10.	Bijita Das	23AH326	G	Phyel Das	JORA(H)	1st	7409483628
11.	Jipa Das	23AH330	SC	T. Das	JORA(H)	1st	7229608917
12.	Sebanati Ghosh	23AH374	G	Baby Ghosh	JORA(H)	1st	7433669793
13.	Bisty Ghosh	23AH413	G	A. Ghosh	JORA(H)	1st	7430840793
14.	Mousumi Chowdhury	23AH390	SC	K. Chowdhury	JORA(H)	1st	9009209980
15.	Pranya Maitty	23AH349	OBC-B	K. Maitty	JORA(H)	1st	782500703
16.	Munni Kumari	23AG19	G-Mandal	G-Mandal	B.A(G)	1st	9748878847
17.	Rajanya Adhikary	23AH329	General	M. Adhikary	JORA(H)	1st	8584806085
18.	Prerna Chatterjee	23AH318	General	G. Chatterjee	JORA(H)	1st	8607547623
19.	Shreya Ghosh	23AH412	General	B. Ghosh	B(G)	1st	903280780

**Health Check-up camp**

**RULES AND REGULATIONS RELATED TO HEALTH AND HYGIENE**

<b>DO'S</b>	<b>DON'TS</b>
<ul style="list-style-type: none"><li>▪ Use the vending machine for the requirement of sanitary napkins.</li></ul>	<ul style="list-style-type: none"><li>▪ Do not throw and flush sanitary napkins in the toilet.</li></ul>
<ul style="list-style-type: none"><li>▪ Dispose used sanitary napkins in well-covered bins.</li></ul>	<ul style="list-style-type: none"><li>▪ Do not keep the tap running in the toilet after use.</li></ul>
<ul style="list-style-type: none"><li>▪ Keep the washroom clean by flushing the toilet after use.</li></ul>	<ul style="list-style-type: none"><li>▪ Wash your hands properly after using the washroom.</li></ul>
	<ul style="list-style-type: none"><li>▪ Keep your nails trimmed and clean for personal hygiene.</li></ul>

## **ICT/COMPUTING SKILLS**

### **PROGRAMMES OF ICT/COMPUTING SKILLS**

Computer Training Course is conducted by WEBEL INFORMATICS LTD. for all students. Total number of students took admission in 2023-2024 is 14. The course was started on 08.08.2023.

#### **NOTICE FOR WEBELCLASSES FOR STUDENTS**

South Calcutta Girls' College Webel Computer Centre  
(Conducted by Webel A Govt. of West Bengal Undertaking)

Notice No.0090 /2023-24

Date: 07.08.2023

### Notice

On behalf of WEBEL, this is to inform all the students that WEBEL (West Bengal Govt. Undertaking) with the collaboration of College conducting Computer Diploma Course for 1<sup>st</sup> sem / 3<sup>rd</sup> sem within college hours (Off period, weekly 2 days).

All the interested students of 1st & 3rd semester are requested to take admission starting from 8.8.2023 onwards. Students are instructed to report at Room No 509 (computer lab) for admission.

For course details visit: <https://southcalcuttagirlscollege.com/pages/379>

For query contact: Deepanjana Chowdhury, Webel Coordinator

:Monday to Friday at 12pm to 3pm.

*Deepanjana Chowdhury.*

Webel co-ordinator

7.8.2023.

*U. S. P.* 07.8.23  
Principal & Secretary

South Calcutta Girls' College

**PHOTOGRAPHS OF COURSE CONTENT OF SOUTH CALCUTTA  
GIRLS' COLLEGE COMPUTER CENTRE**

**WEBEL COMPUTER CENTRE**

Conducted by:

**WEBEL**

(A Govt. of West Bengal Undertaking)

*Introduces*

**DIPLOMA IN PC APPLICATION**

**LEARN COMPUTER WHILE STUDYING IN COLLEGE**

*Course:*

Duration: 1 years (120 hours)		Duration: 2 years (160 hours)	
Science	Humanities	Science	Humanities
<ul style="list-style-type: none"> <li>• Fundamental &amp; OS (Win XP/Win10)</li> <li>• MS Office (Word , Excel, PowerPoint , Access)</li> <li>• Photo Editing Tool(Photoshop)</li> <li>• Structured Programming Language –“C”</li> <li>• Internet email</li> </ul>	<ul style="list-style-type: none"> <li>• Fundamental &amp; OS (Win XP/Win10)</li> <li>• MS Office (Word , Excel, PowerPoint ,)</li> <li>• Graphic Design Software(CorelDraw)</li> <li>• Photo Editing Tool(Photoshop)</li> <li>• Internet email</li> </ul>	<ul style="list-style-type: none"> <li>• Fundamental &amp; OS (Win XP/Win10)</li> <li>• MS Office (Word , Excel, PowerPoint , Access)</li> <li>• Data Base Programming using Visual Basic</li> <li>• Photo Editing(Photoshop)</li> <li>• Structured Programming Language –“C”</li> <li>• Internet email</li> <li>• 2D Animation(Flash)</li> <li>• ASP.NET</li> <li>• Visual Basic.NET</li> <li>• PC Troubleshooting</li> <li>• Concept in Networking(LAN/WAN/MAN)</li> </ul>	<ul style="list-style-type: none"> <li>• Fundamental &amp; OS (Win XP/Win10)</li> <li>• MS Office (Word , Excel, PowerPoint ,)</li> <li>• Graphic Design Software(CorelDraw)</li> <li>• Photo Editing Tool(Photoshop)</li> <li>• Internet email</li> <li>• Graphics editing Tools (Illustrator)</li> <li>• Regional Font (Bangla/Hindi)</li> <li>• 2D Animation (Flash)</li> <li>• Web Designing Tool (Dreamweaver)</li> <li>• Web-Scripting Tool HTML, CSS, Java Script</li> </ul>

**Contact for further enquiry: 9748182498/9143043087/9681172702**

Course Content:

Arts	Science
Computer Fundamental & Operating System.	Computer Fundamental & Operating System.
MS Office 2007	MS Office 2007
Photoshop, Corel Draw, Illustrator	Photoshop
Bengali Word	C Programming, V.B., V.B. Net
Flash, Dreamweaver, Freehand	Flash, PC Troubleshooting, ASP.Net
Java Script & Internet	LAN, MAN, WAN & Internet

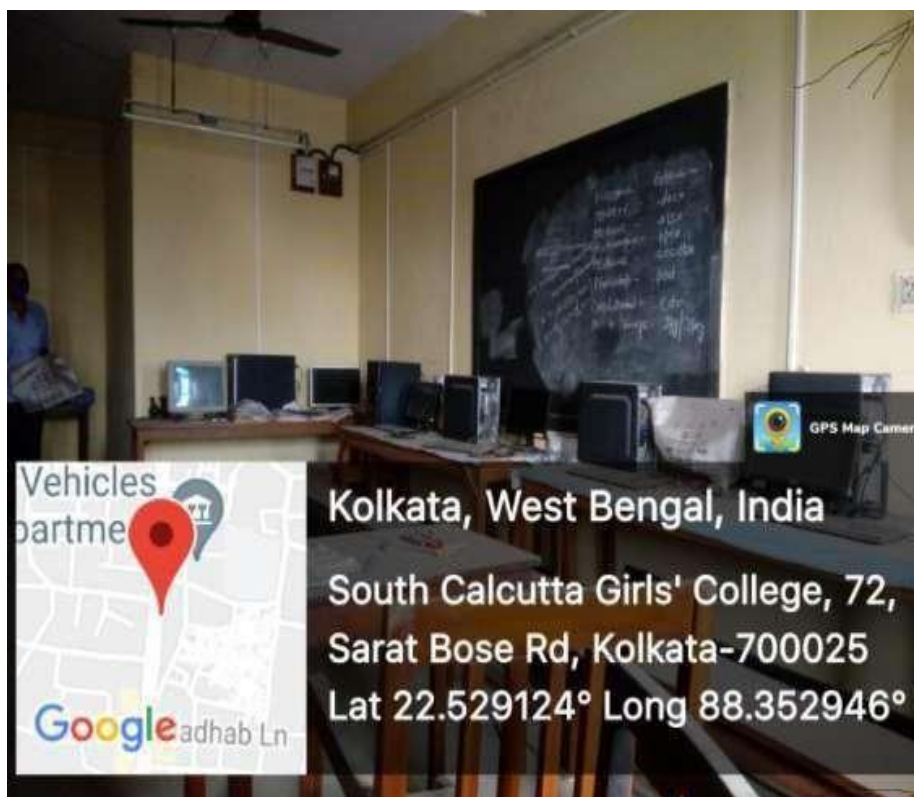
**South Calcutta Girls College Webel Computer Centre  
Admission List 2023\_2024**

SLNO	ROLL NO	NAME	DEPT	SEMISTER	COURSE DURATION
1	22AH506	SRADHANJALI MAJUMDER	ENGLISH	3	1YEAR
2	23SH120	SRIJAYEE KAR	ZOOLOGY	1	1YEAR
3	23SH103	SUSHMITA DAS	ZOOLOGY	1	1YEAR
4	23SH106	SUKTISHREE BISWAS	ZOOLOGY	1	1YEAR
5	23SG 600	SANGITA BARIK	BSC GEN	1	1YEAR
6	23SH104	SAMADRITA PAUL	ZOOLOGY	1	1YEAR
7	23AH390	MAUSUMI CHOWDHURY	JOURNALISM	1	1YEAR
8	23AH308	DISHA DEY	JOURNALISM	1	1YEAR
9	23AH317	SHRESHTHA SAHA	JOURNALISM	1	1YEAR
10	23AH304	ADITI SAHA	JOURNALISM	1	1YEAR
11	23AH350	SRAYASHI MONDAL	JOURNALISM	1	1YEAR
12	23AH410	BIDISHA SARDAR	JOURNALISM	1	1YEAR
13	22AH466	PREETI KUMARI	BA GEN	3	1YEAR
14	23AG720	SAZIA SULTANA	HISTORY	1	1YEAR

*Deepanjana Chowdhury*  
 Deepanjana Chowdhury  
 College Co-ordinator  
 Webel College Coordinator

**Admission List 2023-24**

**SOUTH CALCUTTA GIRLS' COLLEGE COMPUTER CENTRE**



**Computer Classroom**