



South Calcutta Girls' College

Metric Point

7.1.9

SL. NO.	DATE	EVENTS RELATED TO CONSTITUTIONAL OBLIGATIONS
1	05-06-2022	AWARENESS PROGRAMME ON “WORLD ENVIRONMENT DAY” BY DEPARTMENT OF BOTANY AND ECO CLUB
2	03-06-2022	CELEBRATION OF WORLD ENVIRONMENT DAY REINFORCING GREENERY ON CAMPUS BY ECO CLUB
3	10-05-2022	INTER COLLEGE POSTER PRESENTATION AND SEMINAR ON GREEN EARTH & TAGORE’S UNDERSTANDING OF NATURE BY DEPARTMENT OF PHILOSOPHY AND IQAC
4	22-04-2022	CELEBRATION OF WORLD EARTH DAY BY ECO CLUB
5	22-04-2022	CELEBRATION OF WORLD EARTH DAY BY DEPARTMENT OF ZOOLOGY
6	24-03-2022	PLANTATION OF MEDICAL PLANT BY NSS UNIT
7	03-03-2022	MAKING OF BIO-COMPOST AT HOME BY IQAC AND NSS UNIT
8	20-08-2021	INTER COLLEGE BANNER WITH SLOGAN COMPETITION PROMOTED BY IQAC
9	15-08-2021	RENDERING OF THE NATIONAL ANTHEME OF INDIA
10	13-08-2021	FIT INDIA FREEDOM RUN 2.0
11	08-07-2021	INVITED LECTURE ON ENVIRONMENTAL MOVEMENT BY DEPARTMENT OF SOCIOLOGY



South Calcutta Girls' College

7.1.9

DEPARTMENT OF BOTANY AND ECO CLUB

AWARENESS PROGRAMME ON

“WORLD ENVIRONMENT DAY”

2021-22

NOTICE

Notice No. 266/2021-2022

Date: 03.06.2022

The Department of Botany and Eco Club of South Calcutta Girls' College is going to celebrate World Environment Day, 2022 on 5th June 2022 at 2.30 p.m. onwards via Google Meet platform (Theme: “Only one Earth!”). Interested students of our college are requested to enroll/register their names. All are cordially invited

Students from any department can register through the following link

<https://forms.gle/2HrLpPFDix2iJnZf8>

s/d-

Principal



South Calcutta Girls' College

72, Sarat Bose Road, Kolkata-700 025

AWARENESS PROGRAMME

On

Only One Earth!

“To Contribute to Swachh and Sustainable Earth”

To Celebrate

“WORLD ENVIRONMENT DAY” 2022

Organized By

DEPARTMENT OF BOTANY & ECO CLUB

On

5th JUNE, 2022

2.30Pm-3.30Pm

(Online mode)

Registration Link-

<https://forms.gle/323w4fBENHd8ZX8A8>

Honorable
Speakers

➤ **Dr. Ahinsuk Barua**

Asst. Professor, Department of Botany, SCGC

Title- ‘Gems In Our Backyard’ - Floral Account
of South Calcutta Girls' College Campus.



➤ **Dr. Sitaram Prasad Panda**

Curator of AJCBIBG, BSI, Shibpur, Howrah

Title- Socio-economic Importance of Orchids.



FLYER OF
ONLY ONE EARTH
05.06.2022



South Calcutta Girls' College

Accredited by NAAC with B''

72, Sarat Bose Road
Kolkata - 700 025

Phone - (Principal) : 2454-2265
(Office) : 2475-3785

e-mail : southcalcuttagirlscollege@yahoo.com

Reference No. XI/02/SPP

Date.....03.06.2022

To

Dr. Sitaram Prasad Panda
Scientist 'C' and Garden Curator-In-Charge,
Acharya Jagadish Chandra Bose Indian Botanic Garden,
Botanical Survey of India, Howrah

Sub: Invitation for delivering a lecture on 05.06.2022

Dear Sir,

It is my great pleasure to invite you to deliver a lecture in the Awareness Programme on Only One Earth! 'To Contribute to Swachh and Sustainable Earth' to celebrate "World Environment Day" 2022. The programme is organised on the online platform from 2.30 pm to 3.30 pm by the Department of Botany and Eco Club of our college. Hope you would accept our intimation and illuminate our knowledge through your lecture.

Thanking you.

Yours sincerely,

Principal and Secretary
South Calcutta Girls' College

Place: Kolkata

Date: 03.06.2022

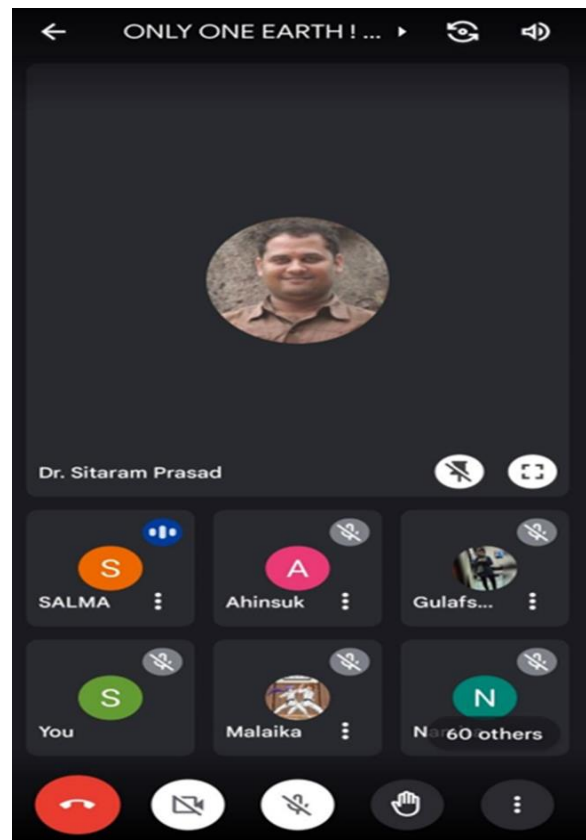
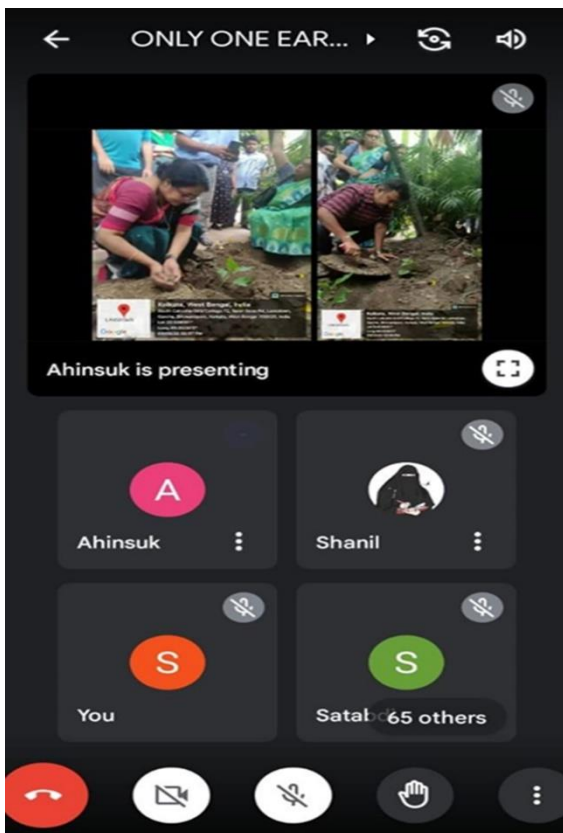
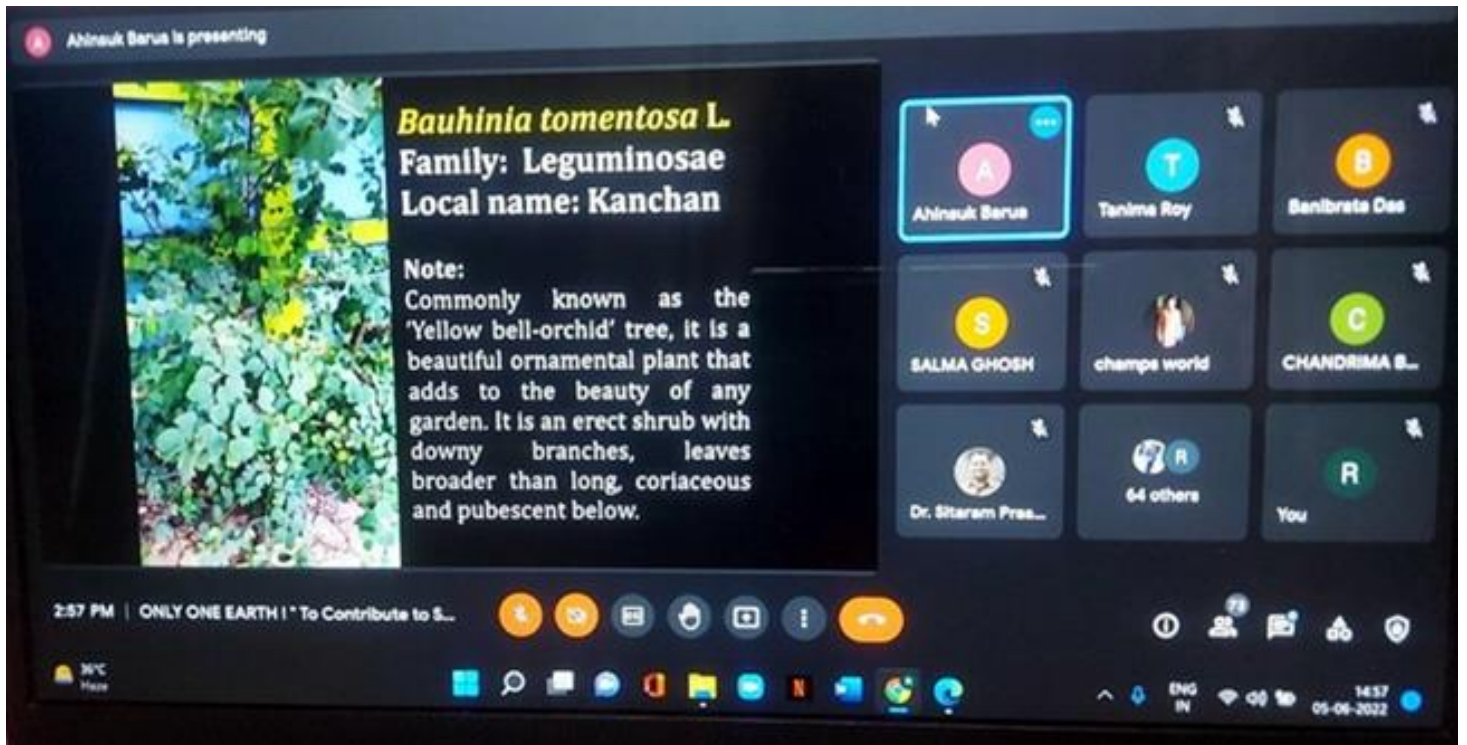
INVITATION LETTER OF
ONLY ONE EARTH
05.06.2022

REPORT: 'ONLY ONE EARTH PROGRAMME

The Department of Botany along with the Eco Club organized an 'Awareness Programme' themed 'Only One Earth' on **5.06.2022** to celebrate the World Environment Day 2022. The program comprised two lecture sessions, one by Dr. Ahinsuk Barua, Assistant Professor and H.O.D. of Botany, South Calcutta Girls' College and the other by Dr. Sitaram Prasad Panda, Curator of Acharya Jagadish Chandra Bose Indian Botanic Garden, Botanical Survey of India, Shibpur, Howrah. The title of Dr. Barua's lecture was "Gems In Our Backyard- Floral Account of South Calcutta Girls' College Campus" while the title of Dr. Panda's lecture was "Socio-economic Importance of Orchids". The event was patronised by our honourable Principal, Prof. Dr. Aparna De and participated by approximately 73 participants. The entire program was conducted on the online platform organised by the college.

SPEAKER: Dr. Sitaram Prasad Panda

Dr. Panda obtained his M.Sc. Life Science degree from Berhampur University of Odisha in 2002 and M.Phil. and Ph.D. degrees from Utkal University, Bhubaneswar, Odisha in 2004 and 2010 respectively. He has been working in the field of floristics and ethnobotany for the last two decades. Presently he is working as a Scientist 'C' and Garden Curator-in-charge in AJC Bose Indian Botanic Garden, Botanical Survey of India, Howrah. Dr. Panda is actively engaged in garden development and maintenance works as well as carried out collection and ex-situ conservation of Endemic, Endangered and Threatened (EET) Plants of the country. Previous to this, he had surveyed major forest rich areas of Eastern Ghats including Odisha for collection, identification and germplasm conservation of wild edible fruits and orchids and carried out their quantitative assessment. Vast experience in collection, identification and preservation of aquatic plants including mangroves and their associates of Odisha. Besides, compiled the aquatic flora of the largest fresh water lake of the state, Ansupa. Worked in all the major mangrove chunks of Odisha. Collected, identified, preserved (as herbarium samples) and conserved the germplasm of wild orchids of Eastern Ghats of India. Collected around 110 species of wild orchids from different forest areas of India and maintained their germplasm in the orchidarium of RPRC, Bhubaneswar. Worked as a herbarium keeper in the ICZM Project Odisha, under the State Wildlife Organisation of Odisha in the O/o PCCF (WL) and Chief WL Warden Odisha funded by World Bank and Ministry of Environment & Forests, Government of India, New Delhi from 2012 to 2014. Pursued Taxonomy based research works like field survey, collection, identification and preservation of Angio spermic plants of Odisha coast in general and mangroves in particular. Prepared herbarium specimen of mangroves and developed of a small herbarium of plants of Bhitarkanika Wildlife Sanctuary in general and mangroves occurred there in particular. Worked as a Project Co-ordinator in Odisha Biodiversity Board under the Odisha Forest Department, Government of Odisha from 2014 to 2015 (31st April). Undertook the Biodiversity Management Committee (BMC) preparation work as well as preparation of Peoples Biodiversity Register (PBR). Arranged several training programmes in different part of Odisha for the frontline staff of Forest Department and BMC members on Biodiversity Act, 2002 and Rule 2004. Besides looked after all the official administrative works. He has published more than 70 research papers on national and international repute and authored 03 books. He has attended number of National and international symposiums and presented papers. He has made several new distributional records for states as well as for India.



PHOTOS OF
ONLY ONE EARTH
05.06.2022



South Calcutta Girls' College

7.1.9

ECO CLUB

CELEBRATION OF WORLD ENVIRONMENT DAY

Reinforcing Greenery on Campus

2021-22

NOTICE

Notice No. 265/2021-2022

Date: 03.06.2022

The Green Audit Team of South Calcutta Girls College is going to celebrate World Environment Day 2022 (Theme: "Only one Earth"). A Cultural Program and a tree planting ceremony is going to take place on 3rd June 2022, 1.30 p.m. onwards at the college campus. All are cordially invited.

s/d

Principal

Flyer of
Reinforcing Greenery on Campus
03-06-2022



South Calcutta Girls' College

Theme for 2022: Only One Earth

Cultural programme and tree-planting ceremony
celebrating WORLD ENVIRONMENT DAY

KALOROB

Date: 3rd June, 2022

Time: 1:30 PM

Venue: Room No. 304

All are cordially invited.

To contribute to swachh and sustainable earth initiative of
Mahatma Gandhi National Council of Rural Education (MGNCRE)
Department of Higher Education, Ministry of Education,
Government of India

REPORT

On account of celebrating World Environment Day 2022, the ECO Club of South Calcutta Girls' College took the initiative to organize a Tree plantation program within the college campus. The main motive behind this program was 'Reinforcing Greenery on Campus'. The event was held on 3rd June 2022 on the college campus. Around 42 members including students and faculties participated in this program. The whole event was guided and led forward by our respected principal madam Dr. Aparna De, whose active participation was a motivation for all of us. The program started at 1 PM with a Tree Plantation program in the college backyard. Our respected principal madam initiated the event by planting tree saplings followed by the faculties and students of the college. The plantation program was followed by a cultural program creating awareness about the importance of the Green Campus, which was held in the college auditorium. By supporting World Environment Day 2022 and the theme 'Only One Earth' campaign, students and faculty members took this small initiative to spread awareness about the importance of Greenery not only on the campus but also in the environment we live in.

Pictures of Reinforcing Greenery on Campus 03-06-2022





South Calcutta Girls' College

7.1.9

DEPARTMENT OF PHILOSOPHY AND IQAC

INTER COLLEGE POSTER PRESENTATION AND SEMINAR ON
GREEN EARTH & TAGORE'S UNDERSTANDING OF NATURE

2021-22



South Calcutta Girls' College

NOTICE

Notice No. 202/2021-2022

Dated : 22.04.2022

The Department of Philosophy of South Calcutta Girls' College is going to organise an Inter – College Poster Competition and Seminar to Commemorate Rabindra Jayanti on Tuesday 10.05.2022 at 1.00 pm. The theme of the poster is " Green Earth" . Seminar on " Tagore's Understanding of Nature " will be held on this occasion.

Speaker : **Dr. Varbi Ray, Associate Professor of Philosophy, Scottish Church College**

The competition is open to all students of College and University. Students should register their names through Google Form. The link is given below.

All are cordially invited in Room no. 304.

[https:// forms.gle/ErjQwsrSgEhKaHYdA](https://forms.gle/ErjQwsrSgEhKaHYdA)

Ph
22/4/2022


22.4.22.
Principal & Secretary

FLYER OF THE EVENTS
GREEN EARTH & TAGORE'S UNDERSTANDING OF NATURE
10-05-2022



SOUTH CALCUTTA GIRLS' COLLEGE

72, Sarat Bose Road, Kolkata 700025

IOAC PROMOTED

**INTER-COLLEGE POSTER PRESENTATION
COMPETITION**

ON

GREEN EARTH

AND SEMINAR ON

TAGORE'S UNDERSTANDING OF NATURE

Speaker: Dr. Varbi Ray

Associate Professor of philosophy, Scottish Church College

To Celebrate 161th Birth Anniversary of Rabindranath Tagore

Organized by

DEPARTMENT OF PHILOSOPHY

DATE: 10th MAY 2022

TIME: 1P.M.

Registration link : <https://forms.gle/ErjQwsrSgEhKaHYdA>

INSTRUCTIONS:

- Online registration is free and compulsory
- Each participant must register within **05.05.2022** through the registration link.
- Each participant can submit only one poster.
- Size of the poster **30 inch X 22 inch**.
- The poster should be original and relevant to the theme.
- Name of the participant, institution, department and semester must be written at the bottom right corner of the poster.
- Scanned copy of the poster is to be sent to scgc.philosophy@gmail.com within 05.05.2022.
- Hard copy is to be submitted on the day of the event within 11 a.m. .
- Registration link - <https://forms.gle/ErjQwsrSgEhKaHYdA>

REPORT

The Department of Philosophy organized an Inter-college poster presentation competition on “Green Earth” and IQAC promoted Seminar on “Tagore’s Understanding of Nature” to celebrate 161st birth anniversary of Rabindranath Tagore on 10.5.2022 at 1 PM. Dr. Varbi Roy, Associate Professor of Philosophy, Scottish Church College was the speaker of the seminar. She gave a lucid presentation on the topic. She discussed the basic concepts of environmental ethics and Tagore’s vision of environmental protection and sustainability as portrayed in his poems, short stories and drama. The seminar was attended by nearly 100 participants.

Photos of the event

GREEN EARTH & TAGORE’S UNDERSTANDING OF NATURE

10-05-2022



Poster Presented by the Students
GREEN EARTH & TAGORE'S UNDERSTANDING OF NATURE
10-05-2022

Shetha Das
Mrinalini Datta Mahavidyapith



Sulagna Dey
Vidyasagar College for Women





South Calcutta Girls' College

7.1.9

ECO CLUB

CELEBRATION OF WORLD EARTH DAY

2021-22

NOTICE

Notice no. 0191 /2021-2022

Date: 09.04.2022

INTRA-COLLEGE POSTER PRESENTATION COMPETITION

The **ECO CLUB** of South Calcutta Girls' College is going to organise a celebration of "World Earth Day 2022" on **22.04.2022 at 2.00 pm** onwards through poster presentation competition. The Theme of the presentation is "Save Earth- The Sole Cradle of Life". All are cordially invited in the Room No 306.

U.A. / 09.4.22

Principal & Secretary

Flyer of
World Earth Day
22-04-2022



South Calcutta Girls' College

72, Sarat Bose Road, Kolkata-700 025

INTRA-COLLEGE POSTER PRESENTATION COMPETITION

ON

**‘Save Earth – The Sole
Cradle of Life’**

Organized By

Eco Club, South Calcutta Girls' College

Celebrating

“WORLD EARTH DAY 2022”

ON

22 April, 2022

2:00Pm

(Offline mode)

Instructions:

1. Size of each Poster should be a full-size chart paper.
2. Each Poster should have a Title followed by Name of the student, Department, Semester and College roll number at the bottom of the Poster.
3. All participants will get the e-certificate.

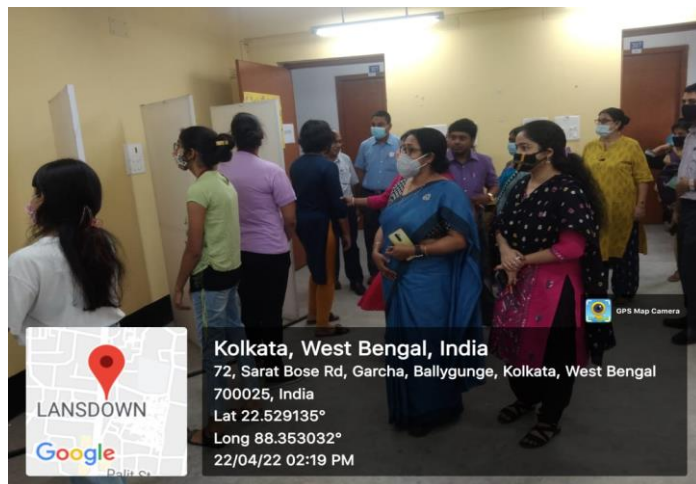
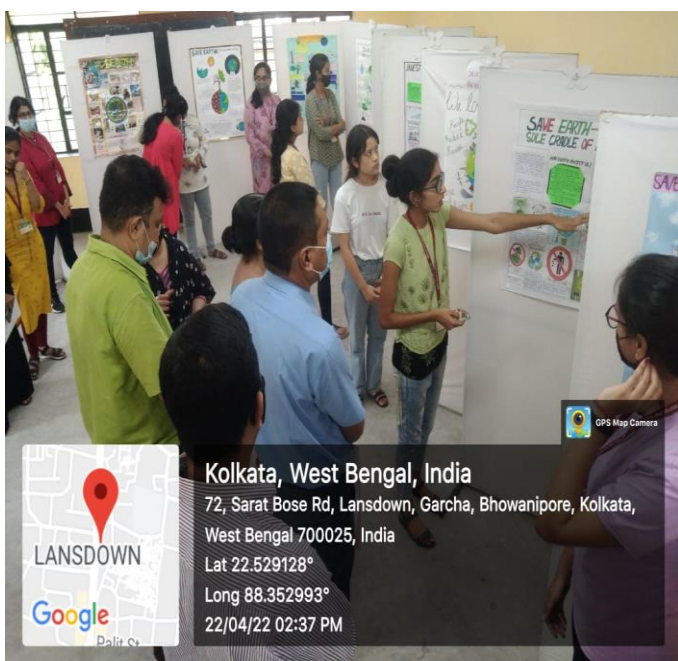
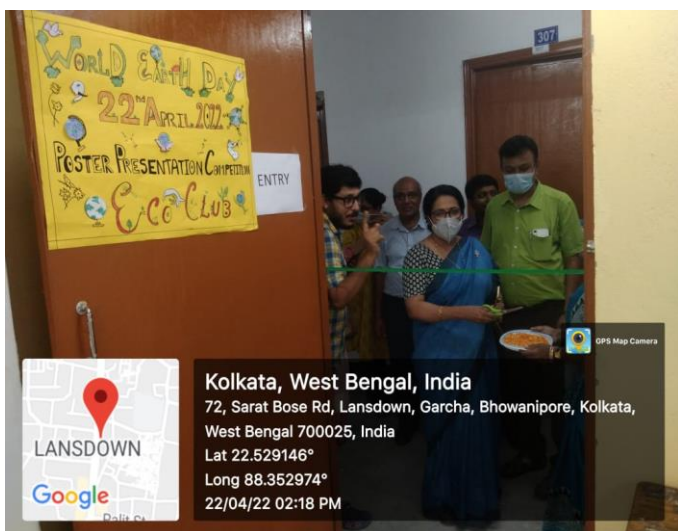
Poster of
World Earth Day
22-04-2022



REPORT

World Earth Day is celebrated every year on the 22nd of April. Like every other year in 2022 also this special day was celebrated by the students and faculties of South Calcutta Girls' College. To celebrate Earth Day an Intra College Poster Presentation competition was organized by the ECO Club of South Calcutta Girls' College in collaboration with the Departments of Biological Science of the college. Around 25 students from the various departments of bioscience participated in this competition. The program was held on 22nd April 2022 on the college campus. Dr. Aparna De, Principal, of South Calcutta Girls' College, inaugurated the program with her motivating speech. Faculties from the various departments of bioscience judged the students. The program commenced after the inauguration ceremony where the participants presented and demonstrated their posters to the honorable judges. At the end of the program, the names of the winners were announced. All the winners and participants were awarded a certificate of merit and a certificate of participation respectively. This small initiative was taken to aware the students and all other people about the value of our environment and how we should take care of Mother Earth. The wholehearted participation of all the students and the faculties turned this program into a grand success.

Pictures of World Earth Day 22-04-2022





South Calcutta Girls' College

7.1.9

DEPARTMENT OF ZOOLOGY

WORLD EARTH DAY

2021-22

Notice

Notice No. 0194/2021-2022

Date: 12.04.2022

Department of Zoology

This is to notify that Department of Zoology will be organizing a debate on topic "CONSERVATION AND DEVELOPMENT CANNOT GO HAND IN HAND" on the occasion of World Earth Day on 22nd April, 2022 in Room No. 304 from 12:00 pm to 1 pm. All are cordially invited.

Participating students should register through the link provided below till 20.04.2022, 11:59pm.

Registration link: <https://forms.gle/8giyJWbP3YQ3Fm259>

HOD

Department of Zoology



SOUTH CALCUTTA GIRLS' COLLEGE

72, Sarat Bose Road, Kolkata-700 025

Intra-college Debate Competition

Celebrating **World Earth Day 2022**

Organised by

Department of Zoology

Theme: CONSERVATION AND DEVELOPMENT CANNOT GO HAND IN HAND

Date: 22nd April 2022; Time: 12.00 pm Room No 304

Registration Link: <https://forms.gle/8giyJWbP3YQ3Fm259>

Students have to register their name for participation within 11.59 pm, 20/04/2022

Organising Committee

Patron: Prof (Dr) Aparna De. Principal & Secretary, South Calcutta Girls' College

Members: Dr Roni Sarkar, Dr Rajasri Chakraborty, Dr Sudipta Ghosh,

Dr Pubali Mitra & Mrs Sucheta Bose

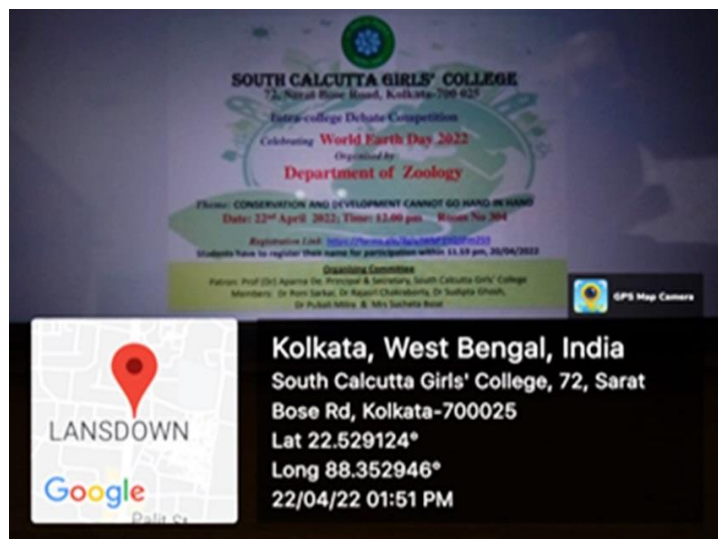
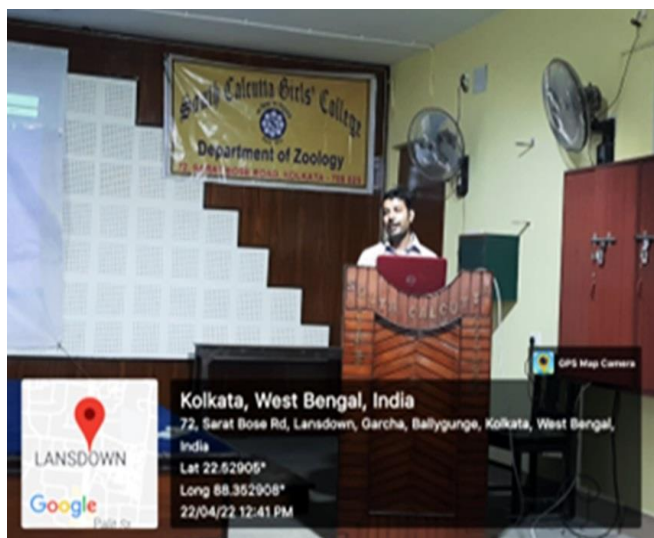
FLYER OF THE EVENT

WORLD EARTH DAY

22-04-2022

REPORT

Department of Zoology, South Calcutta Girls' College organized a debate competition on "Conservation and Development cannot go hand in hand" on 22.04.22. Students from Sem-2, Sem-4 and Sem-6 Honours of Zoology Department participated in the program.



PICTURES OF THE EVENT
WORLD EARTH DAY
22-04-2022



South Calcutta Girls' College

7.1.9

NSS Unit

PLANTATION OF MEDICAL PLANT

2021-22

NOTICE

Notice No. 0166/2021-2022

Date: 05.03.2022

All volunteers are hereby informed that NSS special camp will start as per the following schedule

SPECIAL CAMP 2021-2022

DAY	PROGRAMME	DATE	Time
DAY 1	COVID AWARENESS AND SURVEY	10.03.2022	2.30 p.m.
DAY 2	COVID AWARENESS- MASK DISTRIBUTION AND SURVEY	11.03.2022	2.30 p.m.
DAY 3	EYE CHECK UP	12.03.2022	11.00 am
DAY 4	HEALTH CHECK UP	14.03.2022	2.30 p.m.
DAY 5	SESSION ON YOGA	15.03.2022	2.30 p.m.
DAY 6	SANITIZER PREPARATION.	16.03.2022	2.30 p.m.
DAY -7	PSYCHOLOGICAL COUNSELLING.	17.03.2022	11.00 am

S/d

Principal

REPORT

The NSS Unit organized a tree plantation event on 24th March 2022. Our NSS volunteers planting saplings and watering the plants. We mainly planted medicinal plants in our college campus and enriched the medicinal plant garden. The plants are Basak, Kalmegh, and Ashwagandha. NSS girls regularly water the plants, making sure that the plants grow beautifully.

Pictures of the event Making of Bio-Compost at Home NSS Unit 24-03-2022





South Calcutta Girls' College

7.1.9

IQAC and NSS Unit

Making of Bio-Compost at Home

2021-22

Notice

Notice no. 0153/2021-2022

Date – 28.02.2022

NSS volunteers are hereby informed that IQAC and NSS Unit of South Calcutta Girls' College is going to organise a training programme on “Making of Bio-Compost at Home.”

Date: 03.03.2022 (Thursday).

Time: 12 noon onwards

Venue: Room no. 301

Speaker: Dr. Ahinsuk Barua, Assistant Professor, Department of Botany, South Calcutta Girls' College.

All are cordially welcome.

S/d

Principal

Flyer of the event
Making of Bio-Compost at Home
IQAC and NSS Unit
03-03-2022



SOUTH CALCUTTA GIRLS' COLLEGE



72, SARAT BOSE ROAD, KOLKATA-700025

IQAC AND NSS UNIT OF SOUTH CALCUTTA GIRLS' COLLEGE

IS GOING TO ORGANISE A PROGRAMME ON

“Making of Bio-Compost at Home”



Speaker : Dr. Ahinsuk Barua, Assistant Professor.
Department of Botany , South Calcutta Girls' College

ON 3rd March 2022

TIME : 12 Noon Venue : Room no 301

REPORT

Hands on Training, Making of Compost Fertilizers on 3rd march 2022. We introduced to NSS volunteers the process of making decomposed fertilizers in own house with the practical experience. The speaker of the training programme, “Making of Bio-compost at home” was Dr A. Barua, department of Botany, South Calcutta Girls’ College. A pit was constructed beside the college canteen for this purpose, biodegradable materials from hostel kitchen and canteen waste stored in that pit. The project is to continue with the super vision of volunteers.

Pictures of the event Making of Bio-Compost at Home IQAC and NSS Unit 03-03-2022





South Calcutta Girls' College


7.1.9

IQAC PROMOTED

INTERCOLLEGE BANNER WITH SLOGAN COMPETITION ON

20.8.21

Flyer of the event



 **South Calcutta Girls' College**
CELEBRATING 75 YEARS
OF INDEPENDENCE

IQAC promoted
Inter College Competition

Theme - 75 years of Independence

• **Event : Banner with Slogan**

Organised by
SOUTH CALCUTTA GIRLS' COLLEGE
in collaboration with
NEW ALIPORE COLLEGE

INSTRUCTIONS

- Online registration is free and compulsory
- Each participant must register within 16.08.2021 through the registration link
- Each participant can submit only one banner with slogan
- Size of the banner is 30 inches X 22 inches
- Name of the participants, Institution, Department and semester must be written at the bottom right corner of the banner
- Copy of the Banner in JPG format is to be send to scgccompetition31@gmail.com within 20 MB and it should be submitted within 17th August 2021 before 12 noon
- After preliminary screening, selected candidates will get a chance to share their thoughts related to the slogan within 5 minutes on 20th Aug 2021
- All participants will get the E-certificate after submission of feedback form and the link will be provided during the presentation session

Registration Link :

PLATFORM : GOOGLE MEET
DATE - 20TH AUG 21
TIME : 3 P.M
SUBMISSION DATE IS UPTO 17TH AUG 21, 12 Noon

REPORT

The NAAC Criterion III Committee of South Calcutta Girls' College, under the aegis of IQAC and in collaboration with New Alipore College, Kolkata, organized an Online Inter-College Banner with Slogan Competition on the theme, **“Celebrating 75 Years of Independence”** on 20th August 2021. The objective of the programme was to commemorate 75 years of independence of India. Our respected Principal, Prof. (Dr.) Aparna De, chaired the event. The Competition commenced with the enlightening ‘Welcome Address’ of Principal Madam, which set the tone for the programme. Her address was followed by the ‘Keynote Address’ offered by Prof. (Dr.) Jaydeep Sarangi, Principal of New Alipore College and an illuminating speech by the Coordinator of IQAC and Associate Professor in Philosophy, South Calcutta Girls' College, Dr. Rehana Khatun. The Competition received an overwhelming response, which was very encouraging, given the pandemic situation. Students from different educational institutions all over Kolkata submitted thought-provoking and innovative banners with slogans. All the participants explained the essence of their banners and communicated their thoughts and aspirations on the theme very aptly. Participants were awarded participation certificates and the three best presenters were awarded rank certificates. The total number of participants was 100.

Pictures of the event
IQAC Promoted Inter-College Banner with Slogan Competition
20-08-2021





South Calcutta Girls' College

7.1.9

RENDERING OF THE NATIONAL ANTHEM OF INDIA 2021-22



ज्ञान-विज्ञान विमुक्तये

प्रो. रजनीश जैन
सचिव

Prof. Rajnish Jain
Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(शिक्षा मंत्रालय, भारत सरकार)
(Ministry of Education, Govt. of India)

बहादुरशाह जफर मार्ग, नई दिल्ली-110002
Bahadur Shah Zafar Marg, New Delhi-110002

Ph.: 011-23236288/23239337

Fax: 011-2323 8858

E-mail: secy.ugc@nic.in

D.O.No.F14-4/2021(CPP-II)

8th August, 2021

Subject: Rendering of the National Anthem of India

Respected Madam/Sir,

This has reference to the letter D.O.No. 11018/6/2021-EBSB dated 5th August, 2021 of the Secretary (HE), Government of India, Ministry of Education. As you are aware, the celebration for "Azadi ka Amrit Mahotsav" have commenced with active participation of all stakeholders. One of the events relates to the rendering of the National Anthem of India by everyone.

The students may contribute their individual rendering of the National Anthem of India at <https://rashtragaan.in>. A compilation of the uploaded videos of the National Anthem will be shown live on 15th August, 2021.

All the HEIs are requested for active cooperation for the celebration of "Azadi ka Amrit Mahotsav". Also, a running band/ticker "Contribute your rendering of the National Anthem of India at <https://rashtragaan.in>" may be included in all websites of the University. This may also be brought to the notice of Colleges/Institutions affiliated to your University.

With kind regards,

Yours sincerely,

(Rajnish Jain)

To

The Vice-Chancellors of All Universities

The Principals of All Colleges

ORDERS RELATING TO THE NATIONAL ANTHEM OF INDIA

The National Anthem of India is played or sung on various occasions. Instructions have been issued from time to time about the correct versions of the Anthem, the occasions on which these are to be played or sung, and about the need for paying respect to the anthem by observance of proper decorum on such occasions. The substance of these instructions has been embodied in this information sheet for general information and guidance.

I. THE NATIONAL ANTHEM - FULL AND SHORT VERSIONS

- 1) The composition consisting of the words and music of the first stanza of the late poet Rabindra Nath Tagore's song known as "Jana Gana Mana" is the National Anthem of India. It reads as follows: -

Jana-gana-mana-adhinayaka jaya he
Bharata-bhagya-vidhata
Panjaba-Sindhu-Gujarata-Maratha
Dravida-Utkala-Banga
Vindhya-Himachala-Yamuna-Ganga
uchchala-jaladhi-taranga
Tava Subha name jage, tave subha asisa mage,
gahe tava jaya-gatha.
Jana-gana-mangala-dayaka jaya he
Bharata-bhagya-vidhata.
Jaya he, Jaya he, Jaya he,
jaya jaya jaya jaya he.

The above is the full version of the Anthem and its playing time is approximately 52 seconds.

- (2) A short version consisting of the first and last lines of the National Anthem is also played on certain occasions. It reads as follows:

Jana-gana-mana-adhinayaka jaya he
Bharata-bhagya-vidhata.
Jaya he, jaya he, jaya he,
Jaya jaya jaya jaya he.

Playing time of the short version is about 20 seconds.

- (3) The occasions on which the full versions or the short version will be played have been indicated at the appropriate places in these instructions.

REPORT

As per the instruction of Ministry of Education, Govt. of India and UGC, rendering of the National Anthem event was celebrated on auspicious occasion of 75 years of Independence (Azadi ka Amrit Mahotsav) by the students of South Calcutta Girls' College under the supervision of Cultural Club. 9 students recorded National Anthem on 15th August, 2021 and got Certificates through the link.



South Calcutta Girls' College

7.1.11

FIT INDIA FREEDOM RUN 2.0

2021-22

SOUTH CALCUTTA GIRLS' COLLEGE

NOTICE NO. 042/2021-2022

Date.11.08.2021

Fit India Mission has conceptualized "THE FIT INDIA FREEDOM RUN 2.0" to commensurate the 75th Year of India's Independence Day – "Azadi ka Amrit Mahotsav". As a part of this initiative, a virtual programme will be organized by Physical Activity Club of South Calcutta Girls' College on **13.08.2021 at 9:00 am to 9.45 am** through **Google Meet**. Students and staff are invited to actively participate in the programme presenting the demonstration of different forms of physical activities by the students.

"THE FIT INDIA FREEDOM RUN 2.0" programme shall further continue for a week **14th to 20th August 2021** each participant can run or jog on a route at a time and pace according to convenience, each daily run can be broken up into small phases, participants shall track the distance covers each day. They should register themselves and give report of the distance (kms) covered daily to the link provided by the physical activity club.

All are cordially welcome in this mission.

sd/-

Principal

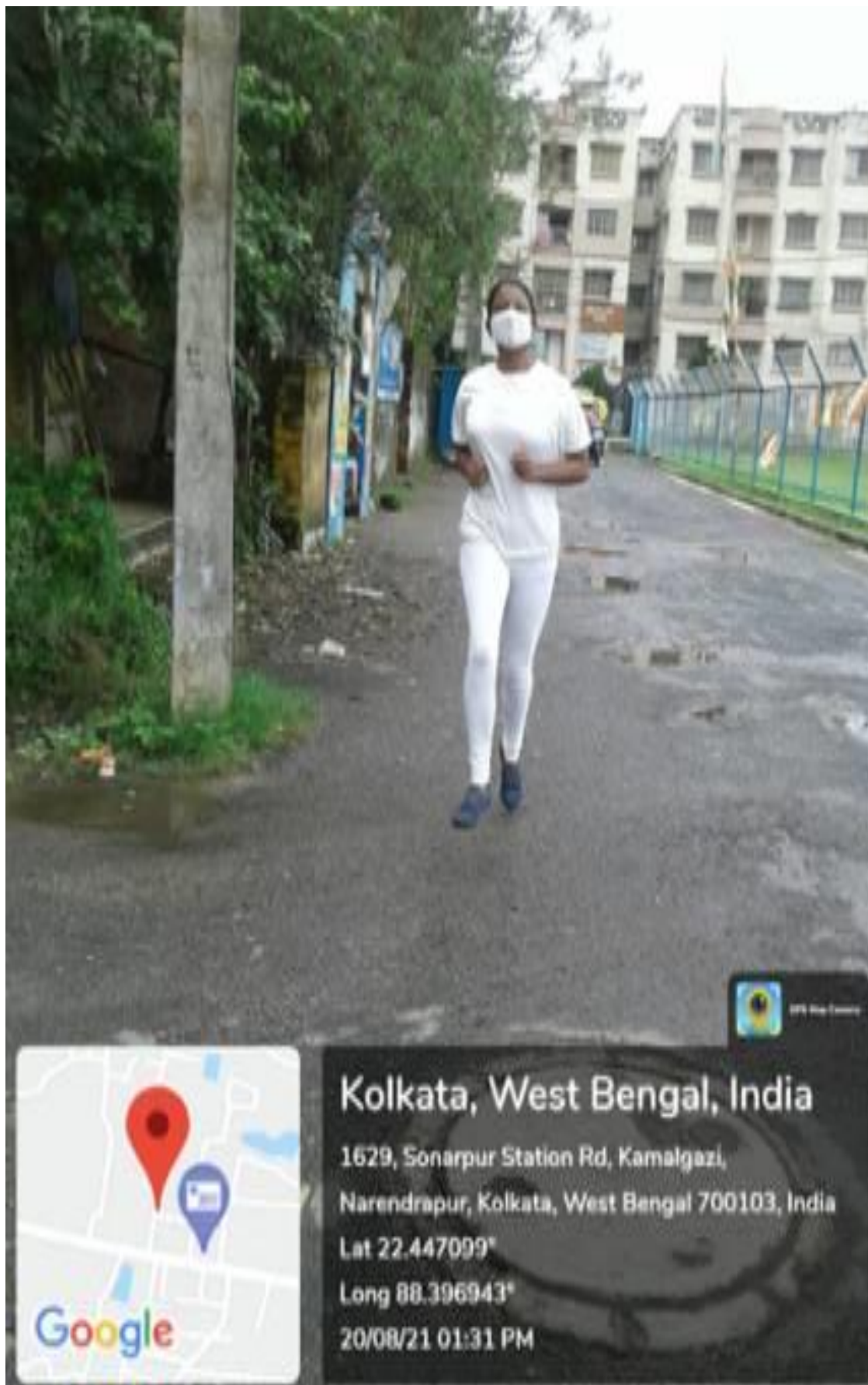
REPORT

To commemorate the 75th year of India's Independence Day "Azadi Ka Mahotsav" Fit India Mission had conceptualized "THE FIT INDIA FREEDOM RUN 2.0. Being the part of this movement, Physical Activity Club of South Calcutta Girls' College organized the inaugural program on 13.08.2021 at 9.00 am to 9.45 am through virtual platform where by the guidance of our yoga instructor Rama Nandi students actively participated in different physical activities. In this program our respected principal madam Dr Aparna Dey and IQAC Coordinator, staffs and students attended (57). To fruitful this Physical Activity Club started one week program from 14th to 20th August. Every day around 50 participants performed different activities like walking, running, jogging, yoga exercise etc. Each participant reported everyday how much distance and time they covered.

FIT INDIA FREEDOM RUN 2.0 REPORTS OF SEVEN CONSECUTIVE DAYS ARE GIVEN BELOW.

<u>DAY</u>	<u>NUMBER OF PARTICIPANTS</u>	<u>WALKING / JOGGING/ RUNNING IN KM</u>
14.08.21	50	102
15.08.21	48	107
16.08.21	51	113
17.08.21	40	92
18.08.21	65	161
19.08.21	49	121
20.08.21	50	119
7 DAYS	353	815

PARTICIPANTS DURING
FIT INDIA FREEDOM RUN 2.0
13-08-2021





South Calcutta Girls' College

7.1.9

DEPARTMENT OF SOCIOLOGY
INVITED LECTURE ON
ENVIRONMENTAL MOVEMENT
2021-22

Notice

Notice no - 017/2021-2022

Date- 07/07/2021

The Department of Sociology, South Calcutta Girl's College is organizing an invited lecture on "**Environmental Movements: Some Contemporary Trends**" by **Dr. Shoma Choudhury Lahiri**, Assistant Professor, Department of Sociology, **St. Xavier's College, Kolkata** on Thursday, **July 8, 2021** from 11:00 A.M.- 12:00 Noon on Google meet platform.

sd/-

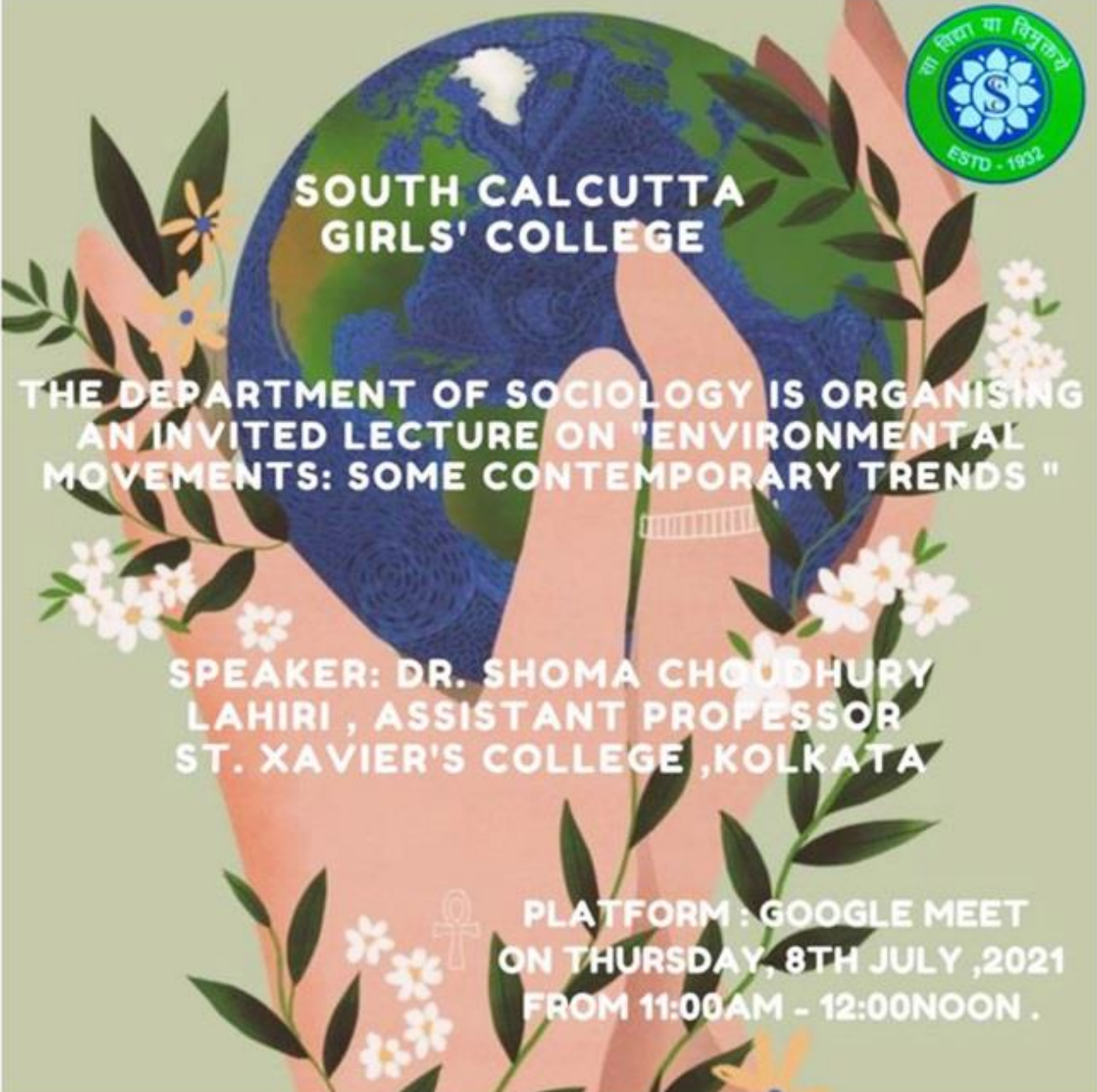
sd/-

Ankita Mookherjee

Principal

Department of Sociology

Flyer of the event
Invited Lecture on
Environmental Movement
Department of Sociology
08-07-2021



**SOUTH CALCUTTA
GIRLS' COLLEGE**

**THE DEPARTMENT OF SOCIOLOGY IS ORGANISING
AN INVITED LECTURE ON "ENVIRONMENTAL
MOVEMENTS: SOME CONTEMPORARY TRENDS "**

**SPEAKER: DR. SHOMA CHOUDHURY
LAHIRI , ASSISTANT PROFESSOR
ST. XAVIER'S COLLEGE ,KOLKATA**

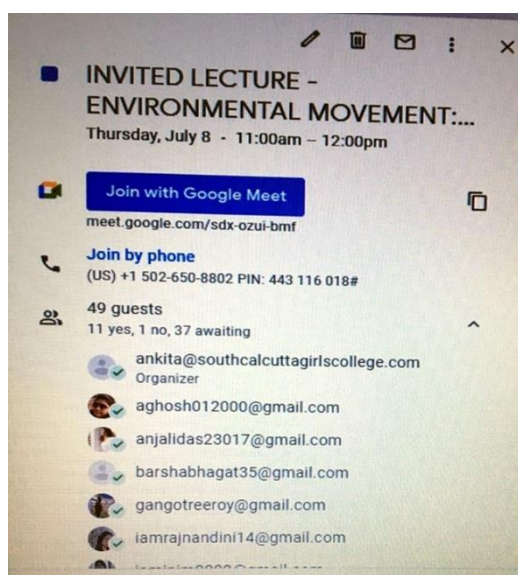
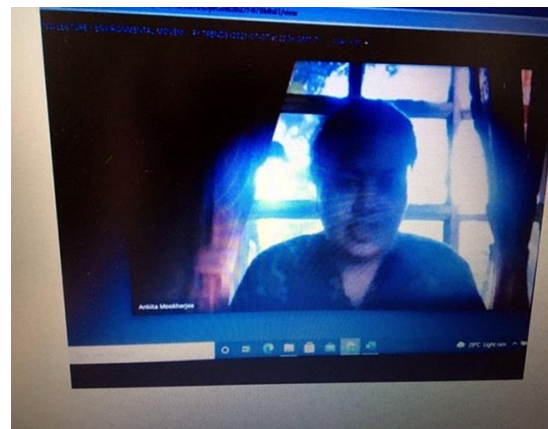
**PLATFORM : GOOGLE MEET
ON THURSDAY, 8TH JULY ,2021
FROM 11:00AM - 12:00NOON .**

REPORT

The speaker introduced the term environment and the various connotations given to it by different groups of people. She highlighted the dualism between development and environment and drew upon research material to show how states such as Uttarakhand foregrounded their demand for separate statehood by highlighting issues of underdevelopment in the area. Discussions around environment are often anti-development and the speaker argued that as such that's largely the paradigm within which it is organised. Environmentalism can be varied in its forms and while Ramchandra Guha speaks of the environmentalism of the poor, Baviskar writes about bourgeoisie environmentalism. She drew attention towards a convergence of various kinds of social and environmental movements. The talk concluded with the speaker answering several interesting questions by the students. Number of participants-37.

SPEAKER- Dr. Shoma Choudhury Lahiri, Assistant Professor, Department of Sociology, St. Xavier's College, Kolkata

Pictures of the event Invited Lecture on Environmental Movement Department of Sociology 08-07-2021





South Calcutta Girls' College

Metric Point

7.1.9 ANY OTHER RELEVANT INFORMATION

SL. NO.	DATE	EVENT
1	20-08-2021	INTER COLLEGE BANNER WITH SLOGAN COMPETITION PROMOTED BY IQAC-SAMPLE CERTIFICATE
2	15-08-2021	RENDERING OF THE NATIONAL ANTHEM OF INDIA SAMPLE CERTIFICATE
3	13-08-2021	FIT INDIA FREEDOM RUN 2.0 PARTICIPANTS' LIST



South Calcutta Girls' College

7.1.9 ANY OTHER RELEVANT INFORMATION

IQAC PROMOTED

INTERCOLLEGE BANNER WITH SLOGAN COMPETITION ON
20.8.21

Certificate of the event



IQAC promoted

Inter-College Banner with Slogan Competition

celebrating **75 years of Independence**

Organized by

South Calcutta Girls' College in collaboration with New Alipore College



Participation Certificate

This is to certify that **.Shreya.Mondal**.....
of...**South.Calcutta.Girls.College**.....
has participated in an IQAC promoted Inter-College Banner with Slogan
Competition celebrating 75 years of Independence organised by
South Calcutta Girls' College in collaboration with New Alipore College on
20th August 2021 from 3 pm to 5 pm.

Rehana Khatun

Dr. Rehana Khatun
Coordinator, IQAC
South Calcutta Girls' College

Jaydeep Sarangi

Prof. (Dr.) Jaydeep Sarangi
Principal
New Alipore College

Aparna De

Prof. (Dr.) Aparna De
Principal & Secretary
South Calcutta Girls' College

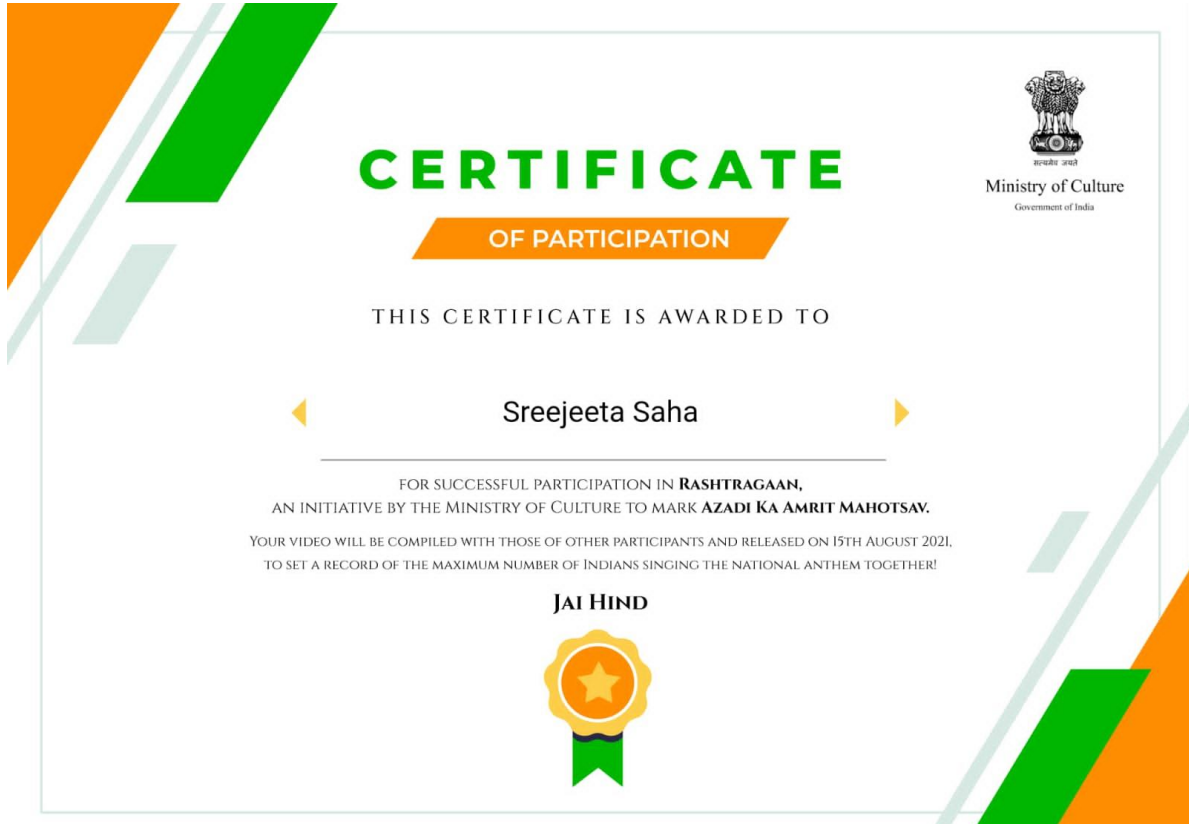


South Calcutta Girls' College

7.1.9 ANY OTHER RELEVANT INFORMATION RENDERING OF THE NATIONAL ANTHEM OF INDIA

Certificates of the event

15-08-2021





South Calcutta Girls' College

7.1.9 ANY OTHER RELEVANT INFORMATION

FIT INDIA FREEDOM RUN 2.0

CERTIFICATE

13-08-2021



Participants' list, FIT INDIA RUN 2.0.

DATE – 14.08.21 - 20.08.21

Day -1

<u>NAME OF ACTIVIST</u>	<u>DESIGNATION</u>	<u>RUNNING/ JOGGING/ WALKING IN KM</u>
Pataur Jaman	TEACHER	Running 2km
SHRUTI AGARWAL	STUDENT	Jogging- 5.82 km
Dr. Satabdi Das	TEACHER	1.5
Nilina ghose	TEACHER	Walking from 11.15 am to 11.50 am
Debosmita Dutta	STUDENT	Walking in - 3 KM.
MUSKAN E TAHIRA	STUDENT	RUNNING-1KM
Priyanka roy	STUDENT	Walking
Walking	TEACHER	1km
Shreya Mondal	STUDENT	Running
Sreemita Roy	STUDENT	Walking
Dr. Banibrata Das	TEACHER	Walking 3 Km per day
Mohor Chakraborty	TEACHER	Walking
Joging	NON-TEACHING STAFF	1km
JOGGING	STUDENT	30 min jogging: 1 Km
Kasturi Roy	STUDENT	1.6 km
Debanwita Mukherjee	STUDENT	Walking
MUSKAN E TAHIRA	STUDENT	RUNNING-1KM
Moumili Sultana	STUDENT	Run 2 km
Kheyali Das	STUDENT	Walking in km
Saleha khatoon	STUDENT	Running
Dr Nayana Sharma Mukherjee	TEACHER	1.5 kms
Soumita Das	TEACHER	Waking
MUSKAN E TAHIR	STUDENT	RUNNING-1KM
Sucheta Bose	TEACHER	Walking 1.5km
Kasturi Roy	STUDENT	1.6 km
Sukanya Dey	STUDENT	1.5kms
Priyanka Pal	STUDENT	1.km running
Sreemaye Sardar	STUDENT	Jogging
Neha chowdhury	STUDENT	Jogging 5km
Sreemaye Sardar	STUDENT	Jogging
Jyoti Shaw	STUDENT	Jogging
Bushra khatoon	STUDENT	Walking
Walk	STUDENT	3km
Shrabanti Das	STUDENT	Walking
Saheli Biswas	TEACHER	1 KM
Puja Das	STUDENT	1KM
Somdutta Tribedi	STUDENT	2.5km
Somdutta Tribedi	STUDENT	2.5
Dr. Riya Chakrabarti	TEACHER	Jogging 1km
Pousali Guchait	STUDENT	Walking in 2 km
Priyanka Mondal	STUDENT	2 Km Running
Puja Mondal	STUDENT	Jogging
Puja Mondal	STUDENT	Jogging
Bushra khatoon	STUDENT	Walking 1 Km
Dr. Partha Malakar	TEACHER	Walking in 2 KM.
Dr. Partha Malakar	TEACHER	Walking in 2 KM
Jyoti Shaw	STUDENT	Jogging
Ahmen Nisha Begum	STUDENT	Walking in 2.6km
MUSKAN E TAHIRA	STUDENT	RUNNING-1KM
Sinthiya kar	STUDENT	Walk 1
Susmita mandal	TEACHER	Walking 2 km

Day -2 FIT INDIA FREEDOM RUN 2.0

SL NO.	NAME	DESIGNATION	MODE OF ACTIVITY	DISTANCE COVERED IN KM
1	Diksha Mahato	STUDENT	Cycling + jogging	4km
2	Shreya Mondal	STUDENT	walking	1.5 km
3	Priyanka das	STUDENT	RUNNING	2km
4	Rama Nandi	TEACHER	RUNNING	2kkm
5	Pataur Jaman	TEACHER	RUNNING	2km
6	Sreyasi Mondal	STUDENT	WALKING	2km
7	Soudia parveen	STUDENT	WALKING	1
8	Madhumita Naiya	STUDENT	WALKING	1km
9	Debosmita Dutta	STUDENT	WALKING	4 KM.
10	Zeenat Naaz	STUDENT	JOGGING	1km
11	Priya Manna	TEACHER	WALKING	1.1km
12	Kamalika Banerjee	TEACHER	WALKING	1 km
13	Antara Banerjee	STUDENT	WALKING	2
14	Kheyali Das	STUDENT	WALKING	1.87km
15	Neha chowdhury	STUDENT	JOGGING	4km
16	MUSKAN E TAHIRA	STUDENT	RUNNING	1Km
17	Vaishnavi Shaw	STUDENT	WALKING	3 km
18	Somdutta Tribedi	STUDENT	WALKING	2.5 km
19	Abhijit Mondal	TEACHER	WALKING	1.5 KM
20	POUSALI GUCHAIT	STUDENT	WALKING	2km
21	Grisha Koley	STUDENT	WALKING	Total 4km
22	ANANYA GOSWAMI	STUDENT	WALKING	2 km
23	Shrabanti Das	STUDENT	WALKING	Half km
24	Madhumita Mal	STUDENT	WALKING	1 km
25	PRIYA DAS	STUDENT	RUNNING	3.5km
26	Dr. Satabdi Das	TEACHER	WALKING	2
27	Priyanka Mondal	STUDENT	RUNNING	1 Km
28	Nilina Ghose	TEACHER	WALKING	2 km
29	Ahmen Nisha Begum	STUDENT	WALKING	5km
30	Debanwita Mukherjee	STUDENT	WALKING	2km
31	SUPRITTY SAMADDAR	STUDENT	JOGGING	1km
32	Bushra khatoon	STUDENT	WALKING	1 KM
33	Dr. Patralekha Mitra	TEACHER	Free hand exercise	NA
34	Puja Das	STUDENT	WALKING	1KM
35	Durba Das	STUDENT	WALKING	1
36	Dr. Banibrata Das	TEACHER	WALKING	3 km
37	Sreemita Roy	STUDENT	WALKING	1.7 km
38	SHRUTI AGARWAL	STUDENT	JOGGING	6 km
39	Puja Mondal	STUDENT	WALKING	1.6 km
40	Rabin mondal	NON-TEACHING STAFF	running	1.99km
41	Dr. Riya Chakrabarti	TEACHER	JOGGING	1 km
42	Sreyasi Mondal	STUDENT	WALKING	2km
43	Anisha chaursiya	STUDENT	JOGGING	1km
44	Tanusri Chowdhury	STUDENT	WALKING	1.2 km
45	SAYANI BANERJEE	STUDENT	WALKING	5-6KM
46	Dr Nayana Sharma Mukherjee	TEACHER	WALKING	0.8
47	Saheen Parveen	STUDENT	WALKING	2 kM
48	Dr. Partha Malakar	TEACHER	WALKING	Walked 2KM
49	Priyanka Pal	STUDENT	Karate practice and running	2km
50	Mohor Chakraborty	TEACHER	WALKING	1
51	Triparna Mukherjee	TEACHER	WALKING	2

Day 3 FIT INDIA FREEDOM RU 2.0

SL NO.	NAME	DESIGNATION	MODE OF ACTIVITY	DISTANCE COVERED IN KM
1	Shreya Mondal	STUDENT	RUNNING	6km
2	PRIYA DAS	STUDENT	RUNNING	3.5 km
3	Pataur Jaman	TEACHER	RUNNING	2km
4	Priyanka das	STUDENT	RUNNING	2km
5	Diksha Mahato	STUDENT	Yoga	0
6	Tanushree Pal	STUDENT	RUNNING	4 k.m
7	Debosmita Dutta	STUDENT	WALKING	3 KM
8	Priya Manna	STUDENT	WALKING	2km
9	Sanjukta Chatterjee	TEACHER	WALKING	1.5 km
10	MUSKAN E TAHIRA	STUDENT	RUNNING	1 Km
11	Zeenat Naaz	STUDENT	JOGGING	1km
12	Ananya Goswami	STUDENT	JOGGING	30 min: 1km
13	Shaiqua Siba Ahmed	STUDENT	WALKING	3km
14	Madhumita Naiya	STUDENT	WALKING	2km
15	Dr. Riya Chakrabarti	TEACHER	JOGGING	1km
16	Sonia Majumdar	STUDENT	WALKING	6.24
17	NehaChowdhury	STUDENT	WALKING	2km
18	Pousali Guchait	STUDENT	WALKING	2.5 km
19	Dr. Banibrata Das	TEACHER	WALKING	2.5 km
20	PRIYA DAS	STUDENT	RUNNING	3.5 km
21	Bushra khatoon	STUDENT	WALKING	2 km
22	Susmita mandal	TEACHER	RUNNING	2.2
23	Vaishnavi Shaw	STUDENT	WALKING	3km
24	Robin Mondol	NON TEACHING STAFF	RUNNING	3km
25	SUPRITTY SAMADDAR	STUDENT	JOGGING	1KM
26	Rama Nandi	TEACHER	JOGGING	2km
27	Kheyali Das	STUDENT	WALKING	1.5 km
28	Antara Banerjee	STUDENT	RUNNING	2
29	Somdutta tribedi	STUDENT	WALKING	2.5
30	Puja Das	STUDENT	Cycling	1KM
31	Abhijit Mondal	TEACHER	WALKING	2.5km
32	Dr Nayana Sharma Mukherjee	TEACHER	WALKING	1.8
33	Saroj Mishra	STUDENT	WALKING	1 km
34	Grisha Koley	STUDENT	WALKING	4km
35	Ayushi Lodh	STUDENT	Yoga and walking both	4km
36	Sreemita Roy	STUDENT	WALKING	1.9km
37	Nilina Ghose	TEACHER	WALKING	Two kms (35 mins. Walk in the terrace)
38	Triparna Mukherjee	TEACHER	WALKING	2
39	SHRUTI AGARWAL	STUDENT	WALKING	3 km
40	Tanusri Chowdhury	STUDENT	WALKING	1.2km
41	Dr. Patralekha Mitra	TEACHER	Free hand exercise	NA
42	Soumita Das	TEACHER	WALKING	1.5km
43	Priyanka Mondal	STUDENT	RUNNING	2 Km
44	Ankita Rudra	STUDENT	JOGGING	1½
45	Kamalika Banerjee	TEACHER	WALKING	1 km
46	Monalisa Ghosh	STUDENT	WALKING	2km
47	ANUSHKA MITRA	STUDENT	WALKING	4km
48	Puja Mondal	STUDENT	WALKING	1km
49	Kasturi Roy	STUDENT	WALKING	2
50	Saheli Biswas	TEACHER	RUNNING	1.5 KM
51	Rishita Misra	STUDENT	Yoga , dance , skipping	1.2 approximately
52	Dr. Partha Malakar	TEACHER	WALKING	Walked in 2KM.
53	Eva Mondal	STUDENT	RUNNING	1 KM

Day 4 FIT INDIA FREEDOM RUN 2.0

SL NO.	NAME	DESIGNATION	MODE OF ACTIVITY	DISTANCE COVERED IN KM
1	Shreya Mondal	STUDENT	RUNNING	6km
2	PRIYA DAS	STUDENT	RUNNING	3.5 km
3	Pataur Jaman	TEACHER	RUNNING	2km
4	Priyanka das	STUDENT	RUNNING	2km
5	Diksha Mahato	STUDENT	Yoga	0
6	Tanushree Pal	STUDENT	RUNNING	4 k.m
7	Debosmita Dutta	STUDENT	WALKING	3 KM
8	Priya Manna	STUDENT	WALKING	2km
9	Sanjukta Chatterjee	TEACHER	WALKING	1.5 km
10	MUSKAN E TAHIRA	STUDENT	RUNNING	1 Km
11	Zeenat Naaz	STUDENT	JOGGING	1km
12	Ananya Goswami	STUDENT	JOGGING	1km
13	Shaiqua Siba Ahmed	STUDENT	WALKING	3km
14	Madhumita Naiya	STUDENT	WALKING	2km
15	Dr. Riya Chakrabarti	TEACHER	JOGGING	1km
16	Sonia Majumdar	STUDENT	WALKING	6.24
17	NehaChowdhury	STUDENT	WALKING	2km
18	Pousali Guchait	STUDENT	WALKING	2.5 km
19	Dr. Banibrata Das	TEACHER	WALKING	2.5 km
20	PRIYA DAS	STUDENT	RUNNING	3.5 km
21	Bushra khatoon	STUDENT	WALKING	2 km
22	Susmita mandal	TEACHER	RUNNING	2.2
23	Vaishnavi Shaw	STUDENT	WALKING	3km
24	Robin Mondol	NON-TEACHING STAFF	RUNNING	3km
25	SUPRITTY SAMADDAR	STUDENT	JOGGING	1KM
26	Rama Nandi	TEACHER	JOGGING	2km
27	Kheyali Das	STUDENT	WALKING	1.5 km
28	Antara Banerjee	STUDENT	RUNNING	2
29	Somdutta tribedi	STUDENT	WALKING	2.5
30	Puja Das	STUDENT	Cycling	1KM
31	Abhijit Mondal	TEACHER	WALKING	2.5km
32	Dr Nayana Sharma Mukherjee	TEACHER	WALKING	1.8
33	Saroj Mishra	STUDENT	WALKING	1 km
34	Grisha Koley	STUDENT	WALKING	4km
35	Ayushi Lodh	STUDENT	Yoga and walking both	4km
36	Sreemita Roy	STUDENT	WALKING	1.9km
37	Nilina Ghose	TEACHER	WALKING	2km
38	Triparna Mukherjee	TEACHER	WALKING	2
39	SHRUTI AGARWAL	STUDENT	WALKING	3 km
40	Tanusri Chowdhury	STUDENT	WALKING	1.2km
41	Dr. Patralekha Mitra	TEACHER	Free hand exercise	NA
42	Soumita Das	TEACHER	WALKING	1.5km
43	Priyanka Mondal	STUDENT	RUNNING	2 Km
44	Ankita Rudra	STUDENT	JOGGING	1½
45	Kamalika Banerjee	TEACHER	WALKING	1 km
46	Monalisa Ghosh	STUDENT	WALKING	2km
47	ANUSHKA MITRA	STUDENT	WALKING	4km
48	Puja Mondal	STUDENT	WALKING	1km
49	Kasturi Roy	STUDENT	WALKING	2
50	Saheli Biswas	TEACHER	RUNNING	1.5 KM
51	Rishita Misra	STUDENT	Yoga, dance, skipping	1.2 km
52	Dr. Partha Malakar	TEACHER	WALKING	2KM.
53	Eva Mondal	STUDENT	RUNNING	1 KM

Day -5 FIT INDIA FREEDOM RUN 2.0

SL NO.	NAME	DESIGNATION	MODE OF ACTIVITY	DISTANCE COVERED IN KM
1	PRIYA DAS	STUDENT	RUNNING	5 km
2	Dr. Riya Chakrabarti	TEACHER	JOGGING	1km
3	Zeenat Naaz	STUDENT	JOGGING	2 km
4	ANANYA GOSWAMI	STUDENT	RUNNING	2 km
5	Shreya Mondal	STUDENT	WALKING	Half km
6	Tanusri Chowdhury	STUDENT	WALKING	1.2km
7	MUSKAN E TAHIRA	STUDENT	RUNNING	1 KM
8	Dr Rajasri Chakraborty	TEACHER	WALKING	4 km
9	Pousali Guchait	STUDENT	WALKING	1.5 km
10	Priyanka Mondal	STUDENT	RUNNING	1 Km
11	Madhumita Naiya	STUDENT	WALKING	2km
12	SUPRITTY SAMADDAR	STUDENT	JOGGING	1KM
13	Vaishnavi Shaw	STUDENT	WALKING	3km
14	Puja Das	STUDENT	WALKING	1KM
15	Puja Das	STUDENT	WALKING	1KM
16	Mohor Chakraborty	TEACHER	WALKING	1 km
17	Debanwita Mukherjee	STUDENT	WALKING	2km
18	Debosmita Dutta	STUDENT	WALKING	2.5 KM
19	Jyoti shaw	STUDENT	JOGGING	2.km
20	Pataur Jaman	TEACHER	RUNNING	2km
21	Durba	STUDENT	WALKING	2
22	Tanushree Pal	STUDENT	WALKING	4 k.m
23	Isha ram	STUDENT	RUNNING	5
24	Dr. Banibrata Das	TEACHER	WALKING	2.5 km
25	Dr Nayana Sharma Mukherjee	TEACHER	WALKING	1.5
26	Sreemita Roy	STUDENT	WALKING	2.7 km
27	Kheyali Das	STUDENT	WALKING	2km
28	Priyanka Pal	STUDENT	RUNNING	3
29	Somdutta trivedi	STUDENT	WALKING	2.5
30	Nilina Ghose	TEACHER	WALKING	2 kms
31	Kasturi Roy	STUDENT	WALKING	2
32	Dr. Partha Malakar	TEACHER	WALKING	Walked in 2KM.
33	SHRUTI AGARWAL	STUDENT	WALKING	5 km
34	NehaChowdhury	STUDENT	WALKING	5km
35	Dr. Patralekha Mitra	TEACHER	WALKING	2 Km
36	Dr. Patralekha Mitra	TEACHER	WALKING	2 Km
37	Puja Mondal	STUDENT	WALKING	1km
38	Abhijit Mondal	TEACHER	WALKING	2.5km
39	Susmita Mandal	TEACHER	WALKING	3
40	Robin Mondal	NON-TEACHING STAFF	RUNNING	3

Day -6 FIT INDIA FREEDOM RUN 2.0 PARTICIPANTS

SL NO.	NAME	DESIGNATION	MODE OF ACTIVITY	DISTANCE COVERED IN KM
1	Ananya Goswami	STUDENT	WALKING	4km
2	Madhumita Naiya	STUDENT	WALKING	1km
3	Priyanka Das	STUDENT	RUNNING	3km
4	SHRUTI AGARWAL	STUDENT	WALKING	5 km
5	Diksha Mahato	STUDENT	Cycling + running	4 km
6	Puja Das	STUDENT	Cycling	1 KM
7	Sonia Majumdar	STUDENT	WALKING	4
8	Neha chowdhury	STUDENT	WALKING	4km
9	Pataur Jaman	TEACHER	RUNNING	2km
10	Shreta panja	STUDENT	WALKING	No
11	Shreya Mondal	STUDENT	WALKING	5km
12	Ishani sarkar	STUDENT	WALKING	1
13	Zeenat Naaz	STUDENT	JOGGING	1km
14	Jyoti Shaw	STUDENT	JOGGING	2.km
15	Sarita shaw	TEACHER	WALKING	5km
16	Atreyee Chaudhuri	STUDENT	WALKING	5km
17	Jayita Dutta	STUDENT	WALKING	3km
18	Sanchari Ghosh	STUDENT	WALKING	4.1km
19	Suparna Das	STUDENT	WALKING	4KM
20	Swapna Ganguly	STUDENT	RUNNING	5
21	Annesha Nandi	STUDENT	WALKING	2km
22	Riya Kundu	STUDENT	WALKING	5
23	PRIYA DAS	STUDENT	RUNNING	4km
24	Sudipta Das	STUDENT	WALKING	1 km
25	Dr Rajasri Chakraborty	TEACHER	WALKING	6 KM
26	Piu ghosh	STUDENT	WALKING	30min
27	Tanushree Pal	STUDENT	WALKING	5km
28	Susmita mandal	TEACHER	WALKING	1.5km
29	Arpita Maiti	STUDENT	WALKING	1km
30	Rama Nandi	TEACHER	Yoga	2km
31	Tanusri Chowdhury	STUDENT	WALKING	1.2 km
32	Tanushree Pal	STUDENT	WALKING	5km
33	SAYANI BANERJEE	STUDENT	WALKING	6KM
34	Barsha Das	STUDENT	JOGGING	4 km
35	SOUMI BAIDYA	STUDENT	WALKING	2 km
36	Kheyali Das	STUDENT	WALKING	2.5km
37	ANINDITA BATABYAL	STUDENT	WALKING	2 KM
38	Sanjukta Chatterjee	TEACHER	WALKING	1 km
39	Deepshikha Das	STUDENT	WALKING	4KM
40	Shaiqua Siba Ahmed	STUDENT	WALKING	5km
41	SUPRITTY SAMADDAR	STUDENT	JOGGING	1KM
42	Priya Manna	STUDENT	WALKING	2.1km
43	Soumita Roy	STUDENT	WALKING	10k
44	Vaishnavi Shaw	STUDENT	WALKING	3km
45	Saheli Biswas	TEACHER	JOGGING	1.5 KM
46	MUSKAN E TAHIRA	STUDENT	RUNNING	1 KM
47	Sompurna Mondal	STUDENT	WALKING	No
48	Divya Pandey	STUDENT	WALKING	7 km
49	Pousali Guchait	STUDENT	WALKING	2 km
50	Riya Kundu	STUDENT	WALKING	4
51	Dr. Riya Chakrabarti	TEACHER	walking	1km
52	Dr. Banibrata Das	TEACHER	WALKING	2 km

53	Ankita Rudra	STUDENT	RUNNING	2 km
54	Debosmita Dutta	STUDENT	WALKING	3 KM
55	Dr Nayana Sharma Mukherjee	TEACHER	WALKING	1.5
56	Priyanka Mondal	STUDENT	WALKING	3 Km
57	Moitry Haldar	STUDENT	JOGGING	2 KM
58	Priyanka Pal	STUDENT	Karate with running	4
59	Nilina Ghose	TEACHER	WALKING	2 kms
60	Mohor Chakraborty	TEACHER	WALKING	1.5
61	Kasturi Roy	STUDENT	WALKING	2
62	Jagriti Pradhan	STUDENT	RUNNING	2
63	Dr. Partha Malakar	TEACHER	WALKING	2KM.
64	Dr. Patralekha Mitra	TEACHER	Free Hand Exercise	
65	Antara Banerjee	STUDENT	WALKING	2 km
66	Puja Mondal	STUDENT	WALKING	1km

DAY -7 FIT INDIA FREEDOM RUN 2.0 PARTICIPANTS

SL NO.	NAME	DESIGNATION	MODE OF ACTIVITY	DISTANCE COVERED IN KM
	PATAUR JAMAN	TEACHER	RUNNING	2KM
1	PRIYA DAS	STUDENT	RUNNING	5 KM
2	RAMA NANDI	TEACHER	YOGA	2KM
3	RAMA NANDI	TEACHER	WALKING	2KM
4	PRIYANKA DAS	STUDENT	RUNNING	3.70KM
5	SUSMITA MANDAL	TEACHER	WALKING	2
6	DR. RIYA CHAKRABARTI	TEACHER	JOGGING	1KM
7	MADHUMITA NAIYA	STUDENT	WALKING	2KM
8	MUSKAN E TAHIRA	STUDENT	RUNNING	1KM
9	ZEENAT NAAZ	STUDENT	JOGGING	1 KM
10	PUJA DAS	STUDENT	CYCLING	5KM
11	KHEYALI DAS	STUDENT	WALKING	1.5 KM
12	SONIA MAJUMDAR	STUDENT	WALKING	6
13	VAISHNAVI SHAW	STUDENT	WALKING	3KM
14	BUSHRA KHATOON	STUDENT	JOGGING	2 HOUR
15	POUSALI GUCHAIT	STUDENT	WALKING	2KM
16	KULSUM SABA KHATOON	STUDENT	WALKING	VERY FAST
17	PUJA MONDAL	STUDENT	WALKING	1KM
18	DR RAJASRI CHAKRABORTY	TEACHER	WALKING	4KM
19	DEBOSMITA DUTTA	STUDENT	WALKING	3 KM
20	KASTURI ROY	STUDENT	WALKING	1.7
21	SHRUTI AGARWAL	STUDENT	WALKING	5 KM
22	KAMALIKA BANERJEE	TEACHER	WALKING	2 KM
23	SHAIQUA SIBA AHMED	STUDENT	RUNNING	3KM
24	SUPRITTY SAMADDAR	STUDENT	JOGGING	1KM
25	MOHOR CHAKRABORTY	TEACHER	WALKING	1
26	PRIYANKA PAL	STUDENT	KARATE AND RUNNING	3KM
27	SREEMITA ROY	STUDENT	WALKING	2.5 KK
28	SOMDUTTA TRIBEDI	STUDENT	WALKING	2.5

29	DR. BANIBRATA DAS	TEACHER	WALKING	2.5 KM
30	ANANYA GOSWAMI	STUDENT	WALKING	2KM
31	ROBIN MONDAL	NON-TEACHING STAFF	RUNNING	3
32	NEHACHOWDHURY	STUDENT	JOGGING	5KM
33	DR SYEDA FIRDOWSI KHATUN	TEACHER	WALKING	3KM
34	DR. PATRALEKHA MITRA	TEACHER	WALKING	2KM
35	NILINA GHOSE	TEACHER	WALKING	TWO KMS IN TERRACE
36	SAHELI BISWAS	TEACHER	WALKING	2KM
37	PRIYANKA MONDAL	STUDENT	RUNNING	2 KM
38	DR. PARTHA MALAKAR	TEACHER	WALKING	WALKED IN 2KM.
39	DR NAYANA SHARMA MUKHERJEE	TEACHER	WALKING	1
40	ABHIJIT MONDAL	TEACHER	WALKING	3.5 KM
41	SANJUKTA CHATTERJEE	TEACHER	WALKING	1.0 KM
42	KUHELI BANERJEE	STUDENT	WALKING	2KM
43	ISHANI CHAKRABORTY	STUDENT	RUNNING	2.7KM/DAY
44	SREYASI MONDAL	STUDENT	WALKING	2KM
45	SWAGATA DINDA	STUDENT	WALKING	2KM
46	KUNAMI SAREN	STUDENT	WALKING	2
47	SHREYA MONDAL	STUDENT	WALKING	2
48	ADWITY MONDAL	STUDENT	WALKING	1KM
49	PIYALI PAL	STUDENT	WALKING	1KM
50	TANUSRI CHOWDHURY	STUDENT	WALKING	2KM
51	DEBOSMITA DUTTA	STUDENT	WALKING	4 KM
52	POUSALI GUCHAIT	STUDENT	WALKING	2 KM
53	DEBANWITA MUKHERJEE	STUDENT	WALKING	2
54	ARITRI BANERJEE	STUDENT	WALKING	1 KM
55	SOMDUTTA TRIBEDI	STUDENT	WALKING	2.26
56	ADRIJA DAS	STUDENT	WALKING	7