



South Calcutta Girls' College

DEPARTMENT OF PSYCHOLOGY

COURSE STRUCTURE-CCF, 2022

SEMESTER-1

PROGRAMME OUTCOME

PO-1. A clear concept about the basic and fundamental psychological principles such as basic psychological processes and experimental psychology.

PO-2. Development of a balancing views about the Nature-Nurture debate and must learn to predict human behaviour in terms of the combined effect of biological and genetic factors.

PO-3. Understanding of cognitive processes like attention, perception and psychophysical methods to develop sound knowledge and practical understanding of the experimental methods in Psychology.

PO-4. An adequate self knowledge and learning to accept and respect diversities in the society and in turn develop unconditional positive regard which is expected to develop well being of the self and societies as a whole.

PO-5. Developing conception about why Psychology is a science and in this regard develop basic methodological and psychometric conceptions and these in combination result in development of research orientation for their higher studies that will certainly strengthen their individual career and help them to contribute to the teaching and research endeavor.

PO-6. Developing conception about psychological skills like communication, emotional intelligence and various relevant techniques as strategies to combat and manage stress etc.

PO-7. Learning about the utilization of different educational aids for the development and smooth running of learning management system.

PO-8. Students can pursue in Higher Studies and can appear for the various competitive examinations such as WBCS, UPSC, State PSC and several others for recruitment at the national and state levels.

PROGRAMME SPECIFIC OUTCOME

PSO-1. Through the course they can be able to learn to achieve good marks and sound conception about the subject matter which only can help them to move into the higher grades.

PSO-2. Continuous learning of psychometric and methodological concepts will help students in analyzing data that in turn develop their research orientation for the subsequent semesters.

PSO-3. A sound knowledge about lab based experiments and paper pencil tests will be developed that will certainly enable them to efficiently conduct different experiments and tests in their future studies.

PSO-4. Subject conception, methodological knowledge and report writing skills about students' seminars, talks and departmental workshops will help them to formulate clinical cases, writing psychological test reports and also writing their dissertation or research project report in higher studies.

PSO-5. Understanding psychological principles in education for assessment of students having psychological issues and learn how to help them to adjust and grow in their existing environment.

PSO-6. Students can set their platform to become a successful teacher, Psychoanalyst, Clinical Psychologist, Counselling Psychologist, Educational Psychologist and Sports Psychologist in their future endeavor.

COURSE OUTCOME

Discipline Specific Course (DSC)

Introduction to psychology

CO-I

- To conceptualize basic concept regarding origin, history and development of Psychology with its traditional and modern concepts as emerged from the various schools of Psychology as well as nature, scope, and different branches of Psychology.
- To understand about the various research methods that are used to explore new concepts and the different phenomena in Psychology.
- To conceptualize in brief about the two basic approaches for research in Psychology particularly qualitative and quantitative approaches.
- Detail understanding about the needs or purposes for quantification in Psychology with specific focus on scales or levels of measurement with the concepts, strengths, weaknesses and applications of each level or scale.
- To develop brief concepts of experimental and non experimental research with detail understanding on variables and their classifications and also different techniques used to control extraneous or confounding variables.

CO-II

- To conceptualize basic understanding of cognitive processes of attention in terms of its definition, theories, determinants, and different phenomena, viz. fluctuation of attention, shift, oscillation and distraction.
- To conceptualize understanding of sensation and perception in terms of psychophysics. Understanding psychophysics with Weber Fechner law, concept of threshold, Absolute threshold, Difference threshold and different classical methods, viz, gradation, constant and average error.
- Understanding of biological foundation of behavior with basic concept of genetic basis, structure and function of neuron, synapse, spinal cord, brain, role of neurotransmitter in conduction of impulse.

CO-III

- To study the relevance of statistics in Psychological Research. To develop a basic understanding of the processing of raw data in Psychology. The ways in which the raw data can be tabulated, classified and arranged into frequency distribution. To develop knowledge about graphical representation of data.
- To develop a detailed conceptual understanding and computation of the various measures of Central Tendency-Mean, Median and Mode and various measures of Variability-Range, Standard Deviation, Average Deviation, Quartile Deviation and so on.
- To understand the significance and relevance of Normal Probability Curve in Psychological Research.

Skill Enhancement Course (SEC)

Stress Management

CO-I

- To develop an understanding regarding the nature of stress, it's types, signs and symptoms and to identify the various sources or causal factors, such as physical, social, psychological and physiological that lead to stress.

CO-II

- Basic concept of how stress can influence health with understanding of the bodily reaction to stress in its different stages. Concept of burnout. Conceptualizing different types of stress focusing more on eustress and distress.

CO-III

- To conceptualize about the techniques which are used to manage or control the different reactions that results from stressful experiences particularly the techniques which have Indian origin such as Yoga and meditation; as well as other methods like relaxation techniques as well as problem focused and emotion focused coping strategies.

Inter Disciplinary Course (IDC)

Psychological perspectives in education

CO-I

- Studying Education and Psychology, students will develop knowledge about how to study the relationship between education and psychology also will learn about the implication of psychological principles in the field of education. To nurture young minds one needs to understand their needs, drives and to motivate to learn new topics. The role of teacher is very important and to prepare them for creating a better education system.

CO-II

- Studying Classroom Management and Assessment, students will develop knowledge about the techniques to control the system of running and assessing, identifying the students with various quality and capabilities such as gifted and backwards. To develop knowledge about understanding the nature of diversified students and gender qualities.