

BEST PRACTICES

1. Adult Literacy

- South Calcutta Girls' College has adopted the Peyerabagan slum area located in the vicinity wherein the Adult Literacy programme was started in 2015. Our College is collaborating with Peyerabagan Basti Welfare Society which has been conducting this programme for the under-privileged women of the locality who have not had the opportunity of attending school.
- Our student volunteers participate in the programme regularly throughout the year. The classes are held on Mondays every week for 1 hour. Every week, 2-3 student volunteers go to the Basti Welfare Society to teach these women spoken English, Bengali and simple mathematical calculations.
- Our College library is also involved with this programme. The participants are permitted to borrow books from the Library.
- Adult Literacy programme has been undertaken to develop sense of social responsibility among students. It helps the students to gain teaching experience and serve the society by contributing valuable time in sharing knowledge with the under-privileged..
- There is considerable enthusiasm among the student volunteers to participate in this activity. About 15 students have volunteered in this session.
- Unfortunately, due to the pandemic, the programme has been suspended from 22.3.2020.
- The programme has been running successfully under the supervision of Dr. Mouri Majumdar (Asst. Professor, Dept. of Bengali), Smt. Anuja Basu (Librarian) and Smt. Sujata Chakraborty (Part-time teacher, Department of History).



Figure 1 Adult Literacy class



Figure 2 Adult Literacy Class



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BUSTEE WELFARE CENTRE

(Registered under W.B. Societies Registration Act. 1961

(No. SO010288 of 1970-71)

Office : 1/2, Love Lock Street, Kolkata – 700019

Ref.No. BW/G/2020

Date : 28.08.2020

To Whom It May concern

Feedback Report

Bustee Welfare Centre operates an Adult Literacy Centre for the women from disadvantaged families. Basic literacy classes are organized to impart functional literacy among these women who have never got any opportunity to attend school or may have left school at very early stage of their lives. Approximately 25-30 women attend the centre.

Like previous years this year also few students from South Calcutta Girls' College worked as volunteer in this centre. The students helped the learners to learn their lessons and assisted them individually to read and write. They worked in the centre up to third week of March 2020 as the educational institutions were declared closed due to nation-wide lockdown.

The learners were greatly benefitted by the support of these students.

Rita Deb





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BEST PRACTICE 2:

COUNSELLING CELL

- The Counselling Cell has been functioning in South Calcutta Girls' College since 2016 to address the problems faced by the students and provide them with guidance. The Counsellor is available once a week from 12-4 pm.
- At the commencement of the academic session in July, the Cell conducts group sessions for students to give them an overview of counselling. In the 2019-2020 session, 80 students visited the Counsellor. Other than one-to-one sessions, the Cell also organises group sessions related to specific topics such as Stress Management and Examination Phobia.
- Students have benefitted from these sessions. However, due to the compulsory attendance system under the CBCS system, students find it difficult to attend counselling session. For the same
- During the lockdown and unlock phases, several initiatives were adopted by the Department of Psychology and the Counselling Cell for motivating students.
- The students were asked to submit their creative works like poems, short stories, paintings during the pandemic period under the heading "Mon Kemon" so that they would have an avenue of expressing their thoughts and ideas.
- An initiative named "Share your thoughts" taken by the Department of Psychology and the Counselling Cell. Students could connect with the college counsellor and share their feelings through a helpdesk number.
- Group counselling sessions were organized by the Counselling Cell so that the students are able to discuss their views and problems through interaction with the psychological counsellor.
- Guidelines published by the Department of Psychology and the Counselling Cell to stay healthy. Students were provided with a schedule so that they can stay fit and spend quality time at home. The ways to combat negative emotions and how to stay motivated are some of the instructions given to the students.



Figure 3: Introduction to Counselling



Figure 4: Participants in Counselling Cell Programme